

Building a Night of Square Dancing Around the Basic Choreography of Singing Call Figures

There has been much written about the development of choreography for patter calling, the use of modules, sight calling, sight resolution, calling styles such as mental image calling, Crams, etc. Caller Coaches, Mentors, Teacher and Callers in general spend a fair bit of time trying to understand the mechanics of a singing call, the music, understanding its structure and how to maximise the benefits of singing calls to better present ourselves as well as using the music, themes and rhythms as a means to enhance and / or structure an entire, tip, evening, or even an event program.

Recently, I received comments from a few new callers, one non-caller teach and a record producer. The comment was pretty much the same but generally was as follows:

Just wanted to let you know. The vocals you did with different levels has been going very. I noticed people are buying some of the stuff you did. Thanks for doing that. It is a good idea.

I am a proponent of writing your own material and development of your choreography to best understand the material that you will be presenting. In contradiction however, you also know I am also a proponent of “**researching material into my repertoire**”, especially singing call figures. I also believe that the days of holding your secrets close to your chest should be long gone and if ever you have the chance to share with someone developing their skills, you should do it.



I believe that delivery of singing calls should be done with a purpose, and that is not just about the music structure and lyrical themes and rhythms, but it also includes the choreography. Matching your focus movement ideas from your patter is essential to success in a singing call, particularly when introducing new material or conducting workshops of extended variations or conceptual concepts. That said however, sometimes it is nice just to build a program of interest and variety around the basic choreography of provided singing call figures that are practiced and prepared, you know work, and the dancers can relax to but still be engaged and excited about.



If callers want to expand their program with more effective ways of creating an original and super dynamic night of square dancing, a very simple way to succeed in doing this is to use **more original singing call figures** as a basis for delivering innovative and different (not difficult unless it is dancer group appropriate) choreography.

It is important to remember that when using a singing call figure approach to programming, you have a fair chance of delivering much more choreography that is on the program list to which they are calling. The reason for this is that the material on the program list has the same platform on which the singing calls are appropriately base. It is likely also one of the reasons for the earlier comment, in that many callers and teachers are purchasing singing call music based on the choreography first these days to be level appropriate, and the music second.

This means that fundamentally, a good repertoire of program specific, danceable singing calls is something that any caller can count on in a program for positive variety and entertainment.

The biggest obstacle that challenges callers in this aspect however has always been simply “to provide interest that the square dancers can truly comfortably dance and feel excited about”.

This is often a difficult achievement when you have only one tip, or generally one to one and a 1/2 hours of actual calling time in an evening. Keep that in mind and remember, don't dive too deeply into the choreography for singing calls. You do not need to go deep to get interesting, different, and creative ideas.



It is important however that you as a caller provide what feels like “fresh new ideas” in dance combinations. Believe it or not, dancers do not remember the choreographic sequences of patter routines, but they often remember the singing call routines because it ceases to be choreography and becomes dance lyrics.

For many years many callers and producers put out the same “stuff” with the exact same approaches to all dancers everywhere – locally, regionally, nationally, and internationally. The focus was on the callers working to develop their craft and the producers who were making music as a platform to sell that craft.



Over the years this has changed and the singing call in many places has become just another patter record but with a melody line and lyrics., While some dancers may like that, I can assure you, most do not, especially those coming into the activity. They want comfort, success, entertainment, and the ability to sing that song.

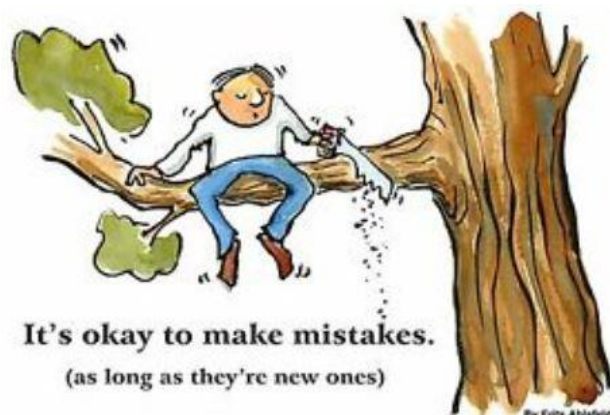
I remember when I started dancing, we would drive to a big dance and play square dance music in the car with our favourite callers. We would karaoke carpool the music including the choreographic lyrics of the song. When we heard that song being

called, the repetition of innovation (different but not difficult) or the familiar known were equally welcome. What was not welcome was the discomfort of having to think and work our way through the “lyrics” of a good singing call. That is what the patter was for and it was rarely sung in the carpool karaoke unless it was a car full of callers..



It is important to always remember that both calling and dancing can be challenging and amazingly hard at times due to the unexpected choreography of the caller. Throw in a collection of square dancers that have a varied range of abilities and everything can become jumbled. It will be difficult for the dancers to complete all of the choreography and even harder for the caller to keep everyone moving, one of the great things about square dancing is recovering from those occasional mistakes is often part of the fun. In fact, making mistakes is proof that everyone is trying and learning! However, when you have to constantly work for it with no reward, it ceases to be fun. Singing calls are a perfect way to

build an evening of predesigned choreography with a little variety to make this entertaining – especially at festivals and larger dances.



This is all about judgement and when calling, a discrete judgment needs to be made about various square dance movements and how much the dance floor can handle as far as difficulty is concerned. **Mistakes are OK**, but if the dancers falter too much, the “dancing lesson” becomes almost miserable, and you have become the reason for that. The dancers will lose respect for you as a caller and your reputation overall will become diminished. (keep in mind, dancers have long memories of bad times and those dancers will one day be the ones choosing whom to hire for the next big dance.)

Remember that dancers are human, and humans tend to deflect blame away from themselves. The natural target for failure is of course the Caller, while in contrast, the natural reason for success is the Dancer and the caller is only the delivery means for that success.

A good variety of singing calls as a choreographic structure with a little variety can often be a good way of keeping a floor high, supporting the choreography, and building momentum and delight in an evening program. Momentum and energy can

be lost due to squares breaking down on the dance floor. A good selection of singing calls can act as a mitigation tool against this. This idea is also especially nice when you have those built-in review nights for just dancing what you know.

This is a very thin line to walk for a caller, providing great overall interest in the choreography that is presented while at the same time keeping everyone smiling and happy and dancing.

One final caution; Singing calls, generally do not always permit the dancers much time to recover from involved choreography. Therefore - **Basic and more simplistic choreography in singing call figures are the better ones to use in your square dance calling program.**



As a caller, you can encourage proficient dancing by offering different twists in your patter part of the hoedown and then follow that up with a themed sequence or two in the singing call figures. I do not ever encourage more than two figures in a singing call but that is a personal choice. I prefer to have one that is

themed to my patter whenever possible.

We have previously discussed how you can improve your program with a formula for calling and dancing success by working on new ideas first, in the patter or hoedown, and then following that up with those same choreographic ideas, or perhaps similar ones that are on the simpler side of things in the singing call figures.

We are now adding to that, you can improve your overall performance and “street creds” with the dancers at a larger scale by periodically formulating your program around singing call choreography, and then developing your patter as a support mechanism for the singing call success. You will find that your patter on these evenings will become easier but a little more innovative (different but not difficult) and your dancers will be able to deal with the inverse (patter focus leading to singing call theme) much easier.

One simple way of doing this is by taking a favourite singing call figure and provide minor changes without changing the overall effect of the choreography. We will look at a standard very common singing call figure as follows:

- Heads Promenade 1/2,
Heads Square Thru 4, Dosado,
Swing Thru, Boys Run,
Ferris Wheel,
Centres Square Thru 3,
Swing Corner and Promenade”

This figure has good flow and times out nicely at about 64 beats of music to home. If need be you can drop the Dosado to give yourself 4 extra beats

of music without changing the effect of the choreography.

Remember the ripple effect theory. One small change can have an enormous impact.



By making a subtle change in the choreography we can give it an entirely different feel as follows:

- Heads Promenade 1/2, Heads Square Thru 4, Swing Thru, Girls Turn Back, Wheel and Deal, Dosado, Pass Thru, Trade By, Swing Corner and Promenade

This figure times out at about 60-62 beats of music but it is important to time the girls turn back while just as the boys start the centre part of the Swing Thru so you don't get a stop action. The flow also changes from a right-hand looping to a left-hand looping with the wheel and deal.

Other additions that can be made to keep this the same yet different is changing the Dosado, Pass Thru, Trade By to Dosado Once And 1/2, Trade By. Nothing physically changes but the fractionalised Dosado will seem and feel different to the dancers.

Let's now look at keeping the theme up to the Ferris Wheel but changing the Square Thru 3 in the Centre.

- Heads Promenade 1/2, Heads Square Thru 4, Swing Thru, Boys Run, Ferris Wheel, **Centres Touch 1/4, Centres Box Circulate**

Twice, (to the corner, Swing Corner and Promenade

When called correctly with the touch $\frac{1}{4}$ and box circulate twice stacked just before the completion of the Ferris Wheel, this also takes 64 beats to dance and is very smooth to play with. However, when was the last time you called box circulate at a dance or the dancers heard it. Yet, they will have no real option but to succeed as there really is nowhere else to go with their momentum. Different but not difficult. What this effectively does is strengthens the dancers' ability and adds some good variety in choreography at the same time:

Now what we can do, without making major changes is play with the same choreography idea (Heads Promenade 1/2, Square Thru X) - but essentially not do anything with the dancers but put them in a ZS line (all in sequence such as sides slide apart and face in line). What we are going to do is keep that Dosado 1 $\frac{1}{2}$ idea and still start with the heads promenade 1/2 but the square thru is only 3. This will feel different to the dancers because of the $\frac{1}{2}$ sashayed line the in and out movements on the square but it is not difficult, and dancers will really have no choice but to succeed.

- Heads Promenade 1/2, Heads Square Thru 3, Heads Separate, Around Two to a Line, Forward and Back, Bend the Line, Touch 1/4, Boys Run, Dosado 1 $\frac{1}{2}$, Turn Back, Swing Corner and Promenade

This too will time out to 64 beats of music, but it is important here that

although you can omit the forward and back it is best not to because the sides will be stepping forward as the heads go around them and back when they get to the outsides. This too will time out to 64 beats of music.

This is a common singing call as well

- Heads Promenade 1/2, Heads Lead Right, Touch 1/4, Split Circulate, Boys Run, Right and Left Thru, Slide Thru, Square Thru 3, Swing Corner and **Full Promenade**

The thing about this is that regardless of how many times you say **Full Promenade**, at 48 beats you will have already promenaded $\frac{1}{4}$ and most will stop at home leaving another 16

beats of music to the promenade. Many dancers, especially plus or higher that are dancing down a program or two, will stop at home which is frustrating for the newer dancers.



A little innovation to this is easily achieved by changing the opening. And eliminating the swing but letting it blend into a forward action thus encouraging a full promenade because of the tightening of the square in the Centre...it will feel **different but not difficult.**

- Heads Promenade 1/2, Heads Right and Left Thru, Heads Lead Left, Touch 1/4, Split Circulate, Boys Run, Right and Left Thru, Slide Thru, Square Thru 3, (take a new girl and promenade home)

In addition to the ending, we have done a Lead Left with the Centres, which is also not difficult, just a little different to give us success with different not difficult.

Consider the following:

- **Heads Promenade 1/2, Sides Right and Left Thru, (S) Flutterwheel and Sweep 1/4, Centres Pass Thru, (CB on opposite side) Spin Chain Thru, Girls Circulate, Swing Corner and Promenade**

Compare it with:

- **Heads Square Thru, Eight Chain Four, (CB) Spin Chain Thru, Girls Circulate, Swing Corner and Promenade**

This is the same feature call and the same essential set up but getting there feels so much different to the dancers.

Consider the following Singing call

- Heads Lead Right, Swing Thru, Spin the Top, Right & Left Thru, Pass the Ocean, Boys Circulate, Girls Trade, Hinge, Scoot Back, Swing Corner and Promenade

Compare it with:

- Heads Right and Left Thru, Heads Lead Left, Dosado, Swing Thru, Spin the Top, Right & Left Thru, Pass the Ocean, Boys Circulate, Girls Trade, Swing Corner and Promenade

When you see figures that end with a:

- Scoot Back, and Swing
- a Hinge, Scoot back and Swing,
- Touch $\frac{1}{4}$, Scoot Back and Swing,

that leaves you a lot of room to play. The difference between the first and second figure above is the change to the openings slightly to give a different feel to the same figure for innovative different but not difficult variety. The Hinge, Scoot Back was dropped, because it essentially does nothing and is just being used as filler in this figure.



Consider simple mirroring symmetry in your quest for singing call variety when it presents itself to you.

Remember the

line to box conversion, touch $\frac{1}{4}$, circulate boys run as opposed to left touch $\frac{1}{4}$, circulate, girls run....that will also help with different but not difficult transitions in your singing call repertoire. Consider the following:

- Heads Right & Left Thru, Heads Lead Left, Touch $\frac{1}{4}$, Split Circulate, Boys Run, Reverse Flutterwheel **and** Sweep $\frac{1}{4}$, Pass Thru, Trade By, Allemande Left, Swing Corner

Compare it with a symmetrical (mirrored version)

- Sides Right and Left Thru **and** Back Away, Heads Lead Right, Left $\frac{1}{4}$, Split Circulate, Girls Run, Flutterwheel **and** Sweep $\frac{1}{4}$, Pass Thru, Trade By, Allemande Left, Swing Corner

Understanding that you can use your singing call choreography as

a driver to create simple variations without much change (different but not difficult) you can structure entire evenings or dances to greater success and maximise both your music and performance benefits.

10 Simple hints that help success

1. Use of equivalents that time out
2. Use of filler moves at the end
3. Short focus flow zeros
4. Set up RH quadrant CB to swing and alternate
5. Dosado 1-1/2 = pass thru
6. Right and left thru, lead left instead of lead right
7. Use Right hand Lady progression periodically
8. Use of simple mirror symmetry
9. $\frac{1}{2}$ sashay in and out quickly
10. BBGG stuff easy in / easy out

Consider a figure like this which has it all for success:

- Heads Square Thru, Sides $\frac{1}{2}$ Sashay, Dosado, (BBGG), Swing Thru, Boys Run, Pass Thru, Wheel and Deal, Zoom, Centres Square Thru 3, Swing Corner and Promenade

Attached as an additional resource for you is a collated list of over 1600 singing call figures to play with. As always, check to make sure they all work before use.

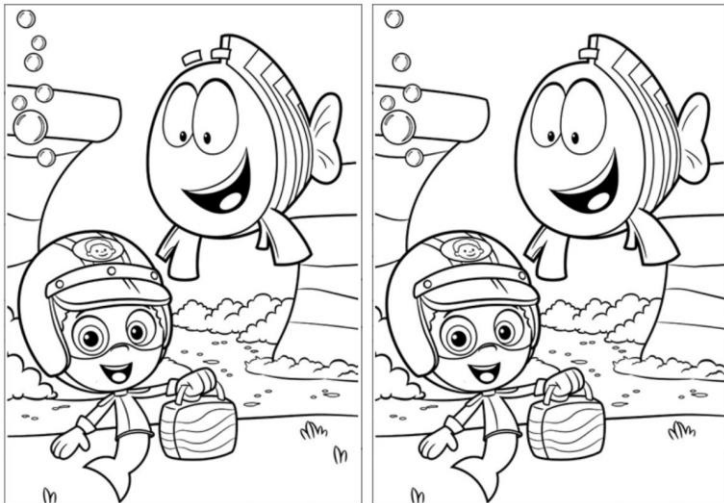
CALLER RESOURCES

USE THE RESOURCES AVAILABLE TO YOU

It is important to maximise the use of the resources available to you. There are some great ideas that come from music producer's website or from Square Dance Music Reviewers like Buddy Weaver. Below is a collection from his latest release that can be found in the upcoming BTM Magazine, also a great resource for new ideas and material. It is important to note that of the 41 singing calls reviewed, there were 37 different singing call figures. To the dancers each feels different,

sounds different and offers a different experience. For Callers, despite looking very similar with only subtle changes, finding those subtle changes can be fun and exciting for the dancers. It is like that find the 6 differences in the picture game.

From a Caller perspective, however, let's just look at the first four in the list below. They are all pretty much the same figure only substituting an equivalent in



- 3 start Heads Square Thru, (Dosado) Swing Thru one starts Heads promenade 1/2 Way, pass the ocean, extend – the equivalent of Square Thru
- The first two change after the swing thru to get to the same point for the ending of Flutterwheel and Slide Thru. Again, it is a sequence equivalent of Men Run Bend The Line Right And Left Thru = Men Cross Run Ladies Trade, Ladies Run, Bend The Line.
- The last two are less subtle but just as effective. The only difference is the change of Square thru = Promenade 1/2, Pass the ocean, extend, that leads to the rest of the figure being exactly the same.

From a Caller's perspective this may seem boring and repetitive but for the dancers it is the different but not difficult, and successful familiarity despite change that gives them a great experience with different music. Discovering that subtle difference is often a fun thing for the dancers too.

Remember: It is the song that is remembered. The choreography will become lyrics to the dancers. It is always great when they remember the chorus but are not sure about the figure even though it is just right there on the tip of their tongue. The familiarity of the choreography will go generally unnoticed however the dancer's success with that "different but familiar" will not go unnoticed by them.

1. Heads Square Thru, Dosado, Swing Thru, Men Run, Bend the Line, Right & Left Thru, Flutterwheel, Slide Thru, Swing
2. Heads Square Thru, Dosado, Swing Thru, Men Cross Run, Ladies Trade, Ladies Run, Bend the Line, Flutterwheel, Star Thru, Swing

3. Heads Square Thru, Dosado, Swing Thru, Spin the Top, Right & Left Thru, Flutterwheel, Sweep 1/4, Swing
4. Heads Promenade 1/2 Way, Pass the Ocean, Extend, Swing Thru, Spin the Top, Right & Left Thru, Flutterwheel, Sweep 1/4, Swing
5. (H) Square Thru, Dosado to a wave, Ladies Trade, Recycle, Star Thru, Right & Left Thru, Square Thru 3, Swing
6. (H) Promenade 1/2 way, Pass the Ocean, Extend, Swing Thru, Men Trade, Men Run, Bend the Line, Square Thru 3, Swing
7. (H) Promenade 3/4, Sides Right & Left Thru Full Turn, Circle to a Line, Pass the Ocean, Swing Thru, Ladies Circulate, Men Trade, Swing
8. (H) Promenade 1/2 Way, Square Thru, Swing Thru, Men Run, Couple Circulate, 1/2 Tag, Scoot Back, Swing
9. (H) Square Thru, Dosado to a wave, Ladies Trade, Swing Thru, Men Run, Couples Circulate, Tag the Line, Ladies U Turn Back, Swing
10. (H) Promenade 1/2 Way, Square Thru, Right & Left Thru, Veer Left, Couples Circulate, 1/2 Tag, Scoot Back, Swing
11. (H) Star Thru, Pass Thru, Swing Thru, Men Run, Couples Circulate, Chain Down the Line, 1/2 Sashay, Box the Gnat, Slide Thru, Swing
12. (H) Square Thru, Right & Left Thru, Swing Thru, Spin the Top, Slide Thru, Square Thru 3, Left Allemande, Promenade
13. (H) Promenade 1/2 Way, Square Thru, Swing Thru, Men Run, Ferris Wheel, Square Thru 3, Swing
14. (H) Square Thru, Right & Left Thru, Veer Left, Couples Circulate, Chain Down the Line, Star Thru, Pass Thru, Trade By, Swing
15. (H) Square Thru, Swing Thru, Spin the Top, Right & Left Thru, Pass the Ocean, Ladies Trade, Scoot Back, Men Trade, Scoot Back, Swing
16. (H) Square Thru, Right-Hand Star, (H) Star Left, Dosado, Swing Thru, Men Trade, Swing
17. (H) Square Thru, Dosado, Swing Thru, Men Trade, Men Run, Bend the Line, Right & Left Thru, Pass the Ocean, Swing Thru, Men Trade, Turn Thru, Allemande Left, Promenade
18. (H) Square Thru, Dosado, Swing Thru, Men Run, Ferris Wheel, Pass Thru, Touch 1/4, Scoot Back, Swing
19. (H) Promenade 1/2 Way, Square Thru, Right & Left Thru, Veer Left, Ferris Wheel, Square Thru 3, Swing
20. (H) Promenade 1/2, Pass the Ocean, Extend, Swing Thru, Men Run, Ferris Wheel, Centres Pass Thru, Touch 1/4, Scoot Back, Swing
21. (H) Square Thru, Right & Left Thru, Swing Thru, Men Run, 1/2 Tag, Scoot Back, Men Fold, Ladies Scoot Back, Swing

22. (H) Reverse Flutter, Sweep 1/4, Pass Thru, Dosado to a wave, Ladies Trade, Swing Thru, Men Run, 1/2 Tag, Walk & Dodge, Promenade
23. (H) Square Thru, Dosado, Swing Thru, Spin the Top, Right & Left Thru, Square Thru 3, Swing
24. (H) Square Thru, Right-Hand Star, (H) Star Left, Slide Thru, Square Thru 3, Swing
25. (H) Square Thru, Dosado, Swing Thru, Men Run, Bend the Line, Right & Left Thru, Pass the Ocean, Recycle, Swing
26. (H) Promenade 1/2 Way, Square Thru, Right & Left Thru, Pass Thru, Trade By, Touch 1/4, Scoot Back Twice, Swing
27. (H) Square Thru, Swing Thru, Men Run, Couples Circulate, Chain Down the Line, Pass the Ocean, Circulate, Men Run, Promenade
28. (H) Pass the Ocean, Extend, Recycle, Sweep 1/4, Square Thru, Trade By, Slide Thru, Right & Left Thru, Put The Lady In Front -- Double Pass Thru, Face Left, Promenade
29. (H) Promenade 1/2 Way, Square Thru, Right & Left Thru, Pass Thru, Trade By, Right & Left Thru, Touch 1/4, Split Circulate Twice, Swing
30. (H) Square Thru, Dosado, Swing Thru, Men Run, Couples Circulate, Chain Down the Line, Pass the Ocean, Circulate, Swing
31. (H) Square Thru, Right-Hand Star, (H) Star Left, Right & Left Thru, Swing Thru Twice, Swing
32. (H) Promenade 1/2 Way, Square Thru, Right & Left Thru, Veer Left, Ferris Wheel, Square Thru 3, Swing

Plus

33. (H) Square Thru, Dosado, Swing Thru, Men Trade, Men Run, Bend the Line, Square Thru 3, Swing
34. (H) Promenade 1/2 Way, Pass the Ocean, Extend, Linear Cycle, Right & Left Thru, Square Thru 3, Swing
35. (H) Lead Right, Swing Thru, Men Run, Acey Ducey, 1/2 Tag, Follow Your Neighbour and Spread, Ladies Trade, Men Cross Fold, Star Thru, Slide Thru, Swing
36. (H) Promenade 3/4, Sides Wheel Around, Veer Right, Bend the Line, Touch 1/4, Coordinate, Bend the Line, Right & Left Thru, Dixie Style, Men Cross Fold, Swing
37. (H) Touch 1/4, Ladies Run, Double Pass Thru, Peel Off, Bend the Line, Load the Boat, Touch 1/4, Follow Your Neighbour and Spread, Swing

P.S. There were only 5 differences in the picture, but it was still fun to try and find them wasn't it?

SINGING CALL FIGURES – VARIOUS

These are organised loosely into a potential progressive teaching order for the Basic Program through the Mainstream Program

The following singing calls were provided to me many years ago and are presented in a progressive modified teaching order. I do not know the origin and it is likely that it was a collection of singing calls gathered over the years. They are designed to be used in conjunction with the old basic and mainstream teaching order but the singing calls are still viable.

The mentioned formations have been updated as an indication of action and location where applicable. They are meant to assist new callers in the position of the dancers on the floor. They are not representative of all possibilities. (E.g. trade by formation refers to only one FASR in the Trade by formation which is that of the allemande left)

- **OBC = Useable as an Open/Break/Closer**
- **CB=Corner Box**
- **PL = Partner Line**
- **RHL=Right hand Lady**
- **Lines facing out = Generally corner line facing out ready to swing corner**
- **BBGG = Men together as partners/Ladies together as partners**
- **Trade by Formation = Trade by able to allemande left**
- **1/2CL = corner line + 1/2 sashay**

CIRCLE LEFT / CIRCLE RIGHT / FORWARD AND BACK

1. Circle Left 1/2 Way Around, Men Forward and Back, Ladies Forward and Back, Circle Right 1/2 Way Around, Ladies Forward and Back, Men Forward and Back, Circle Left All The Way Around (OBC)(No Progression)
2. Everybody Forward and Back, Just the Ladies Forward and Back, Four Ladies Circle Left All the way Around, Just the Men Forward and Back, Four Men Circle Left All the Way Around, Everybody Forward and Back, Circle Left All The Way Around (OBC)(No Progression)

DOSADO

3. Head Men Dosado, Side Men Dosado, Head Ladies Dosado, Side Ladies Dosado, All Dosado Corner, All Dosado Partner, Circle Left All The Way Around (OBC) (No Progression)

4. Circle Left 1/2 Way Around, Everybody Forward and Back, Circle Right 1/2 Way Around, Dosado Partner, Dosado Corner, Swing Corner, Circle Left All The Way Around (Corner Progression)

SWING

5. Heads Forward and Back, Head Men Swing the Opposite and face the Centre of the set, Sides Forward and Back, Side Men Swing the Opposite and Face the Centre, All Eight Circle Left 1/2, Swing Lady on the Left (RHL), Circle Left All The Way Around (RHL Progression)

PROMENADE

6. Heads Promenade 1/2, Into the Middle Circle 1/2, Sides Promenade 1/2, In the middle Circle 1/2, Forward and Back, Swing Corner, Promenade
7. Heads Forward and Back, Circle Four 1/2 way around, Sides Forward and Back, Circle Four 1/2 way around, All go Forward and Back, Circle Eight 1/2 way around, Take the Corner and Promenade home
8. Everybody Forward and Back, Heads Promenade Inside 1/2, Heads Promenade Outside 1/2, Sides Promenade Inside 1/2, Sides Promenade Outside 1/2, Swing Corner, Promenade
9. Four Ladies Promenade Single File, Swing Partner, Four Men Promenade Inside Single File, Swing Partner, Join Hands Circle Eight to the Left all the way around, Promenade Corner
10. Four Ladies Circle Left Inside, Men Promenade Outside, Four Men Circle Right Inside, Ladies Promenade Wrong Way Outside, Dosado Partner, Circle 8 Left 1/2 Around, Forward and Back, Swing the Corner, Promenade
11. Circle Left Once Around, Circle Right and Walk Single File, Ladies turn around and smile, Partner Dosado, Swing Partner, Promenade (OBC) (No Progression)
12. Circle Left Once Around, Allemande Left the Corner, Dosado Partner, Four Ladies Promenade Inside Single File, Dosado Partner, Allemande Left Corner, Promenade Partner (OBC) (No Progression)
13. **ALLEMANDE LEFT**
14. Four Ladies Promenade Inside, Turn Partner Right, Four Men Promenade Inside, Turn Partner Right, Allemande left your corner, Dosado Partner, Promenade Partner (OBC) (No Progression)
15. Circle Left, Allemande Left the Corner, Dosado Partner, Allemande Left Corner, Weave the Ring, Swing Partner, Promenade (OBC) (No Progression)

ARM TURNS

16. Heads Promenade 1/2, Sides Promenade 1/2, All Join Hands Circle Left 1/2, Turn Corner Left Hand Around, Turn Partner Right Hand Around, Swing Corner, Promenade
17. Four Ladies Promenade inside, Swing Partner, Four Men Promenade Inside, Dosado Partner, Turn Partner Right, Turn Corner Left, Keep Her and Promenade
18. Ladies Centre Back to Back, Men Promenade Single File outside, Turn Partner by the Left once and a 1/2, Men Centre Back to Back, Ladies Promenade Single File Outside, Pass Partner and Swing the Next, Promenade home, Bow to Partner
19. Head Men Forward and Back, Turn the Opposite Lady Right Hand Around, Turn Partner Left Hand Around, Turn Right Hand Lady Right Hand Around, Turn Partner Left Hand Around, Swing Corner, Promenade

RIGHT AND LEFT GRAND FAMILY

20. Allemande Left, Dosado Partner, Corner Swing, Circle 8 to the Left 1/2, Allemande Left new corner, Grand and Right and Left, Promenade home
21. Left Allemande, Turn Partner Right, Men Star Left, Ladies go the other way, Pass Her Once, Second Time Dosado, Weave the Ring, Dosado, Promenade home (OBC) (No Progression)
22. Head Men Turn Opposite Lady Right Hand Around, Turn Partner Left Hand Around, All Turn Corner Right Hand Around, Turn Partner Left Hand Around to the Right Hand Lady, Right and Left Grand, Swing, Promenade (RHL) home, Bow to Partner
23. Four Ladies Promenade Inside Once Around, Swing Partner, Circle Left, Left Allemande, Weave the Ring, Swing Partner, Promenade Home (OBC) (No Progression)
24. Join Hands and Circle Left Once Around, Allemande Left, Right and Left Grand, Partner Dosado (1/2 out), Swing, Promenade (OBC) (No Progression), All Forward and Back

Four Ladies Promenade Inside, Swing Partner, Circle Eight 1/2 Way, Left Allemande, Weave the Ring, Swing Partner, Promenade (OBC) (No Progression)

STAR RIGHT/LEFT

25. Head Couples Forward and Back, Same Couples Dosado, Right Hand Star, Allemande Left Corner, Dosado Partner, Swing Corner, Promenade

26. Heads Dosado, Right Hand Star, Left Hand Star, Corner Dosado (CB), Swing Corner, Allemande Left new corner, Promenade New Partner
27. Head Couples Swing the Opposite, Face the Sides (CB), Dosado Sides, Right Hand Star with Outside 2, Heads Star Left in the Centre (CB), Corner Swing, Allemande Left new corner, Promenade new partner (Old Corner)
28. Head Couples Right Hand Star, Allemande left your corner, Swing at Home, Side Couples Right Hand Star, Allemande Left, Swing at Home, Corner Swing, Promenade
29. 4 Ladies Star Right while Men Promenade Single File, The second time you meet with a Left Arm Turn, 4 Men Star Right while Ladies Promenade, The second time you meet Left Arm Turn, Corner Dosado, Same Lady Swing*, Promenade
30. Head Man and Corner Girl Forward and Back, Same Four Circle Left, Same Four Star Left to home, Turn Right Hand Around your Partner, Left Hand Around Your Corner, Dosado Partner, Promenade Corner
31. Head Couples Star Right, Same Couples Star Left, Pick up the Corner and Star Promenade, Back out and Circle Left (bbgg), Swing the nearest Girl, Promenade home, Bow to partner
32. Allemande Left Corner, Dosado Partner, Four Men Star Left, Turn Partner Right once and a 1/2, Four Ladies Star Left, Pass Partner, Corner Swing, Promenade
33. Head Couples Promenade Once Around, Into the middle Right Hand Star, Corner Left Allemande, Dosado Partner, Corner Swing, Promenade
34. Head Couple Right Hand Star and back out, Side Couple Right Hand Star and back out, All 8 Circle Left 1/2, Circle Right, Drop hands and Promenade Single File, Men Roll back, Corner Swing, Promenade, Balance
35. Four Ladies Star Right, Turn Partner by the Left once and a 1/2, Corner Dosado, Four Ladies Star Right, Corner Balance, Swing Corner, Promenade
36. Head Couples Forward and Back, Dosado Opposite, Swing the Opposite and Face the Sides (CB), Circle four to the Left, Same four Star Left, Men Swing the Lady behind you, Promenade
37. Ladies only Forward and Back, Men only Forward and Back, Four Ladies Star Right, Same Four Star Left to home, Pass your partner and Dosado Corner, Swing Corner, Promenade
38. Head Couples Right Hand Star once around, Same Men Lead your Partner outside Single File 1/2 way around., Side Couples Right Hand Star once

around, Same Men Lead your Partner Single File 1/2 way around, Join Hands and Circle Left 1/2, Corner Swing, Promenade

39. Heads Star Right, Allemande Left the Corner, Dosado Partner, Men Left Hand Star, Turn Partner Right, Turn the Corner by the Left, Roll Promenade
40. Heads Promenade 1/2, Into the middle Right Hand Star once and a 1/2, Find the Corner Allemande Left, Dosado Partner, Swing Corner, Promenade Home, Bow to Partner
41. Head Men and Corner Girl Forward and Back, Same Four Star Right, Turn Partner Left, Corner Right, Partner Left, 4 Ladies Chain 3/4, Keep this Corner Lady and Promenade
42. Head Couples Promenade 1/2, Down the middle Right and Left Thru, Head Men and Corner Girl Forward and Back, Same four Star Left, Partner Dosado, Swing Corner, Promenade
43. Men Star Right, Men Star Left, Star Promenade, Men Circle Four Left and Ladies Keep Promenading, Pass Her Twice, Swing Corner, Promenade
44. Allemande Left, Partner Dosado, Men Star Left, Partner Right Arm Turn 1 1/2, Ladies Star Left, Dosado Partner, Promenade Corner
45. Men only Forward and Back, Ladies only Forward and Back, Four Men Star Right, Same Four Star Left to home, Pass your partner and Dosado Right Hand Lady, Swing RHL, Promenade Home, Bow to partner
46. Left Allemande, Turn Partner Right, Men Star Left, Ladies go the other way, Pass Her Once, Second Time Dosado, Weave the Ring, Dosado, Promenade (OBC) (No Progression)
47. Circle Left Once Around, Left Allemande, Dosado, Men Star Left, Turn Partner Right, Turn Corner Left, Promenade Partner (OBC) (No Progression)
48. Allemande Left, Ladies Star (Men stand at home), Allemande Left, Men Star (Ladies stand at home), Allemande Left, Grand Right and Left, Swing Partner or Dosado Partner, Promenade Home (OBC) (No Progression)
49. Circle Eight to the Left, Reverse Back Circle Right go Single File, Ladies keep walking, Men turn in a Right Hand Star, Pass Her Twice, Corner Left Allemande, Grand and Right and Left, Promenade Partner (OBC) (No Progression), Bow at home
50. Swing Partner, Promenade, Promenade Single File, Men Roll out and Promenade CW, While Ladies Star Left, Dosado Partner, Swing Partner, Promenade Partner (OBC) (No Progression)

PASS THRU

51. Head Couples Promenade 1/2, Down the middle Pass Thru short, Face Partner, Pass Thru, Dosado the Corner, Right Hand Star with Outside 2, Left Star in the Middle, Corner Swing, Promenade Home, Bow to Partner
52. Heads Circle Four 3/4, Heads Pass Thru, Dosado Sides, Facing Couples Circle Four to the Left 3/4, Pass Thru, Face Your Partner, Allemande Left partner, Swing Right Hand Lady, Promenade (RHL) home, Everybody Forward and Back
53. Heads Promenade 3/4, Sides Pass Thru, Dosado, Circle Four Left 3/4, Pass Thru, Face Your Partner, Left Allemande, Right and Left Grand, Promenade (RHL), Bow at home
54. Heads Forward and Back, Pass Thru, U-Turn Back, Sides Forward and Back, Pass Thru, U-Turn Back, Circle Left, Allemande Left, Promenade (RHL), Balance at Home
55. Heads Pass Thru, Promenade Right/Left, Sides Pass Thru, Promenade Right, Join Hands and Circle Once Around, Forward and Back, Promenade Partner (OBC) (No Progression)

1/2 SASHAY FAMILY

56. Allemande Left, Weave By two, Swing the Next, Join Hands and Circle Left, Roll Away, Circle Left, Roll Away, Swing Partner, Promenade home (OBC) (No Progression), Bow to Partner
57. Circle Left, Ladies In Men Sashay, Circle Left, Ladies In Men Sashay, Allemande Left, Weave by Two, Dosado Partner, Promenade (OBC) (No Progression), Swing Partner
58. Four Ladies Chain, Circle Left, Ladies In Men Sashay, Circle Left, Ladies In Men Sashay, Allemande Left, Weave the Ring, Promenade (OBC) (No Progression), Bow to partner
59. Four Ladies Chain, Rollaway, Circle Left, Four Ladies Roll Away, Circle Left, Left Allemande, Weave the Ring, Dosado Partner, Promenade Home (OBC) (No Progression), Bow to Partner
60. 4 Ladies Chain 3/4, Roll Away, Circle Left, Left Allemande, Weave the Ring, Dosado, Promenade (OBC) (No Progression), Bow to Partner
61. Heads Lead Right, Circle to a Line, Forward and Back, Star Four with the opposite Couple once around, Circle Eight, Ladies Centre, Men Sashay, Circle Eight, Swing Lady on the Right (corner lady), Promenade Home, Bow to Partner

TURN BACK FAMILY

62. Head Couples Dosado, Right Hand Star, Left Hand Star, Corner Dosado, Star Right with the same two, Ladies U-Turn Back, Corner Swing, Promenade
63. Head Couples Forward and Back, Same Couples Dosado Opposite, Swing the Opposite, Face the Sides (CB), Dosado the Sides, Right Hand Star with Outside 2, Ladies U-Turn Back, Promenade Home, Bow to Partner
64. Head Men and Corner Girl Forward and Back, Same Four Pass Thru, U-Turn Back, All Eight Circle Left (bbgg), Ladies Pass Thru, U-Turn Back, Men Pass Thru, U-Turn Back, Swing Nearest Lady, Promenade Home, Bow to Partner
65. Heads Forward and Back, Dosado, Swing the Opposite, Face the Sides and Dosado (CB), Star Right with the Outside 2, Ladies U-Turn Back, Corner Swing, Promenade
66. Head Men Take Partner and Corner Girl Forward and Back, Lines of Three Pass Thru, U-Turn Back, Side Men Take Partner and Corner Girl Forward and Back, Lines of Three Pass Thru, U-Turn Back, All Join Hands and Circle Left (8 steps), Corner Swing, Promenade Home, Bow to Partner
67. Heads Circle Left 1/2, Sides Circle Left 1/2, Heads Pass Thru, U-Turn Back, Sides Pass Thru, U-Turn Back, Circle Left, Swing New Partner (RHL), Promenade Home
68. Head Couples Pass Thru, U-Turn Back, Side Couples Pass Thru, U-Turn Back, All Circle Left, Allemande Left new corner, New partner Dosado (RHL), Right and Left Grand, Swing New Partner, Promenade, Balance Forward and Back
69. Circle Left Once Around, Men Star Right, Star Promenade Your Partner, Ladies U-turn Back, Left Allemande, Swing Your Own, Promenade Home, Everybody Forward and Back (OBC)(No Progression)
70. Circle Left, Men Star Right, Star Promenade Your Partner, Ladies Back Track/Ladies Roll Back, Left Allemande, Swing Your Own, Promenade Home (OBC) (No Progression), All Forward and Back
71. Heads Promenade 1/2, Sides Pass Thru, Same Couples U-Turn Back, All Circle 8 to the Left Eight Steps (BBGG), Men Forward and Back, Ladies Dosado, Swing the Nearest Man (Original Partner), Promenade (OBC) (No Progression)
72. Allemande Left the Corner, Swing Partner, Promenade Single File, Ladies Roll out (Back Track) and Promenade Single File on the outside, Men U-

Turn Back and step in behind her, Ladies Roll Around one man, Corners All Left Allemande, Right and Left Grand, Promenade Partner (OBC) (No Progression)

SEPARATE AROUND 1 OR 2

73. Heads Promenade 1/2 way, Sides Circle 1/2 and back away, Heads Pass Thru, Separate Around 2 to a line, All 1/2 Sashay, All Forward and Back, Circle Eight Left 1/2 Way Around, Promenade
74. All 8 Circle 1/2, Sides Forward and Back, Sides 1/2 Sashay, Heads Forward and Back, Heads Pass Thru, Separate Around 1 to a line, Lines Forward and Back, All Pass Thru, U-Turn Back, Circle Left to home
75. Sides go Forward and Back, Heads Pass Thru, Separate Around to 2 to a line, Lines Forward and Back, Centre Four Star Right once around to the Corner (CB), Swing the Corner, Promenade the Corner to Home, Swing at Home
76. Head Couples Pass Thru, Separate Around Two to home, Dosado Partner, Side Couples Pass Thru, Separate Around Two to home, Dosado Partner, Four Men Star Left, Dosado Corner, Promenade Corner
77. Heads Right and Left Thru, Roll Away, Pass Thru, Separate Around 1 to a line, Circle Left, Allemande Left new Corner, Weave the Ring, Dosado new Partner (Original corner lady), Promenade
78. Join Hands and Circle 1/2, Heads Pass Thru, Separate Around to 2 to a line, Lines Forward and Back, Circle Left 1/2, Roll Away, Swing one on the Right (RHL), Promenade

SPLIT THE OUTSIDE COUPLE (SPLIT 2)

79. Heads Forward and Back, Heads Pass Thru, Separate Around 1 into the middle, Pass Thru, Split Two, Separate Around 1 into the middle, Pass Thru, Separate Around 1 into the middle, Pass Thru (CB), Swing the Corner, Promenade
80. Heads Pass Thru, Separate Around 1 into the middle, Right and Left Thru in the middle, Pass Thru (CB), Split Two, Around 1 into the middle, Right and Left Thru, Pass Thru, Separate Around 1 into the middle, Pass Thru in the middle (CB), Corner Swing, Promenade
81. Heads Circle Four 3/4, Pass Thru, Split two, Around 1 to home, Sides Circle Four 3/4, Pass Thru, Split Two, Around 1 to home, Dosado, All 1/2 Sashay, Circle Right full around to man's home, Bow to Partner

COURTESY TURN

82. Heads Pass Thru, Courtesy Turn, Sides Pass Thru, Courtesy Turn, Circle Left to home, All Forward and Back, Allemande left your corner, Turn your Partner Right, Promenade Corner
83. Ladies Centre Back to Back, Men Promenade Outside, Turn Partner by the Left, Turn Corner by the Right, Courtesy Turn Your Partner, Men Centre Back to Back, Ladies Promenade Outside, Pass Partner and Promenade the Next
84. Heads Promenade Outside 1/2 Way Around, Down the middle Pass Thru, Courtesy Turn, Sides Promenade Outside 1/2 Way Around, Down the middle Pass Thru, Courtesy Turn, Dosado the Corner, Swing the Corner, Promenade

LADIES CHAIN FAMILY

85. Head Ladies Chain, Chain Back Across, Side Ladies Chain, Chain Back Across, Allemande Left, Partner Dosado, Promenade Corner
86. Head Men and Corner Girl Forward and Back, Same Four Star Right, Turn Partner by the Left, Turn the Corner by the Right, Left Dosado Partner, Four Ladies Chain 3/4, Promenade
87. Head Ladies Chain 3/4, Side Men turn the lady and Rollaway, Lines of Three Forward and Back, Head Men Pass Thru, Turn Right Around 3 to Lines (PL), Balance Forward and Back, Circle Eight Left 1/2 Way Around, Swing Corner, Promenade Home
88. Head Couples Promenade 1/2, Heads Ladies Chain to the Right, Side Couples Promenade 1/2, Side Ladies Chain to the Right, Circle Eight 1/2 1/2 way around, Four Ladies Chain 3/4 (Corner Progression), Keep her and Promenade
89. Circle Eight once around, 4 Ladies Chain 3/4, Heads Pass Thru, Separate Around 1 to a Line, Forward and Back, All Pass Thru, Face Same Sex, Pass Thru, Swing Corner, Promenade 1/2 to home
90. Heads Forward and Back, Pass Thru and U-Turn Back, Heads Pass Thru, Separate Around 1 to a Line (All have their corner Lady), Lines Forward and Back, Two Ladies Chain Across, Two Ladies Chain Back, Promenade
91. 4 Ladies Chain, Circle 8 Left 1/2, Bow to your own, Weave by Three, Arm Turn # 4 full Turn, 4 Ladies Chain, Promenade Corner

92. Head Ladies Chain, Circle Four 3/4, Pass Thru, DoSoDo Outside Couple, Circle Four to the Left 3/4, Two Ladies Chain, Pass Thru (Lines Facing Out), Swing Corner, Promenade
93. Heads Promenade 1/2, Four Ladies Chain, Sides Promenade 1/2, Four Ladies Chain, Roll Promenade, Ladies Roll out, Promenade with the next man to home, Bow to Partner
94. Circle 8 Once Around, Side Ladies Chain, Heads Promenade 1/2, Sides Circle Four Once and a Quarter More, Pass Thru (CB), Dosado, Corner Swing, Promenade
95. Heads Pass Thru, Both Turn Left Single File Around 1 into the middle, Star Right in the middle, Corner Left Arm Turn, Partner Right Arm Turn, Corner Left, Four Ladies Chain, Roll Away, Dosado Right Hand Girl, Same Lady Promenade (RHL)
96. Head Couples Promenade 1/2, Chain the Ladies To the Right, Four Ladies Chain, Side Couple Promenade 1/2, Chain the Ladies to the Right, Four Ladies Chain 3/4, Promenade 1/2, Bow to Partner,
97. 4 Ladies Chain, Circle Eight to the Left, Roll Away, Circle Left, Roll Away, Left Allemande, Weave the Ring, Dosado, Promenade (OBC) (No Progression), Bow to Partner
98. 4 ladies Chain, Circle Left, Left allemande, Weave the Ring by 3 Ladies, Turn #4 with a Left (Opposite Lady), Four Ladies Chain, Promenade (OBC) (No Progression)
99. Four Ladies Chain 3/4, Rollaway, Circle Left, Left Allemande, Weave the Ring, Dosado, Promenade (OBC) (No Progression), Bow to Partner

DOPASO

100. All Forward and Back, Four Ladies Chain, Star Back, DoPaso (Partner Left, Corner Right, Partner Left), Men Star Right to the Corner, Same Corner Swing, Promenade
101. Put Ladies Centre Bk to Bk, Men Promenade Outside, Partner DoPaso, Put Men Centre Back to Back, Ladies Promenade Outside, Arm Turn Partner Once and 1/4, Promenade Corner
102. Heads Pass Thru, Both Turn Left and Promenade Single File, Sides Pass Thru and with Heads make Left Hand Stars, Turn the Stars, Ladies Centre Right Hand Star, Men Promenade Single File, Meet Partner DoPaso (Partner Left, Corner Right, Partner Left), Back to the Corner Promenade, Everybody Forward and Back
103. Circle Left Once Around, DoPaso, Four Ladies Chain Across, Chain Back Across, Promenade (OBC) (No Progression), Bow to Partner

104. Circle Left, Roll Away, Circle Left, Roll Away, DoPaso, Four Ladies Chain, Promenade (OBC) (No Progression), Bow to Partner
105. Circle Left Once Around, Four Men Star Right, Turn Partner by the Left, Four Ladies Star Right, Back to your Partner DoPaso, Roll Promenade (OBC) (No Progression)
106. Four Ladies Chain, Join Hands and Circle 1/2, Allemande Left, Right and Left Grand two hands, Partner Left DoPaso (Partner Left, Corner Right, Partner Left with a full turn), Roll Promenade Home (OBC) (No Progression), Bow to Partner
107. Four Ladies Chain, Ladies Star Home, DoPaso (Partner Left, Corner Right, Partner Left), Men Star Right to the corner, Allemande Left, Dosado Partner, Promenade (OBC) (No Progression)

LEAD RIGHT

108. Heads Lead Right, Circle Four 3/4 (PL), Balance Forward and Back, Ladies Chain Across, Ladies Chain Back, Pass Thru, Courtesy Turn, Circle Four 1/2 way around (PL), Swing Corner, Promenade
109. Head Couples Promenade 1/2, Same Ladies Chain, Side Couples Lead Right, Circle Four Left 3/4, Lines Forward and Back, Men walk across to the opposite line, Swing the Corner, Promenade
110. Head Couples Promenade 1/2, Same Ladies Chain, All Forward and Back, Heads Lead Left, Circle Four Left 3/4, Ladies walk across to the opposite line, Swing Corner, Promenade
111. Heads Lead Right, Star Right, Heads Star Left in the middle, With the Sides Dosado, Circle Left 3/4 (PL), Forward and Back, Swing the Corner, Promenade
112. Heads Lead Right, Circle 3/4 (PL), With the opposite couple Star Right, Same couples Star Left, Lines Balance Forward and Back, Ladies Chain Across, Circle Four 3/4, Pass Thru (Trade By Formation), Corner Swing, Promenade

VEER LEFT/RIGHT

113. All Forward and Back, Heads Lead Right, Pass Thru, Courtesy Turn, Veer Right, Veer Left, Centre Ladies Chain, While Outsides Courtesy Turn, Centres Pass Thru (CB), Allemande Left, Dosado Partner, Promenade Corner
114. Heads Promenade 1/2, Into the middle Heads Veer Left, Chain Down the Line, Pass Thru (CB), Veer Left, Veer Right, All Courtesy Turn, Circle Four 1/2 way around (CB), Swing Corner, Promenade Home, Bow to Partner

115. Heads Couples Pass Thru, Courtesy Turn, Head Ladies Chain, All go Forward and Back, Heads Lead Right, Veer Left, Bend the Line, Ladies walk across to the opposite line, Swing Corner, Promenade

BEND THE LINE

116. Head Couples Veer Left, Bend the Line, Pass Thru, Circle Left 3/4 (PL), Pass Thru, Bend the Line, With opposite Couple Circle Four 1/2, Pass Thru, Bend the Line, With opposite Couple Circle Four 1/2 (PL), Swing the Corner, Promenade

117. Circle Left Full Around, Heads Forward and Back, Heads Lead Right, Veer Left, Bend the Line, Pass Thru, Bend the Line (PL), Swing the Corner, Promenade

118. Head Ladies Chain, Heads Pass Thru, Both Turn Left Single File, Around Two to a Line, Balance Forward and Back, Bend the Line, Ladies Chain, Balance Forward and Back, Head Men and New Partner Courtesy Turn, All Promenade

119. Heads Lead Right, Veer Left, Bend the Line, Pass Thru, Courtesy Turn, Ladies Chain, Forward and Back, Circle Left 3/4, Pass Thru (Trade By Formation), Swing Corner, Promenade

120. Head Ladies Chain, Heads Lead Right, Circle to a Line, Balance, Bend the Line, Ladies Chain, Swing Partner (RHL), Promenade, Bow to Partner

121. Heads Lead Right, Circle Four 3/4 (PL), Forward and Back, Pass Thru, Bend the Line, Pass Thru, Bend the Line (PL), Circle Eight Left to home, Swing Partner, Promenade (OBC) (No Progression)

CIRCULATE

122. Heads Promenade 1/2, Lead Right, Veer Left, Couple Circulate, Bend the Line (PL), Pass Thru, Bend the Line, Circle Four 1/2 way around (PL), Circle Eight once around, Promenade Corner

123. All Forward and Back, Four Ladies Chain 3/4, Side Ladies Chain, Sides Promenade outside 1/2, Lead Right, Veer Left, Couples Circulate, Veer Right (Trade By Formation), Swing Corner, Promenade

RIGHT AND LEFT THRU

124. Heads Promenade 1/2, Down the middle Right and Left Thru, Sides Promenade 1/2, Down the middle Right and Left Thru, Allemande Left Corner, Turn Partner Right, Corner Promenade

125. Heads Promenade 1/2, Right and Left Thru, Those 2 Ladies Chain 3/4, Side Men turn them and Rollaway, All Circle Left, Swing Corner, Promenade
126. Heads Promenade 1/2, Right and Left Thru, Head Men and Corner Girl Forward and Back, Same Four Star Left Once Around, Partner Dosado, Swing Corner, Promenade
127. Heads Right and Left Thru with a full turn, Promenade Left to Home, Sides Right and Left Thru with a full turn, Promenade Left to Home, 4 Ladies Chain 3/4, Promenade Home, **Note: Sides need to be prompted to start the RLT before the Heads are home.**
128. 4 Ladies Chain, Heads Right and Left Thru, Same Couples Roll Away, Join Hands Circle Eight to the Left (bbgg), 4 Ladies Pass Thru, Ladies Turn Left Promenade Single File, 4 Men Pass Thru, Swing Corner, Promenade
129. Heads Right and Left Thru, Pass Thru, Promenade 1/2, Sides Right and Left Thru, Pass Thru, Separate Around 2, Circle Left 1/2 Way Around, Swing Corner, Promenade
130. Heads Promenade 1/2, Right and Left Thru, Pass Thru, Separate Around 1 into the middle, Right and Left Thru, Veer Left, Veer Right (CB), Swing Corner, Promenade
131. Heads Ladies Chain, Heads Circle Four 3/4, Pass Thru, Right and Left Thru outside two, Veer Left, Chain Down the Line, Balance Forward and Back, Pass Thru (Lines Facing Out), Swing Corner, Promenade
132. Head Couples Right and Left Thru, New 3 and 4 Right and Left Thru, Side Two Couples Right and Left Thru, New 2 and 3 Right and Left Thru, Circle Eight 1/2 Way, Swing Corner, Promenade
133. Join Hands and Circle 1/2, Head Couples Right and Left Thru, Chain the Ladies To the Right, Side Couple Right and Left Thru, Chain Ladies to the Right, Dosado Corner, Same Girl Promenade
134. All Forward and Back, Sides Promenade 1/2, Down the middle Right and Left Thru, Heads Right and Left Thru, Side Ladies Chain, Heads Lead Right, Star Thru, Circle Left to home (RHL), Bow to Partner

GRAND SQUARE

135. Sides Pass Thru, Separate Around 2 to home, Heads Pass Thru, Separate Around 2 to home, Everybody Forward and Back, Sides Face Grand Square 6 Steps, Swing Lady on the Right (corner lady), Promenade
136. Heads Face Grand Square, Four Ladies Chain 3/4, Allemande Left New Corner, Weave the Ring, Promenade Home

137. Heads Face Grand Square, Balance, Heads Star Thru, California Twirl, Star Thru, Circle Left to home (Corner Lady)
138. Heads Face Grand Square, Side Ladies Chain, Heads Lead Left, Star Thru, Circle Left to home (RHL)
139. Dosado the Corner, Turn A Left Around Your Own, Four Ladies Grand Chain, Sides Face Grand Square 8 Steps, Join Hands and Circle Left, Corner Swing (Corner is original Partner), Promenade Home
140. Sides Face Grand Square, Four Ladies Chain Across, Four Ladies Chain Home, Promenade (OBC) (No Progression)

STAR THRU

141. Heads Forward and Back, Heads Right and Left Thru, Star Thru, Pass Thru (CB), Star Thru, Pass Thru, Bend the Line, Star Thru (CB), Swing Corner, Promenade
142. Heads Lead Right, Veer Left, Couples Circulate, Bend the Line, Forward and Back, Pass Thru, Courtesy Turn, Star Thru, Square Thru 3/4 (Trade By Formation), Swing Corner, Promenade
143. Circle Eight Once Around, Heads Pass Thru, Separate Around 1 to a line, Star Thru, Centres Pass Thru, Split 2, Separate Around 1 to a line, Bend the Line, Pass Thru (1/2 Lines Facing Out), Swing Lady on the left (corner lady), Promenade, **Note: 1/2 Lines Facing Out**
144. Heads Promenade 1/2, Heads Star Thru, Centres Pass Thru, Star Thru, Dosado 1 1/2, Courtesy Turn, Star Thru, Pass Thru, Allemande Left, Swing Corner and Promenade
145. Heads Star Thru, Pass Thru, Right and Left Thru, Veer Left, Couple Circulate, Bend the Line, Forward and Back, Ladies walk straight ahead, Swing Corner, Promenade, Bow to Partner
146. Head Couples Right and Left Thru, Same couples Pass Thru, Separate, Around 1 to a line, Just the ends Star Thru, Pass Thru, Separate, Around 1 to a Line, Balance Forward and Back, All Star Thru, Centres Pass Thru (CB), Swing Corner, Promenade
- Four Ladies Chain 3/4, Heads Pass Thru, Separate Around 1 to a line, Forward and Back, All Star Thru, Centre Four Square Thru 3/4, Allemande Left, Grand and Right and Left, Swing at Home (RHL)

CALIFORNIA TWIRL

147. Heads Right and Left Thru, Heads Ladies Chain, Heads Circle Four 3/4, Same Couples California Twirl (CB), Star Thru, Pass Thru, Bend the Line,

Star Thru (CB), Centre Couples California Twirl, Circle Four 1/2 way around, Pass Thru (CB), Promenade Corner

148. Heads California Twirl, Separate Around 1 into the middle, Pass Thru (CB), Lades Chain, Ladies Chain Back, Star Thru, California Twirl (Lines Facing Out), Swing Corner, Promenade

149. Heads Star Thru, California Twirl (CB), Split 2, Separate Around 1 to a Line, Lines Forward and Back, Pass Thru, U-Turn Back, Star Thru, Pass Thru, Allemande Left, Swing Corner, Promenade

WALK AROUND THE CORNER

150. Walk Around the Corner, Join Hands and Circle Left 1/2 around, Four Ladies Chain, Roll Away, Circle Left, Roll Away, Circle Left, Walk Around the Corner, Promenade Partner (OBC) (No Progression)

SEE SAW

151. Walk Around the Corner, See Saw Partner, Circle Eight, Ladies Centre, Men Sashay, Circle Left, Ladies Centre, Men Sashay, Circle Left, Four Ladies Chain, Promenade

SQUARE THRU

152. Heads Promenade 1/2, Right and Left Thru, Square Thru (CB), Right Hand Star with Outside 2, Left Star in the Middle, Swing Corner, Promenade

153. All Forward and Back, 4 Ladies Chain 3/4, Head Couples Promenade 3/4, While Side Couples Square Thru 3/4, Circle Four 3/4, Square Thru 3/4, Swing Corner, Promenade

154. Heads Square Thru, Swing Corner, Circle 8 to the Left, Left Allemande, Weave the Ring, Dosado new partner, Promenade

155. Heads Square Thru, Star Right with the Outside 2, Star Left in the Middle, Star Thru, Square Thru 3/4 (Lines Facing Out), Swing Corner, Promenade, Bow to Partner

156. Heads Promenade 1/2, Down the middle Right and Left Thru, Same Couples Square Thru 4, Split Two, Around One to a Line, All Star Thru, California Twirl, Swing Corner, Promenade

157. Heads Square Thru, Split the Outside Two, Around One to a Line, Lines of four Forward and Back, Centres Square Thru 4, While Ends Star Thru, Ends California Twirl (CB), Swing Corner, Promenade, Bow to Partner

158. Heads 1/2 Square Thru, Split 2, Separate Around 1 to a line, Lines Pass Thru, Bend the Line, Centres Right and Left Thru, Lines of Four Forward and Back, Lines of Four Pass Thru (1/2 Lines Facing Out), Ends Fold, Swing Corner, Promenade
159. Heads Promenade 1/2, Same 4 Square Thru 4, Square Thru 3/4 with outside 2, Centres Pass Thru, Outsides California Twirl (CB), Corner Dosado, Swing Corner, Promenade
160. Heads Promenade 1/2, Star Thru, Pass Thru (CB), Dosado Outside Two, Star Thru, Lines Forward and Back, Square Thru 3 (Lines Facing Out), Swing Corner, Promenade
161. Four Ladies Chain 3/4, Heads Promenade 1/2, Down the middle Square Thru Four, Right and Left Thru OS2, Veer Left, Veer Right (Trade By Formation), Swing Corner, Promenade
162. Four Ladies Chain Across, Heads Square Thru, Right and Left Thru OS2, Veer Left, Couples Circulate, Chain Down the Line, Star Thru (CB), Swing Corner, Promenade (3/4),
163. Heads Square Thru, Right Hand Star with Outside 2, Heads Star Left in the Centre, Square Thru OS2 (Lines Facing Out), Swing Corner, Promenade, Bow to Partner
164. Heads Square Thru 3/4, Both Turn Right, Single File Promenade, Sides Pass Thru, Right Hand Star with Heads, Ladies Star Left in the middle, Men Single File Promenade on outside, Pass Her Once, Pass Her Twice, Swing Corner, Promenade
165. Heads Face Grand Square, Sides Square Thru, Swing Corner, Promenade
166. Heads Square Thru, Right Hand Star with the Sides, Heads Star Left in the Middle, Star Thru with Outside 2, Pass Thru, California Twirl, Pass Thru (Lines Facing Out), Corner Swing, Promenade
167. All Forward and Back, Four Ladies Chain, Heads Square Thru 5 hands, While Sides Separate, Sides Star Thru at the Heads (CB), Corner Swing, Allemande Left, Weave the Ring, Promenade
168. Heads Dosado, Sides Dosado, All Forward and Back, Four Ladies Chain, Heads Square Thru, Star Thru, Circle Left to home (RHL), Bow to Partner
169. Heads Pass Thru, Heads Promenade Left to Home, Sides Right and Left Thru, Same Couples Square Thru 4, Right and Left Thru the outside 2, Veer Left, Chain Down the Line, Keep Her and Promenade

CIRCLE TO A LINE

170. Head Couples Right and Left Thru, Same Ladies Chain, Side Couples Lead Right, Circle 4 to a Line, Forward and Back, Men walk across to the opposite line, Swing the Corner, Promenade
171. Heads Circle Four 3/4, Pass Thru, Right and Left Thru, Circle to a line (sides break) (PL), Square Thru 4 (Trade By Formation), Swing Corner, Promenade, Bow at home
172. Heads Forward and Back, Head Ladies Chain, Sides Lead Right, Circle to a Line, Lines Forward and Back, Just the Ladies Cross Over and Swing the Man, Promenade (RHL Progression)
173. Heads Promenade 1/2, Lead Right, Circle to a Line, Forward and Back, Pass Thru, All Turn Left Single File Promenade, Ladies U-turn Back, Swing (RHL), Promenade
174. Heads Promenade 1/2, Head Ladies Chain, Heads Star Thru, Pass Thru, Circle 4 to a Line, Star Thru, Pass Thru, Swing Corner, Promenade, Bow at home
175. Four Ladies Chain, Heads Lead Right, Circle to a line, Balance, Ladies Chain, Diagonal End Ladies Chain, Swing Partner (original RH Lady), Promenade

DIVE THRU

176. Heads Square Thru 4, Star Right with the Outside 2, Star Left in the Middle, Right and Left Thru, Dive Thru, Square Thru 3/4 (CB), Swing Corner, Promenade
177. Heads Square Thru 4, Right and Left Thru, Veer Left, Couples Circulate, Chain Down the Line, Star Thru, Dive Thru, Pass Thru (CB), Swing Corner, Promenade
178. Heads Square Thru 4, Right and Left Thru Outside Two, Dive Thru, Pass Thru, Right and Left Thru Outside Two, Dive Thru, Pass Thru (CB), Dosado the Outside Two, Swing Corner, Promenade
179. Heads Pass Thru, Separate Around 1 into the middle, Pass Thru, Circle 1/2, Dive Thru, Pass Thru, Right and Left Thru, Dive Thru, Pass Thru, Right and Left Thru, Dive Thru, Pass Thru (CB), Corner Promenade
180. All Forward and Back, Heads Promenade 3/4, Sides Pass Thru, Circle 3/4 with OS2, Star Thru, Dive Thru, Pass Thru, Allemande Left, Swing New Partner, Promenade

181. Circle 8 Left 1/2, Heads California Twirl, Separate, Around 1 to a line, Lines Forward and Back, Star Thru, Centres Pass Thru, Dive Thru, Pass Thru (CB), Swing Corner, Promenade
182. Heads Lead Right and make an arch, Sides Dive Thru, Centres Pass Thru, Circle to a line (sides break), Balance Forward and Back, Right and Left Thru, Star Thru, Dosado, Pass Thru (Trade By Formation), Corner Swing, Promenade

WHEEL AROUND

183. Heads Pass Thru, Wheel Around, 1/2 Square Thru (CB), Pass Thru, Wheel Around, Star Thru, Pass Thru, Wheel Around, Square Thru 3/4 (Lines Facing Out), Swing, Promenade
184. Heads Pass Thru, Wheel Around, 1/2 Square Thru (CB), Pass Thru, Wheel Around, Circle Four Once Around, Dive Thru, Square Thru 3/4 (CB), Swing, Promenade
185. Allemande Left, Swing Partner, Promenade full around, Heads Wheel Around (PL), Star Thru, Square Thru 3/4 (Trade By Formation), Promenade Corner
186. All Circle Left once around, Four Ladies Chain, Heads Lead Right, Pass Thru, All Wheel Around, Dive Thru, Pass Thru, Swing (RHL), Promenade
187. Allemande Left, Promenade 1/2 Way Around, All Wheel Around, Promenade home, Forward and Back, Circle Left Once Around, Swing, Bow to your Partner

THAR FAMILY, SLIP THE CLUTCH, SHOOT THE STAR

188. Allemande Left, Right to the Partner, Left to the next, Gents Centre to a backing up Right Hand Star, Scoot that Star, Right and Left, Form the Star Again (with Partner), Shoot that Star, Right and Left Grand, Promenade, Bow to your Partner
189. Circle Eight 1/2, Four Ladies Chain Across, Ladies Star Back to a Thar Star, Men back up in a Right Hand Star, Shoot that Star full around (L Arm Turn), Men Star Right to your Partner, Promenade (OBC) (No Progression)
190. Four Ladies Chain 3/4, Circle Left, Allemande Left and Allemande Thar Right and Left and Form a Star, Slip the Clutch, U-Turn Back, Dosado it's Back to Back, Allemande Left, Promenade (OBC) (No Progression)
191. Circle Eight Left, Allemande Left and Allemande Thar Right and Left and Form a Star, Back up the Star, Slip the Clutch and Skip one, Left Allemande, Weave the Ring, Dosado, Promenade Partner (OBC) (No Progression)

192. DoSaDo you Corner, Turn Partner Left, 4 Ladies Chain, 4 Ladies Star back, Turn Partner Left, Men Back In Like An Allemande Thar, Shoot That Star, Swing, Promenade (RHL)

BOX THE GNAT

193. Heads Square Thru 4, Split Two Around 1 To A Line, Forward and Back, Box The Gnat, Right and Left Thru, Square Thru 3 (Lines Facing Out), Swing, Promenade

194. Heads Lead Right, Circle to a Line, Forward and Back, Right and Left Thru, Star Thru, Box the Gnat, All U-Turn Back (Trade By Formation), Swing, Promenade

195. Head Ladies Chain, Heads Circle Four 3/4, Pass Thru (CB), Two Ladies Chain, Circle Four Left 3/4, Forward and Back, Box the Gnat (1/2CL), Swing Corner, Promenade

196. Heads Promenade 1/2, Down the Middle Right And Left Thru full turn, Separate Around One into the middle, Box the Gnat, Right Hand Star once around (CB), Allemande Left Corner, Dosado Partner, Corner Promenade

197. Four Ladies Chain Across, Heads Lead Right, Circle Left 3/4, Right and Left Thru, Star Thru, Box the Gnat, All U-Turn Back, Swing, Promenade

198. Everybody Forward and Back, Four Ladies Promenade Inside, Box the Gnat with your Partner, Swing Partner (or Dosado), Four Men Promenade Inside the Ring, Box the Gnat with your Partner, Swing Partner (or Dosado), Join Hands Circle 8 Once Around

199. Allemande Left, Weave the Ring, Box the Gnat, Right and Left Grand the Wrong Way, Box the Gnat, Dosado, Allemande Left, Back to the Partner Promenade

TRADE FAMILY

200. Heads Lead Right, Circle 3/4, Right and Left Thru, Pass Thru, Partner Trade, Right and Left Thru, Star Thru, Pass Thru (Trade By Formation), Swing, Promenade

201. Head Ladies Chain, Heads Promenade Outside 3/4, While Sides Square Thru 3/4, Pass Thru, Partner Trade (CB), Star Thru, Partner Trade (Lines Facing Out), Swing Corner, Promenade

202. Heads Promenade 1/2, Square Thru 4, Veer Left, Couples Trade, Couples Circulate, Couples Trade, Veer Right, Partner Trade (CB), Swing, Promenade

203. Heads Lead Right, Circle to a Line, Forward and Back, Star Thru, Swing Thru, Ladies Trade, Turn 1/2 Right, Pass Thru (Trade By Formation), Swing Corner, Promenade
204. Sides Face Grand Square, Heads Lead Right, Veer Left, Men Circulate, Partners Trade, Couples Trade, Promenade Home (RHL)
205. Heads Promenade 1/2, Down the Middle Right And Left Thru, Sides Promenade 1/2, Down the Middle Right And Left Thru, Lead Right, Veer Left, Couples Trade, Ladies Circulate, Promenade Wrong Way Home (RHL)
206. Heads Lead Right, Eight Chain 4, Circle To A Line (PL), Forward and Back, Pass The Ocean, Ladies Trade, Swing Thru, Men Circulate, as Ladies U-Turn Back, Promenade Home (RHL)

OCEAN WAVE FAMILY

207. Heads Square Thru 4, Dosado Sides to an Ocean Wave, All Eight Circulate Twice (CB), Swing (Corner), Allemande Left, Right and Left Grand, Promenade new Partner
208. Heads Promenade 1/2, Square Thru 4, Dosado to an Ocean Wave, Balance, Right and Left Thru, Dive Thru, Pass Thru (CB), Corner Swing, Promenade
209. All Forward and Back, Side Ladies Chain, Heads Promenade 1/2, Heads Lead to the Right, Dosado to an Ocean Wave, Balance, Swing Lady on the Right, Promenade (RHL)

ALAMO RING FORMATION

210. Allemande Left Alamo Style, Balance, Turn 1/2 Right, Balance, Turn 1/2 Left, Balance, Turn 1/2 Right, Balance, Turn 1/2 Left, Right and Left Grand, Dosado, Swing at Home
211. Allemande Left and Alamo Style, Balance (Partner on the Right, men facing in), Turn 1/2 Right (Men facing out), Balance, Turn 1/2 Left, Four Men Star Right to the Corner, Left Allemande, Dosado Partner, Promenade Partner (OBC) (No Progression), Bow at Home
212. Allemande Left and Alamo Style, Balance (Partner on the Right, men facing in), Men Cross Over, Ladies Face In, Balance, Ladies Cross Over, Men Face In, Balance, Left Allemande, Right and Left Grand, Bow at Home, Promenade
213. Allemande Left and Alamo Style, Balance, Swing Thru, Balance, Swing Thru, Turn Partner Right, Left Allemande, Swing Partner, Promenade (OBC) (No Progression), Bow to Partner

SWING THRU

214. Heads Square Thru, With the Sides Right Hand Star, Heads Star Left in the middle (CB), Corner Dosado, Swing Thru, Men Trade, Swing Corner, Promenade
215. Heads Promenade 1/2, Sides 1/2 Square Thru (CB), Swing Thru, Men Trade, Turn the Lady 1/2 Right, Pass Thru, Left Allemande, Weave the Ring, Promenade new Partner
216. Heads Promenade 1/2, Down the Middle Star Thru, Pass Thru (CB), Swing Thru, Men Trade, Box The Gnat, Change hands Left Allemande, Dosado Partner, Corner Swing, Promenade
217. Four Ladies Chain Across, Heads Star Thru, California Twirl, Right and Left Thru, Dosado to an Ocean Wave, Swing Thru, Box the Gnat, Pass Thru, Swing (RHL) (Trade By Formation), Promenade
218. Allemande Left and Alamo Style, Balance, Swing Thru, Balance, Swing Thru, Balance, Right and Left Grand, Dosado Partner, Promenade (OBC) (No Progression)
219. Allemande Left and Allemande Thar Right and Left and form a Star, Back up the Star, Shoot that Star to an Alamo Ring, Swing Thru, Turn Partner Right to the corner, Allemande Left, Dosado Partner, Promenade (OBC) (No Progression)

RUN/CROSS RUN

220. Heads 1/2 Square Thru, Swing Thru, Men Run, Couples Circulate, Wheel and Deal, Dive Thru, Right and Left Thru in the Centre, Pass Thru in the Centre (CB), Swing (Corner), Promenade Home, Bow to Partner
221. Head Ladies Chain, Heads Circle Four 3/4, Pass Thru (CB), Swing Thru, Men Run, Bend the Line, Ladies Chain, Pass Thru (Lines Facing Out), Swing (Corner), Promenade
222. Heads Lead Right, Step to an Ocean Wave, Ladies Cross Run, Men Cross Run, All Eight Circulate, Right and Left Thru, Ladies Chain, Courtesy Turn 1/2 more (Trade By Formation), Corner Swing, Promenade
- Heads Lead Right, Circle to a Line, Star Thru, Step to a Wave, Ladies Circulate, Swing Thru, Ladies Trade, Men Run, Veer Right, Swing (RHL), Promenade

PASS THE OCEAN

223. Heads Lead Right, Circle Left 3/4 (PL), Pass the Ocean, Swing Thru, All Eight Circulate, Men Trade, Men Run, Bend the Line, Star Thru, Pass Thru (Trade By Formation), Swing, Promenade

224. Heads Right and Left Thru, Pass the Ocean, Pass Thru (CB), Pass the Ocean, Swing Thru, Men Run, Bend the Line, Dosado Opposite, Pass Thru (Trade By Formation), Swing, Promenade
225. Heads Pass the Ocean, Balance, Ladies Trade, Pass Thru, Dosado, Circle Left 3/4 (PL), Star Thru, Square Thru 3/4 (Trade By Formation), Swing, Promenade
226. Heads Square Thru 4, Veer Left, Chain Down The Line, Right and Left Thru, Pass the Ocean, Ladies Trade, Pass Thru, Swing, Promenade
227. Heads Ladies Chain, Heads 1/2 Square Thru, Veer Left, Bend the Line, Forward and Back, Pass the Ocean, Men Circulate once, Ladies Circulate Twice, Ladies U-Turn Back, Promenade (RHL) Wrong way Home, Box to Partner

EXTEND FROM A 1/4 TAG

228. Heads Right and Left Thru, Pass the Ocean, Extend (CB), All Eight Circulate Twice, Swing Thru, Men Run, Couples Circulate Twice, Veer Right, Partner Trade (CB), Corner Promenade
229. Heads Pass the Ocean, Extend, Men Cross Run, Ladies Cross Run, All Eight Circulate, Right and Left Thru, Dive Thru, Square Thru 3/4 (CB), Swing, Promenade Corner
230. Everybody Forward and Back, Head Ladies Chain, Pass the Ocean, Extend, Swing Thru, Men Run, Couples Circulate, Wheel Around, Ladies Circulate, Promenade to home, Bow to Partner
231. Head Ladies Chain, Pass the Ocean, Extend, Swing Thru, Men Run, Ladies Circulate, Couples Circulate, Bend the Line, Forward and Back, Circle Left to Home, Bow to Partner

WHEEL and DEAL

232. Head Ladies Chain, Sides Lead Right, Circle to a Line, Pass Thru, Wheel and Deal, Zoom, Double Pass Thru,, Leaders Trade (or Wheel Around) (CB), Swing (Corner), Promenade
233. Head Ladies Chain, 1/2 Square Thru, Circle 1/2 with the outside 2, Veer Left, Couples Circulate, Wheel and Deal, Dive Thru, Centres Swing Thru, Centres Turn Thru (CB), Swing Corner, Promenade
234. Heads 1/2 Square Thru, Dosado, Swing Thru, Men Run Right, Couples Circulate, Wheel and Deal, Dive Thru, Square Thru 3 (CB), Swing Corner, Corner Promenade

235. Heads Promenade Outside 3/4, While Sides Right and Left Thru, Pass Thru, Dosado, Swing Thru, Men Run Right, Wheel and Deal, Star Thru, Pass Thru (Trade By Formation), Swing, Promenade
236. Heads Lead Right, Circle to a Line (PL), Pass Thru, Wheel and Deal, Centres Veer Right, Bend the Line and Back Away, Circle Eight Left 3/4 to Home, Swing Corner, Promenade
237. Heads Lead Right, Circle to a Line (PL), Pass Thru, Wheel and Deal, Centres Right and Left Thru, Ladies Chain, Pass Thru (CB), Corner Swing, Promenade
238. Heads Promenade 1/2, Lead Right, Veer Left, Couples Trade, Couples Circulate, Wheel and Deal, Dive Thru, Pass Thru, Veer Left, Ladies Circulate, California Twirl, Promenade (RHL), Bow to Partner
239. 4 Ladies Chain, Circle Eight 1/2, Heads Pass Thru, Separate Around One to a Line, Lines Forward and Back, Pass Thru, Wheel and Deal, Centres Turn Thru, Star Thru, Promenade

DOUBLE PASS THRU

240. Heads Lead Right, Circle to a Line, Pass Thru, Wheel and Deal, Double Pass Thru, Leaders Wheel Around, Right and Left Thru, Ladies Chain, Pass Thru (Trade By Formation), Swing, Promenade
241. Heads Promenade Outside 3/4, All Double Pass Thru, Leaders Trade, Dive Thru, Pass Thru, Dive Thru, Pass Thru, Ladies Chain, Pass Thru (Trade By Formation), Corner Swing, Promenade
242. Heads Star Thru, All Double Pass Thru, Leaders Partner Trade, Dosado to an Ocean Wave, Swing Thru, All Eight Circulate Twice, Ladies Trade, Men Run, Reverse Promenade Home, Bow to Partner
243. Heads Square Thru 4, Star Thru, Pass Thru, Wheel and Deal, Double Pass Thru, Leaders Trade, Ladies Chain, Star Thru, Pass Thru (LnFnO), Corner Swing, Promenade
- Four Ladies Chain, Circle Eight to the Left 1/2, Heads Star Thru, All Double Pass Thru, Leaders Wheel Around, Star Thru, Pass Thru (Lines Facing Out), Swing (RHL), Promenade Home, Bow to Partner

FIRST COUPLE GO LEFT - NEXT COUPLE GO RIGHT

244. Heads Promenade Outside 3/4, While Sides Circle Four Left Once, All Double Pass Thru, 1st Couple Left, Next Right, Right and Left Thru, Square Thru 4 (Trade By Formation), Swing Corner, Promenade
245. Heads Square Thru 4, Right and Left Thru, Star Thru, Pass Thru, Wheel and Deal, Double Pass Thru, 1st Couple Left, Next Right, Pass Thru (Lines Facing Out), Swing (Corner), Promenade
246. Heads Lead Right, Circle Left 3/4 (PL), Pass Thru, Wheel and Deal, Double Pass Thru, 1st Couple Left, Next Right (PL), Star Thru, Square Thru 3/4 (Trade By Formation), Swing, Promenade
247. All Eight Circle 1/2, Heads Star Thru, Pass Thru, Circle To A Line, Star Thru, Pass Thru, Centres Pass Thru, 1st Couple Left Next Right, Square Thru 3 (Lines Facing Out), Promenade Home

ZOOM

248. Heads Circle Four 3/4, Zoom, Centres Circle Four 1/2, Zoom, Double Pass Thru, Leaders Trade, Star Thru, Pass Thru (Lines Facing Out), Swing, Promenade Home, Bow to Partner
249. Head Ladies Chain, Sides Lead Right, Circle to a Line, Pass Thru, Wheel and Deal, Zoom, Double Pass Thru, Leaders Trade (CB), Swing Corner, Promenade
250. Circle Eight 1/2, Heads Lead Right, Circle to a Line (PL), Forward and Back, Pass Thru, Wheel and Deal, Ladies Chain (or Reverse Flutterwheel), Zoom, Centres Pass Thru, Star Thru (RHL), Circle Left Once around to Home

FLUTTERWHEEL/REVERSE FLUTTERWHEEL

251. Heads Promenade Outside 3/4, Sides Right and Left Thru, Pass Thru, Right and Left Thru, FlutterWheel, Square Thru 3/4 (CB), Swing (Corner), Promenade
252. Heads Lead Right, Circle Four 3/4 (PL), Forward and Back, FlutterWheel, Reverse FlutterWheel, Star Thru, Pass Thru (Trade By Formation), Swing (Corner), Promenade
253. Heads Lead to the right, Circle to a Line, Right and Left Thru, 2 Ladies Chain, FlutterWheel, Star Thru, Square Thru 3/4 (Trade By Formation), Promenade Corner
254. Sides Right and Left Thru, Sides Flutterwheel, Heads Promenade 1/2, Heads Lead to the Right, Dosado to an Ocean Wave, Balance, Swing Lady on the Right, Promenade (RHL)

255. Circle Once Around, All Four Couples Wheel Around 360, Four Ladies Flutterwheel, Four Men Reverse Flutterwheel, Promenade 1/2 (OBC) (No Progression), Swing at home
256. Join Hands and Circle Left 1/2, Four Ladies Flutterwheel, Four Men Reverse Flutterwheel, Forward and Back, Allemande Left Corner, Dosado Partner, Promenade Partner (OBC) (No Progression)
257. Four Ladies, Four Ladies Chain 3/4, Side Face Grand Square 6 Steps (PL), Right and Left Thru, Same Ladies Chain, Flutterwheel (PL), Circle Eight to home (OBC) (No Progression)

SWEEP 1/4

258. Heads Square Thru 4, Split Two - Around 1 Make A Line, Box The Gnat, Right and Left Thru, Flutter Wheel, Sweep 1/4 (CB), Pass Thru, U-Turn Back, Swing Corner, Promenade
259. Heads Square Thru 4, Dosado Corner, Star Thru, Flutterwheel, Sweep 1/4, Right and Left Thru, Dive Thru, Square Thru 3/4 (CB), Promenade
260. Heads Lead Right, Veer Left, Wheel and Deal, Sweep 1/4 (PL), Pass Thru, Wheel and Deal, Centres Sweep 1/4 and Back Away, Circle Eight Left 3/4 to Home, Allemande Left Corner, Dosado Partner, Promenade Corner
261. Heads Lead Right, Circle to a Line, Right and Left Thru, Flutter Wheel, Sweep 1/4, Square Thru 3 (Trade By Formation), Swing, Promenade Home, Bow to Partner
262. Four Ladies Chain, Heads Lead Right, Circle to a Line, Forward and Back, Flutterwheel, Sweep 1/4, Pass Thru (Trade By Formation), Swing (RHL), Promenade

TRADE BY

263. Sides Promenade 1/2, While Heads Dosado, Heads Square Thru 4, Split Two Around 1 To A Line, Forward and Back, Everybody Star Thru, Trade By (CB), Swing (Corner), Promenade
264. Heads Roll Away, Star Thru, Star Right with the Sides, Heads Star Left in the middle, Square Thru 3, Trade By (CB), Swing Thru, Men Trade, and Ladies U-Turn Back, Promenade
265. Four Ladies Chain, Heads Promenade 1/2, Lead Right, Circle to a Line, Star Thru, Pass Thru, Trade By, Pass Thru, Corner Swing, Promenade
266. Four Ladies Promenade Inside, Swing Partner, Heads Star Thru, Pass Thru, Square Thru 3/4, Trade By (CB), Allemande Left Corner, Pass By Partner, Swing (RHL), Promenade Right Hand Lady

267. Circle Eight 1/2, Heads Square Thru 4, Swing Thru, Men Run, Wheel and Deal, Pass Thru, Trade By, Swing (RHL), Promenade (RHL)

TOUCH 1/4

268. Heads Promenade 1/2, Down The Middle Touch 1/4, Men Run Right, Circle Four 1/2, Veer Left, Couples Circulate, Chain Down The Line, Touch 1/4, Ladies Run Right, Swing, Promenade

269. Heads Right and Left Thru, Touch 1/4, Centre Men Run Right, Circle Four 1/2, Veer Left, Couples Circulate, Chain Down The Line, Square Thru 3 (Lines Facing Out), Swing, Promenade

270. Heads Lead Right, Circle to a Line (PL), Forward and Back, Touch 1/4, Single File Circulate, Men Run (CB), Star Thru, Square Thru 3/4 (Lines Facing Out), Swing Corner, Promenade

271. Heads Touch 1/4, Centre 4 Circulate Twice, Men Run, Right and Left Thru, Pass Thru, Trade By, Dosado Ocean Wave, Ladies Circulate Twice, Swing (RHL), Promenade (RHL)

272. Circle Left Once Around, Left Allemande the Corner, Touch 1/4 with Partner, Men Run Right, Left Allemande, Weave the Ring, Dosado Partner, Promenade (OBC) (No Progression), Swing

273. Circle Left Once Around, Left Allemande the Corner, Touch 1/4, Men Run Right, Left Allemande, Weave the Ring, Dosado, Promenade, Swing at home (OBC) (No Progression)

FERRIS WHEEL

274. Sides Promenade 1/2, Heads Star Thru, Pass Thru (CB), Veer Left, Couples Circulate, Ferris Wheel, Centres Square Thru 3, Corner Swing, Allemande Left new Corner, Promenade

275. Heads 1/2 Square Thru, Circle Four once around, Swing Thru, Men Run, Ferris Wheel, Centres Square Thru 3 (CB), Swing, Promenade Home, Bow to Partner

276. Heads Promenade 1/2-Way, Lead Right, Veer Left, Ferris Wheel, Double Pass Thru, First Couple Left, Next Right (PL), Right and Left Thru, Touch 1/4, Single File Circulate, Men U-Turn Back, Star Thru (the one you're facing), Promenade Home (RHL)

Heads Square Thru 4, Dosado to an Ocean Wave, Swing Thru, Men Run, Ferris Wheel, Centres Reverse Flutter Wheel, Double Pass Thru, Promenade Left (OBC) (No Progression), Bow at Home

CLOVERLEAF

277. Heads Square Thru 4, Swing Thru, Men Run Right, Couples Circulate, Ferris Wheel, Double Pass Thru, Cloverleaf, Centres Pass Thru (CB), Promenade Corner, Bow at Home
278. Heads 1/2 Square Thru, Circle to a Line, Pass Thru, Wheel and Deal, Centres Star Thru, Pass Thru, Cloverleaf, New Centres Square Thru 3 (CB), Swing Corner, Promenade
279. Heads Pass Thru, Cloverleaf, Sides Square Thru 3, Pass Thru, Cloverleaf, Others Square Thru 3, Cloverleaf, Others Pass Thru (CB), Swing Corner, Promenade
280. Join Hands Circle 1/2, All 4 Couples Rollaway, Heads Pass Thru, Separate Around 1 To A Line, Star Thru, Cloverleaf, Zoom, Centres Pass Thru (CB), Swing, Promenade
281. Heads Star Thru, Pass Thru, Circle to a Line, Forward and Back, Pass Thru, Wheel and Deal, Centres Star Thru, Pass Through, Cloverleaf, New Centres Square Thru 3 (CB), Promenade Corner
282. Heads Pass Thru, Cloverleaf, Double Pass Thru, Cloverleaf, Centres Pass Thru (CB), Swing the Corner, Allemande Left, Weave the Ring, Promenade
283. Head Ladies Chain, Sides Right and Left Thru, Same Ladies Chain, Heads Pass Thru, Cloverleaf, Sides Pass Thru, All Roll Away, Swing the Right Hand Lady, Promenade
284. Side Ladies Chain, Heads Pass Thru, Cloverleaf, Sides Star Thru, Pass Thru, Cloverleaf, All Double Pass Thru, Cloverleaf, Double Pass Thru, 1st Left Next Right, Circle Left (OBC) (No Progression)
285. Heads Square Thru 3, Separate Around 1 To A Line, Forward and Back, Pass thru, Centres only cloverleaf while the others face in and Square Thru 3 (CB), Swing, Promenade, Bow to Partner
286. Heads pass thru and Cloverleaf, Centres Pass Thru, Veer Left, Couples Trade, Couples Circulate, Wheel and Deal (CB), Star Thru, Square Thru 3/4 (Lines Facing Out), Swing, Promenade

TURN THRU

287. Heads Square Thru (CB), Right Hand Star, Heads Star Left (CB), Right and Left Thru, Rollaway, Turn Thru (Trade By Formation), Allemande Left, Promenade Corner

288. Heads Square Thru, Dosado, Swing Thru, Men Trade, Turn Thru (Trade By Formation), Allemande Left, Weave the Ring to new partner, Dosado, Promenade
289. Heads Lead Right, Circle Left 3/4 (PL), Forward and Back, Touch 1/4, Single File Circulate, Men Run, Swing Thru, Men Trade, Turn Thru (Trade By Formation), Allemande Left, Promenade Home new Partner
290. Heads Promenade 1/2, Lead Right, Circle to a Line, Right and Left Thru, Pass Thru, Wheel and Deal, Centres Swing Thru, Turn Thru (Trade By Formation), Promenade Corner
291. Heads Star Thru, Double Pass Thru, 1st Couple Right, Next Couple Left, Touch 1/4, Single File Circulate, Men Run, Pass Thru, Trade By, Swing Thru, Turn Thru (Trade By Formation), Swing Corner, Promenade
292. 4 Ladies Chain, Join Hands Circle 1/2, Heads Pass Thru, Separate Around 1 to a Line, Lines Forward and Back, Pass Thru, Wheel and Deal, Centres (Ladies) Turn Thru, Star Thru, Promenade
293. All Forward and Back, Head Ladies Chain, Heads Lead Right, Right and Left Thru, Pass to the Centre, Centres Turn Thru, Sides Roll Away, Swing the one you Face (RHL), Promenade
294. Heads Right and Left Thru, Roll Away, Turn Thru, Separate Around 1 into the middle, Square Thru 3/4 (CB), Allemande Left Corner, Turn Thru Partner, Swing Corner, Promenade
295. Heads Star Thru, California Twirl (CB), Corner Dosado, Swing Thru, Ladies Circulate, Men Trade, Turn Thru (Trade By Formation), Allemande Left, Walk by one, Swing Right Hand Lady, Promenade
296. All Forward and Back, Head Ladies Chain, Heads Lead Right, Right and Left Thru, Pass to the Centre, Centres Turn Thru, Sides Roll Away, Swing the one you Face (RHL), Promenade
297. All Forward and Back, Four Ladies Chain Across, Join Hands and Circle Left, Allemande Left, Grand Right and Left 3 Hands, On the Third Hand Turn Thru, Allemande Left, Promenade (OBC) (No Progression)
- Allemande Left and Alamo Style, Balance, Swing Thru, Turn Thru, Allemande Left and Allemande Thru, Right and Left and Star, Back up the Star, Shoot the Star, Dosado Partner, Promenade (OBC) (No Progression)

EIGHT CHAIN THRU

- 298.4 Ladies Chain, Heads Promenade 1/2, Heads Lead Right, Circle to a Line, Star Thru, Eight Chain 3 (Trade By Formation), Swing Corner, Promenade
299. Heads Circle 3/4, Pass Thru, Circle to a Line, Star Thru, Dosado, Eight Chain 5 (Trade By Formation), Swing Corner, Circle Left to Home, Bow at Home
300. Heads Promenade 1/2, 1/2 Square Thru (CB), Pass to the Centre, Centres Pass Thru, Pass to the Centre, Centres Pass Thru (CB), Eight Chain 4 (CB), Corner Swing, Promenade
301. Heads Square Thru 4, Eight Chain 3, Outfacers Cloverleaf, Others 1/2 Square Thru (CB), Eight Chain 4 (CB), Swing, Promenade
302. Head Lead Right, Circle Four 3/4 (PL), Forward and Back, Right and Left Thru, Star Thru, Eight Chain 3 (Trade By Formation), Swing (RHL), Promenade
303. Heads Square Thru, Eight Chain 4, Swing Thru, Men Run, Wheel and Deal, Pass Thru, Trade By, Swing (RHL), Promenade (RHL)
304. Heads Lead Right, Eight Chain Thru, Circle Left 3/4, Star Four Left, Star Four Right, Balance, Circle Right to Home

PASS TO THE CENTRE

305. Head Ladies Chain, Circle Four Right 1/4, Pass Thru (CB), Pass to the Centre, All Double Pass Thru, Cloverleaf, Centres Pass Thru (CB), Eight Chain 4 (CB), Swing, Promenade
306. Heads Promenade 1/2, 1/2 Square Thru (CB), Pass to the Centre, Centres Pass Thru, Pass to the Centre, Centres Pass Thru (CB), Eight Chain 4 (CB), Corner Swing, Promenade
307. Head Ladies Chain, Heads Lead Right, Circle Four once around, Pass to the Centre, Centres Square Thru 3, Pass to the Centre, Centres Pass Thru (CB), Star Thru, Square Thru 3 (Lines Facing Out), Swing the Corner, Promenade
308. Heads Promenade 1/2, Square Thru 4, Right and Left Thru, Pass Thru, Trade By (CB), Right and Left Thru, Pass To The Centre, Centres Square Thru 3, Promenade Corner, Bow at Home
309. Heads Promenade 1/2, Heads Lead Right, Pass to the Centre, Centres Right and Left Thru, Centres Pass Thru, Two Ladies Chain, Square Thru 3 (Trade By Formation), Swing the Corner, Promenade Corner, Bow at Home

310. Heads Lead Right, Circle to a Line, Right and Left Thru, Star Thru, Opposite Dosado, Pass to the Centre, Centres Pass Thru, Eight Chain 1, Swing (RHL), Promenade

311. Four Ladies Chain, Heads Promenade 1/2, Sides Right and L Thru, Sides Star Thru, California Twirl, Pass to the Centre, Centres Pass Thru, Swing Corner, Promenade

COUPLES HINGE / SINGLE HINGE

312. Heads Lead Right, Veer Left, Couples Hinge, Centre Couples Trade, Couples Hinge, Bend The Line, Right and Left Thru, Circle Eight One 1/2, Swing Corner, Promenade

313. Side Ladies Chain, Four Ladies Chain 3/4, Heads Square Thru 4, Swing Thru, Men Run, Couples Hinge, Centre Couples Hinge, Sides Couples California Twirl, All Promenade

314. Heads Lead Right, Circle Left 3/4 (PL), Pass the Ocean, Ladies Trade, All Eight Circulate, Single Hinge, Split Circulate, Men Run, Circle Eight 1/2, Swing Corner, Promenade

315. Heads Lead Right, Circle Four 3/4 (PL), Veer Left, Couples Hinge, Couples Circulate, Couples Trade, Couples Circulate, Bend the Line (PL), Forward and Back (FcLn4), Swing the Corner, Promenade

316. Heads Lead Right, Circle Left 3/4 (PL), Forward and Back, Pass The Ocean, Single Hinge, Split Circulate, Men Run, Circle Four 3/4 Left, Pass Thru (Trade By Formation), Swing Corner, Promenade

317. Heads Lead Right, Circle 4 Once Around, Veer Left, Couples Hinge, Same Couples Wheel and Deal (PL), Dosado, Star Thru, Square Thru 3/4 (Trade By Formation), Swing, Promenade

318. Head Right and Left Thru, Sides Couples Promenade 1/2, Head Couples Lead Right, Veer Left, Couples Hinge, Centre Couples Trade, Couples Hinge, Ladies Circulate, Couples Trade, Promenade Wrong Way Home

319. Heads Square Thru 4, Dosado Sides, Swing Thru, Men Trade, Everybody Single Hinge, Men Run, Square Thru 3/4 (Trade By Formation), Swing Corner, Promenade

CENTRES IN

320. Circle 8 All the way around, Heads Lead Right, Centres In, Single Hinge, Ends Fold, Centres Star Thru, California Twirl and back away, Others Lead Right (CB), Swing, Promenade

321. Heads 1/2 Square Thru, Right and Left Thru, Pass Thru, Trade By, Centres In, Ends Cross Fold, Cloverleaf, Zoom, Centres Pass Thru (CB), Swing, Promenade
322. Four Ladies Chain 3/4, Heads Lead Right, Circle to a Line, Pass Thru, Wheel and Deal, Centres Pass Thru, Centres In, Ends Cross Fold, 1st Couple Right, 2nd Couple Right, Promenade Wrong Way Home, Swing

CAST OFF 3/4

323. Heads Pass Thru, Separate Around 1 To A Line, Star Thru, Double Pass Thru, Centres In, Cast Off 3/4, Forward and Back, Star Thru, Centres Pass Thru (CB), Swing, Promenade
324. Heads Right and Left Thru, 1/2 Square Thru (CB), Centres In, Cast Off 3/4, Centres Turn Thru, Cast Off 3/4, Square Thru 3 (Lines Facing Out), Swing, Promenade
325. Heads Square Thru 4, Centres In, Cast Off 3/4, Centre Four Right and Left Thru, Pass Thru, Cast Off 3/4, Pass thru, just the Centres Cloverleaf and the Others Face In and, Square Thru 3/4 (CB), Corner Promenade
326. Heads Star Thru, Partner Trade (CB), Swing Thru, Men Run, Ladies Trade, Cast Off 3/4, Right and Left Thru, Circle Eight Left to Home, Everybody Forward and Back
327. Heads Promenade 1/2, 1/2 Square Thru (CB), Centres In, Cast Off 3/4, Centres Turn Thru, Cast Off 3/4, Square Thru 3 (LINE OUT), Swing Corner, Promenade Home
328. Heads Lead Right, Circle Left 3/4 (PL), Pass Thru, Tag the Line, Cloverleaf, Double Pass Thru, Centres In, Cast Off 3/4, Box the Gnat (PL), Swing Corner, Promenade
329. Head Ladies Chain, Star Thru, Pass Thru, Circle to a Line (PL), Pass Thru, Cast Off 3/4, Star Thru, Pass Thru (Trade By Formation), Swing Corner, Promenade
330. Heads Pass Thru, Separate Around 1 to a Line, Star Thru, Double Pass Thru, Centres In, Cast Off 3/4, Star Thru, Centres Right and Left Thru full turn (CB), Swing Corner, Promenade
331. Heads Lead Right, Circle Left 3/4, Balance, Pass Thru, Tag The Line, Centres In, Cast Off 3/4, Circle Left, Swing Lady on the Right, Promenade (RHL)
332. Head Couple Promenade 1/2, Down the middle Right and Left Thru, Same Couples Star Thru, All Doubles Pass Thru, Centres In, Cast Off 3/4, All Star Thru, Centres Pass Thru (Trade By Formation), Swing the Right Hand Lady, Promenade

333. Everybody Forward and Back, Head Ladies Chain, Heads Slide Thru, Pass Thru, Circle to a Line, Pass Thru, Cast Off 3/4, Star Thru, Pass Thru (Trade By Formation), Swing Corner, Promenade 1/2 (RHL)

334. Circle Left, Head Ladies Chain, Heads Couples Star Thru, All Double Pass Thru, Centres In, Cast Off 3/4, Star Thru, Double Pass Thru, All Promenade Right (OBC) (No Progression)

SPIN THE TOP

335. Heads Square Thru 4, Dosado, Swing Thru, Spin The Top, Right and Left Thru, Square Thru 3 (Lines Facing Out), Promenade Corner

336. Heads Right and Left Thru, Touch 1/4, Centre Men Run, Circle to a Line, Right and Left Thru, Spin the Top, Men Run, Promenade Wrong Way Home

337. Heads Promenade 3/4, Sides Step to a Wave, Spin the Top, Pass Thru, Cloverleaf, Others Zoom, Centres Turn Thru (CB), Swing Corner, Promenade

338. Heads Promenade 3/4, Sides Swing Thru, Spin the Top, Pass Thru, Cloverleaf, All Double Pass Thru, 1st Right, Next Left, Star Thru, Pass Thru (Trade By Formation), Promenade Corner

339. Everybody Forward and Back, Heads Promenade 1/2, Down The Middle Pass The Ocean,, Extend (CB), Swing Thru, Spin The Top, Pass Thru (Lines Facing Out), Swing Corner, Promenade

340. All Forward and Back, Heads Swing Thru, Spin The Top, Extend (CB), Swing Thru, Spin The Top, Pass Thru (LnFc O), Swing, Promenade

341. Heads Promenade 1/2, 1/2 Square Thru, Swing Thru, Spin the Top, Pass Thru, Corner Swing, Allemande Left new corner, Promenade new partner

342. Heads Face 1/2 Grand Square, Sides Ladies Chain, Heads Lead Left, Swing Thru, Spin The Top, Pass Thru, Partner Trade, Circle Left to Home (RHL), Bow at Home

WALK and DODGE

343. All Forward and Back, Heads Square Thru, Right and Left Thru, Two Ladies Chain, Touch 1/4, Walk and Dodge (Lines Facing Out), Swing Corner, Promenade Home

344. Heads Right and Left Thru, Two Ladies Chain, Touch 1/4, Walk and Dodge (CB), Flutter wheel, Touch 1/4, Walk and Dodge (Lines Facing Out), Swing Corner, Promenade

345. Heads Circle 4 Once Around, Star Left to the Corner (CB), Right and Left Thru, Ladies Chain, Touch 1/4, Walk and Dodge (Lines Facing Out), Swing Corner, Promenade
346. Heads Lead Right, Touch 1/4, Walk and Dodge, Partner Trade (PL), With the opposite couple Circle Four once around, Dosado or Forward and Back, Star Thru, Square Thru 3 (TdBy), Swing, Promenade
347. Heads Promenade 1/2, Heads Square Thru, Dosado to a Wave, All Eight Circulate, Single Hinge, Walk and Dodge, Wheel and Deal, Centres Pass Thru (CB), Swing, Promenade
348. Heads Right and Left Thru, Ladies Chain, Same Couples Lead Right, Right and Left Thru, Circle Left 3/4, Pass the Ocean, Single Hinge, Walk and Dodge, Swing (RHL), Promenade
349. Heads Promenade 1/2, Down the middle Touch 1/4, Walk and Dodge, Swing Thru, Men Run, Bend the Line, Right and Left Thru (PL), Slide Thru, Square Thru 3/4 (Trade By Formation), Promenade Corner
350. Heads Square Thru 4, Star Right, Heads Star Left in the middle, Right and Left Thru, Touch 1/4, Walk and Dodge, Partner Trade, Reverse Flutter Wheel, Promenade
351. Slide Thru (61)
352. Heads Touch 1/4, Walk and Dodge, Dosado, Swing Thru, Men Run Right,, Ferris Wheel, Centres Slide Thru, Touch 1/4, Walk and Dodge (CB), Swing, Promenade
353. Four Ladies Chain, Heads Slide Thru, California Twirl, Swing Thru, All Eight Circulate, Swing Thru, All Eight Circulate, Right and Left Thru (CB), Swing, Promenade
354. Heads Right and Left Thru, Rollaway, Slide Thru (CB), Dosado, Right and Left Thru, Rollaway, Slide Thru (CB), Swing, Promenade
355. Heads Square Thru, Dosado Corner, Swing Thru, Spin the Top, Slide Thru, Swing, Left Allemande new Corner, Promenade
356. Heads Right and Left Thru, Swing Thru, Slide Thru, Right and Left Thru, Swing Thru, Slide Thru (Lines Facing Out)*, Swing Partner, Promenade (OBC) (No Progression), Bow at Home

FOLD/CROSS FOLD

357. Sides Roll Away, Heads Pass Thru, Separate Around 1 To A Line, Lines Forward and Back, Lines Pass Thru, Ends Fold (CB), Dosado to an Ocean Wave, All Eight Circulate Twice, Single Hinge, Men Run, Promenade Home with new Corner

358. Head Lead Right ..., Circle Four 3/4 (PL), Right and Left Thru, Pass Thru, Centres Fold, Star Thru, Slide Thru (PL), Square Thru 3/4 (Trade By Formation), Swing Corner, Promenade

359. Four Ladies Chain 3/4, Heads Lead Right, Circle Four 3/4, Forward and Back, Right and Left Thru, Pass Thru, Ladies Fold,* Star Thru, Promenade Wrong Way Home - **Note: If the Men Fold, the Promenade is the right way home.**

360. Heads Pass Thru, Separate Around 1 to a Line, Forward and Back, Pass Thru, Ends Cross Fold (CB), Dosado, Eight Chain 4, Swing, Promenade

361. Heads Star Thru, Partner Trade (CB), Swing Thru, Spin The Top, Right and Left Thru, Pass The Ocean, Ladies Trade, Men Cross Fold, Swing, Promenade

362. Heads Pass Thru, Separate Around 1 To A Line, Forward and Back, Pass Thru, Ends Cross Fold (CB), Dosado, Eight Chain 4, Swing, Promenade

363. All Forward and Back, Heads 1/2 Square Thru, Square Thru 3/4, Centres Square Thru 3, Centres In, Ends Cross Fold., Right and Left Thru, Pass Thru, Trade By, Swing, Promenade

DIXIE STYLE TO AN OCEAN WAVE

364. Heads Square Thru 4, Swing Thru, Men Run Right, Bend The Line, Reverse Flutter Wheel, Dixie Style To A Wave, Men Cross Fold (CB), Swing, Promenade

365. Heads Lead Right, Circle Left 3/4 (PL), Forward and Back, Right and Left Thru, Dixie Style to a Wave, Ladies Circulate, Men Cross Run (CB.OW), Swing Corner, Promenade Corner

366. Heads Promenade 1/2, Down the Middle Star Thru, Pass Thru (CB), Veer Left, Cast Off 3/4, Dixie Style To A Wave, Ladies Circulate, Allemande Left one on the left, Swing the next (Corner), Promenade

367. Heads Square Thru, Veer Left, Bend the Line, Forward and Back, Dixie Style To A Wave, Men Right Arm Turn (Cast) 3/4 to OW, as the Ladies Face In, Extend, Swing Corner, Promenade

Heads Ladies Chain, Circle Four Left 3/4, Pass Thru (CB), Star Thru, Square Thru 3/4, Partner Trade, 2 Ladies Chain Across, Dixie Style to a Wave, Men Run, Promenade Wrong Way Home

SPIN CHAIN THRU

368. Heads Square Thru 4, Spin Chain Thru, Ladies Circulate Twice, Spin Chain Thru, Men Circulate Twice, Men Run, Promenade Home, Bow to Partner
369. All Forward and Back, Heads Square Thru 4, Dosado, Spin Chain Thru, Ladies Circulate Twice, Box The Gnat, Pull by (Trade By Formation), Swing, Promenade
370. Head Promenade 1/2 Way, Head Ladies Chain, Sides Star Thru and California Twirl, All Spin Chain Thru, Ladies U-Turn Back, Men Trade, Promenade Home
371. Heads Promenade 1/2, Heads Pass The Ocean, Extend (CB), Spin Chain Thru, Ladies Circulate, All Single Hinge, Scoot Back, Swing, Promenade, Forward and Back
372. Heads Lead Right, Circle Four Left 3/4, Right and Left Thru, Pass the Ocean, Spin Chain Thru, All 8 Circulate, Swing one on the left (RHL), Promenade
373. Heads Square Thru, Spin Chain Thru, Ladies Circulate Once, Spin Chain Thru, Men Circulate Twice, Ladies Circulate Once, Men Run, Promenade (RHL)
374. Heads Promenade 1/2, Lead Right, Circle to a Line, Slide Thru, Spin Chain Thru, Ladies Circulate Twice, Swing Lady on the Right, Promenade (RHL)

TAG THE LINE

375. Heads Square Thru 4, Swing Thru, Men Run Right, Tag The Line, Cloverleaf, Ladies Square Thru 3, Star Thru, Promenade Home, Bow to Partner
376. Heads Square Thru 4, Step to a Wave, Ladies Trade, Ladies Run, Tag The Line, Cloverleaf, Men Square Thru 3, Swing, Promenade
377. Heads Lead Right, Circle Four Left 3/4, Pass Thru, Tag The Line, In, Touch 1/4, Men Run Right, Eight Chain 5 (Trade By Formation), Swing, Promenade
378. Heads 1/2 Square Thru, Swing Thru, Spin The Top, Turn Thru, Tag The Line In, Star Thru, Dive Thru, Centres Pass Thru (CB), Eight Chain 4, Promenade Corner
379. Heads Right and Left Thru, Sides Star Thru, Pass Thru, Star Thru, Pass Thru, Tag the Line, Cloverleaf, Centres Turn Thru (CB), Swing Corner, Promenade

380. Sides Face Grand Square, Heads Lead Right, Veer Left, Tag The Line Left, Ladies Circulate, Promenade (Corner Lady)
381. Heads 1/2 Promenade, Heads 1/2 Square Thru, Swing Thru, Men Run, Tag the Line Left, Ferris Wheel, Pass Thru, Corner Swing, Promenade
382. Heads Square Thru, Dosado, Swing Thru, Men Run, Tag The Line Right, Ferris Wheel, Centres Pass Thru, Swing, Promenade
383. Sides Face Grand Square, Heads Lead Right, Veer Left, Tag the Line Right, Ladies Circulate, All U-Turn Back, Promenade (RHL)

1/2 TAG

384. Heads Promenade 1/2, Down Middle Square Thru 4, Right and Left Thru, Veer Left, Couples Circulate, 1/2 Tag, Cast Off 3/4, Men Run Right, Promenade Home, Bow to Partner
385. Heads Swing Thru, Spin The Top, Right and Left Thru, Pass Thru, Right and Left Thru, Veer Left, Couples Circulate, 1/2 Tag, Swing Corner, Promenade
386. Heads Promenade 1/2, In The Middle Pass the Ocean, Extend (CB), Swing Thru, Men Run Right, 1/2 Tag, Walk and Dodge, Partner Trade, Reverse Flutter Wheel, (Keep Her) Promenade Home
387. Four Ladies Chain, Heads Right and Left Thru, Square Thru 4, Swing Thru, Men Run, 1/2 Tag, Swing, Promenade, Bow to Partner
388. Circle Eight 1/2 Way, Head Ladies Chain, Heads Lead Right, Veer Left, 1/2 Tag, Centres Trade, Ends Trade, Men Run, Men Fold, Swing (RHL), Promenade

SCOOT BACK

389. Heads Square Thru 4, Swing Thru, Men Run Right, Ferris Wheel, Centres Pass Thru, Touch 1/4, Scoot Back, Men Fold, Ladies Turn Thru, Star Thru, Promenade Home
390. Heads Square Thru 4, Touch 1/4, Scoot Back, Men Run Right, Star Thru, Pass To The Centre, Centres Square Thru 3 (CB), Swing, Promenade
391. Heads Promenade 1/2, In the middle Square Thru 4, Right and Left Thru, Pass Thru, Trade By (CB), Touch 1/4, Scoot Back, Men Fold, Ladies Turn Thru, Star Thru, Promenade Home
392. Heads Square Thru 4, Touch 1/4, Scoot Back, Men Fold, Double Pass Thru,, Ladies U-Turn Back, Star Thru, Ladies Trade, Men Trade, Partner Trade, Promenade Home

393. Heads Slide Thru, California Twirl, Touch 1/4, Scoot Back, Men Run, Right and Left Thru, Dixie Style To A Wave, Men Cross Fold, Swing, Promenade
394. Heads Square Thru 4, Touch 1/4, Scoot Back, Men Run Right, Star Thru, Pass To The Centre, Centres Square Thru 3 (CB), Swing, Promenade
395. Heads Promenade 1/2, Pass the Ocean, Extend, Swing Thru, Men Run, Ferris Wheel, Centres Pass Thru (CB), Touch 1/4, Scoot Back, Swing, Promenade
396. Heads Square Thru 4, Dosado to an Ocean Wave, Scoot back, Ladies Circulate, Men Trade, Men Cross Fold, Turn Thru (Lines Facing Out), Corner Swing, Promenade
397. Heads Square Thru, Swing Thru, Men Run Right, Tag the Line Left, Wheel and Deal (CB), Touch 1/4, Scoot Back, Swing, Promenade

RECYCLE

398. Heads Square Thru 4, Dosado, Step to a Wave, Recycle, Sweep 1/4, Slide Thru, Right and Left Thru, Pass To The Centre, Centres Square Thru 3 (CB), Promenade Corner
399. Heads Square Thru 4, Split 2 Around 1 To A Line, Pass The Ocean, Swing Thru, Recycle (CB), Touch 1/4, Ladies Fold, Men Turn Thru, Swing, Promenade
400. Heads Lead Right, Right and Left Thru, Star Thru, Pass The Ocean, Recycle, Spin Chain Thru, Swing, Promenade
401. Heads Lead Right, Swing Thru, Spin Chain Thru, Men only Zoom, Recycle (CB), Eight Chain 4, Swing, Promenade
402. Heads Square Thru 4, Corner Dosado, Touch 1/4, Walk and Dodge, Partner Trade, Right and Left Thru, Pass the Ocean, Recycle (CB), Swing Corner, Promenade
403. Heads Square Thru, Step to an Ocean Wave, Ladies Trade, Recycle, Right and Left Thru, Dive Thru, Zoom, Centres Square Thru 3 (CB), Swing, Promenade
404. Heads Promenade 1/2, Down the middle Right and Left Thru, Touch 1/4, Men Run Right (CB), Swing Thru, Spin The Top, Recycle, Reverse Flutterwheel, Promenade
405. Heads Square Thru 4, Swing Thru, Men Run, 1/2 Tag, Walk and Dodge, Partner Trade, Pass the Ocean, Recycle (CB), Swing Corner, Promenade

406. HeadS Right and Left Thru, 1/2 Square Thru (CB), Dosado to a Wave,
Men Trade, Ladies Circulate Twice, Recycle, Swing Corner (Now RHL),
Promenade

The following singing calls are a bit dated but are from the Andy Shore's Singing Call Collection 1

Basic

1. 4 Ladies Chain 3/4, Heads Promenade 3/4, Centres Square Thru 3/4, Circle Left 3/4, Square Thru 3/4, Swing Corner and Promenade
2. 4 Ladies Chain 3/4, Heads Square Thru 4, Right and Left Thru, Veer Left, Couples Circulate, Ferris Wheel, Centres Pass Thru, All Pass Thru, Swing Corner and Promenade
3. 4 Ladies Chain Across, Heads Promenade 1/2, Lead Right and Circle to a Line, Forward and Back, Pass the Ocean, All 8 Circulate go 1 and 1/2, Box the Gnat, Swing Corner and Promenade
4. 4 Ladies Chain Across, Heads Right and Left Thru, same two Star Thru Pass Thru, Swing Thru, Men Run Right, Couples Circulate, Wheel and Deal, Swing Corner and Promenade
5. Heads Box the Gnat, Square Thru 4, Touch 1/4, check your wave Centres Trade, Men Run Right, Right and Left Thru, Pass the Ocean, All 8 Circulate, Swing Corner and Promenade
6. Heads Lead Right, Circle to a Line, Forward and Back, Pass Thru, Wheel and Deal, Centres Sweep 1/4 more, Square Thru 4, Box the Gnat with the outside 2, Swing Corner and Promenade
7. Heads Lead Right, Circle to a Line, Forward and Back, Pass Thru, Wheel and Deal, Double Pass Thru, First Left Next Right, Square Thru 4, Swing Corner and Promenade
8. Heads Lead Right, Circle to a Line, Forward and Back, Touch 1/4, Column Circulate, Men Run Right, Swing Thru, Men Trade, Swing Thru, Ladies Trade, Ladies Run, Everybody U-Turn Back, Promenade
9. Heads Lead Right, Veer Left, Couples Circulate, Chain Down the Line, Pass Thru, Wheel and Deal, Centres Pass Thru, Right and Left Thru, Square Thru 3, Swing Corner and Promenade
10. Heads Lead Right, Veer Left, Couples Trade, Bend the Line, Right and Left Thru, Flutterwheel, Sweep 1/4 more, Square Thru 3, Swing Corner and Promenade
11. Heads Pass the Ocean, Extend, Swing Thru, Men Run Right, Couples Circulate, Chain Down the Line, Pass the Ocean, Ladies Trade, Swing Thru, Swing Corner and Promenade

12. Heads Pass Thru, Promenade Back Home, Sides Right and Left Thru, Square Thru 4, Right and Left Thru, Veer Left, Couples Circulate, Chain Down the Line, Keep Her and Promenade
13. Heads Promenade 1/2, Lead Right, Circle to a Line, Right and Left Thru, Square Thru 4, Trade By, Left Allemande, come back and Promenade
14. Heads Promenade 1/2, Lead Right, Dosado, Make a Wave, Ladies Trade, Ladies Run Right, Bend the Line, Forward and Back, Box the Gnat, Square Thru 2, Swing Corner and Promenade
15. Heads Promenade 1/2, Lead Right, Dosado, Swing Thru, Men Run Right, Bend the Line, Right and Left Thru, Star Thru, Square Thru 3, Swing Corner and Promenade
16. Heads Promenade 1/2, Lead Right, Right and Left Thru, Veer Left, Couples Circulate, Chain Down the Line, Pass the Ocean, Men Circulate - Ladies Trade, Swing Corner and Promenade
17. Heads Promenade 1/2, Lead Right, Veer Left, Bend the Line, Pass Thru, Wheel and Deal, Double Pass Thru, First Left Next Right, Right and Left Thru, Star Thru, Pass Thru, Swing Corner and Promenade
18. Heads Promenade 1/2, Lead Right, Veer Left, Ladies Trade, Couples Circulate, Ferris Wheel, Double Pass Thru, Leaders Trade, Square Thru 3, Swing Corner and Promenade
19. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Men Run Right, Couples Circulate, Chain Down the Line, Pass the Ocean, All 8 Circulate, Swing Corner and Promenade
20. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Men Run Right, Couples Circulate, Chain Down the Line, Star Thru, Pass Thru, Trade By, Swing Corner and Promenade
21. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Men Run Right, Couples Circulate, Wheel and Deal, Pass Thru, Trade By, Swing Corner and Promenade
22. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Ladies Run, Wheel and Deal, Dosado, Box the Gnat, Swing Corner and Promenade
23. Heads Promenade 1/2, come down the middle and Right and Left Thru, Flutterwheel, Star Thru, Centres Pass Thru, Right and Left Thru, Flutterwheel, Pass Thru, Swing Corner and Promenade
24. Heads Promenade 1/2, come down the middle and Right and Left Thru, Flutterwheel, Sweep 1/4 more, Pass Thru, Dosado, Swing Thru, Men Trade, Swing Corner and Promenade

25. Heads Promenade 1/2, come down the middle and Right and Left Thru, Flutterwheel, Sweep 1/4 more, Pass Thru, make a Right Hand Star, Heads Star Left in the middle Swing Corner and Promenade
26. Heads Promenade 1/2, come down the middle and Right and Left Thru, Flutterwheel, Sweep 1/4 more, Pass Thru, Right and Left Thru, Veer Left, Ferris Wheel, Centres Pass Thru, Swing Corner and Promenade
27. Heads Promenade 1/2, come down the middle and Right and Left Thru, Flutterwheel, Sweep 1/4 more, Zoom, Zoom Again, Centres Square Thru 5, Swing Corner and Promenade
28. Heads Promenade 1/2, come down the middle and Right and Left Thru, Pass Thru, Separate around 1 come down the middle and Right and Left Thru, Pass Thru, Swing Corner and Promenade
29. Heads Promenade 1/2, come down the middle and Right and Left Thru, Square Thru 4, Dosado, Swing Thru, Men Trade, Box the Gnat, Swing Corner and Promenade
30. Heads Promenade 1/2, come down the middle and Right and Left Thru, Square Thru 4, Right and Left Thru, Rollaway, Pass Thru, U-Turn Back, Swing Corner and Promenade
31. Heads Promenade 1/2, come down the middle and Right and Left Thru, Square Thru 4, Right and Left Thru, Veer Left, Ferris Wheel, Centres Pass Thru, Swing Corner and Promenade
32. Heads Promenade 1/2, come down the middle and Right and Left Thru, Square Thru 4, Split 2 Around 1 to a Line, Star Thru, California Twirl, Swing Corner and Promenade
33. Heads Promenade 1/2, come down the middle and Right and Left Thru, Square Thru 4, Split 2 Around 1 to a Line, Star Thru, California Twirl, Swing Thru, Men Trade, Swing Corner and Promenade
34. Heads Promenade 1/2, come down the middle and Right and Left Thru, Square Thru 4, Split 2 Around 1 to a Line, Touch 1/4, Men Run Right, Swing Corner and Promenade
35. Heads Promenade 1/2, come down the middle and Right and Left Thru, Star Thru, Pass Thru, Swing Thru, Men Run Right, Ferris Wheel, Centres Square Thru 3, Swing Corner and Promenade
36. Heads Promenade 1/2, come down the middle and Square Thru 4, Dosado, Square Thru 3, Trade By, Swing Corner and Promenade
37. Heads Promenade 1/2, come down the middle and Square Thru 4, Dosado, Swing Thru, Men Run Right, Couples Circulate, Chain Down the Line, Keep Her and Promenade

38. Heads Promenade 1/2, come down the middle and Square Thru 4, Dosado, Swing Thru Double, All 8 Circulate, Swing Corner and Promenade
39. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Dosado, Make a Wave, All 8 Circulate, Swing Thru, Men Trade, Swing Corner and Promenade
40. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, 1/2 Sashay, Pass Thru, Trade By, Box the Gnat, Square Thru 3, Allemande Left, Swing Corner and Promenade
41. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Pass Thru, Trade By, Swing Thru, Men Trade, Swing Corner and Promenade
42. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Rollaway, Box the Gnat, Square Thru 3, Trade By, Swing Corner and Promenade
43. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Star Thru, Square Thru 4 more, Trade By, Swing Corner and Promenade
44. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Touch 1/4, Ladies Run Right, Box the Gnat, Square Thru 2, Trade By, Swing Corner and Promenade
45. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Veer Left, Chain Down the Line, Square Thru 4, Trade By, Swing Corner and Promenade
46. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Veer Left, Ferris Wheel, Centres Pass Thru, Square Thru 3, Trade By, Swing Corner and Promenade
47. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Veer Left, Ferris Wheel, Centres Touch 1/4, Box Circulate - TWICE, Swing Corner and Promenade
48. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Veer Left, Ferris Wheel, Zoom, Double Pass Thru, Leaders Trade, Swing Corner and Promenade
49. Heads Promenade 1/2, come down the middle and Square Thru 4, Swing Thru, Men Run Right, Wheel and Deal, Square Thru 3, Trade By, Swing Corner and Promenade

50. Heads Promenade 1/2, come down the middle and Square Thru 4, Swing Thru, Men Trade, Men Run Right, Bend the Line, Star Thru, Pass Thru, Trade By, Swing Corner and Promenade
51. Heads Promenade 1/2, come down the middle and Square Thru 4, Swing Thru, Swing Thru Again, All 8 Circulate, Swing Corner and Promenade
52. Heads Promenade 1/2, come down the middle and Touch 1/4, Men Run Right, Right and Left Thru, Veer Left, Couples Circulate, Chain Down the Line, Square Thru 3, Swing Corner and Promenade
53. Heads Promenade 1/2, come down the middle and Touch 1/4, Men Run Right, Right and Left Thru, Veer Left, Couples Circulate, Chain Down the Line, Touch 1/4, Ladies Run Right, Swing Corner and Promenade
54. Heads Promenade 1/2, Sides Right and Left Thru, Square Thru 3, Separate around 1 to a Line, Star Thru, Centres arch and back up while the outsides duck under and come into the middle, Centres Square Thru 3, Swing Corner and Promenade
55. Heads Promenade 1/2, Sides Right and Left Thru, Square Thru 4, Dosado, Make a Wave, All 8 Circulate Twice, Swing Corner and Promenade
56. Heads Right and Left Thru, Star Thru, Pass Thru, Right and Left Thru, Veer Left, Chain Down the Line, Star Thru, Swing Corner and Promenade
57. Heads Rollaway and Star Thru, Dosado, Square Thru 3, Trade By, Right and Left Thru, 1/2 Sashay, Star Thru, California Twirl, Square Thru 3, Swing Corner and Promenade
58. Heads 1/2 Sashay, Heads Star Thru, Dosado, Swing Thru, Boys Run, Wheel and Deal, Right and Left Thru, Dive Thru, Centres Pass Thru, Swing Corner and Promenade
59. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Bend the Line, Reverse Flutterwheel, Star Thru, Swing Corner and Promenade
60. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Bend the Line, Right and Left Thru, Flutterwheel, Star Thru, Swing Corner and Promenade
61. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Couples Circulate, Ferris Wheel, Double Pass Thru, Leaders Trade, Swing Corner and Promenade
62. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Couples Circulate, Ferris Wheel, Zoom, Centres Square Thru 3, Swing Corner and Promenade

63. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Couples Circulate, Ladies Trade, Bend the Line, (or Chain Down the Line)
64. Star Thru, Pass Thru, Trade By, Swing Corner and Promenade
65. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Couples Circulate, Ladies Trade, Bend the Line, Pass the Ocean, All 8 Circulate, Swing Corner and Promenade
66. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Couples Circulate, Ladies Trade, Bend the Line, Star Thru, Pass Thru, Trade By, Swing Corner and Promenade
67. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Couples Circulate, Wheel and Deal, Pass Thru, Trade By, Swing Corner and Promenade
68. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Ferris Wheel, Centres Centres Pass Thru, Right and Left Thru, Rollaway, Swing Corner and Promenade
69. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Ferris Wheel, Centres Pass Thru, Star Thru, Square Thru 3, Swing Corner and Promenade
70. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Ferris Wheel, Centres Right and Left Thru - A Full Turn, Swing Corner and Promenade
71. Heads Square Thru 4, Dosado, Swing Thru, Men Trade, Men Run Right, Bend the Line, Square Thru 3, Swing Corner and Promenade
72. Heads Square Thru 4, Dosado, Swing Thru, Men Trade, Men Run Right, Chain Down the Line, Pass the Ocean, Swing Thru, Swing Corner and Promenade
73. Heads Square Thru 4, Dosado, Touch 1/4, Split Circulate, Men Run Right, Right and Left Thru, Pass the Ocean, Swing Thru, Swing Corner and Promenade
74. Heads Square Thru 4, Right and Left Thru, Veer Left, Couples Circulate, Chain Down the Line, Star Thru, Pass Thru, Trade By, Swing Corner and Promenade
75. Heads Square Thru 4, Right and Left Thru, Veer Left, Couples Circulate, Ferris Wheel, Double Pass Thru, Leaders Trade, Star Thru, Square Thru 3, Swing Corner and Promenade

76. Heads Square Thru 4, Right and Left Thru, Veer Left, Couples Circulate, Wheel and Deal, Right and Left Thru, Square Thru 3, Trade By, Swing Corner and Promenade
77. Heads Square Thru 4, with the Sides you make a Right Hand Star, Heads Star Left in the middle to the same 2 do a Right and Left Thru, Swing Thru, Swing Thru again, Swing Corner and Promenade
78. Heads Square Thru 4, Sides Rollaway, Dosado, Swing Thru, Men Run Right, Pass Thru, Wheel and Deal, Double Pass Thru, Leaders Trade, Swing Corner and Promenade
79. Heads Square Thru 4, Sides Rollaway, Swing Thru, Men Run Right, Right and Left Thru, Pass Thru, Wheel and Deal, Centres Square Thru 3, Swing Corner and Promenade
80. Heads Square Thru 4, Split 2 Around 1 to a Line, Box the Gnat, Right and Left Thru, Flutterwheel, Sweep 1/4 more, Pass Thru, U-Turn Back, Swing Corner and Promenade
81. Heads Square Thru 4, Swing Thru, Men Run Right, Couples Circulate, Chain Down the Line, Pass the Ocean, All 8 Circulate, Swing Corner and Promenade
82. Heads Square Thru 4, Swing Thru, Men Run Right, Ferris Wheel, Centres Square Thru FIVE, Swing Corner and Promenade
83. Heads Star Thru, Double Pass Thru, First Couple Left, Next Right, Forward and Back, Pass Thru, Wheel and Deal, Centres Right and Left Thru, Pass Thru, Swing Thru, Men Trade, Swing Corner and Promenade
84. Heads Promenade 1/2, come down the middle and Right and Left Thru, Flutterwheel, Sweep 1/4 more, Centres Pass Thru, Star Thru, Square Thru 3, Swing Corner and Promenade
85. Heads Promenade 1/2, come down the middle and Right and Left Thru, Flutterwheel, Sweep 1/4 more, Pass Thru, Right and Left Thru, Dive Thru, Square Thru 3, Swing Corner and Promenade
86. Heads Promenade 1/2, come down the middle and Right and Left Thru, Head 2 Ladies Chain 3/4, Side Men turn em and Roll her Away, Join Hands and Circle Left, Swing Corner and Promenade
87. 4 Ladies Chain Across, Heads Right and Left Thru and Rollaway, Join Hands and Circle Left, 4 Ladies Pass Thru - both Turn Left go Single File, 4 Men Pass Thru, Swing Corner and Promenade

88. 4 Ladies Chain Across, Turn and Chain 'em right back home, Put the Ladies Centre - back to back - Men Promenade the outside track, meet your partner Do Paso take your Corner, Promenade

BASIC More Difficult

89. Heads Box the Gnat, Square Thru 4, Touch 1/4, Split Circulate, Men Run Right, Wheel and Deal, Pass Thru, Trade By, Swing Corner and Promenade
90. Heads Flutterwheel, Sweep 1/4 more, Pass Thru, Swing Thru, Ladies Circulate, Men Trade, Men Run Right, Bend the Line, Right and Left Thru, Ladies Lead - Double Pass Thru, Ladies go LEFT, Men go Right, Swing Corner and Promenade
91. Heads Pass the Ocean, Extend, Recycle, Reverse Flutterwheel, Veer Right, Ferris Wheel, Centres Wheel Around, Star Thru, Square Thru 3, Swing Corner and Promenade
92. Heads Pass the Ocean, Extend, Swing Thru, Men Run Right, Ferris Wheel, Centres Square Thru 3, Split 2 Around 1 to a Line, Forward and Back, Box the Gnat, Right and Left Thru - Keep Her and Promenade
93. Heads Promenade 1/2, Lead Right, Square Thru 3, Trade By, Swing Thru, Men Run Right, Bend the Line, LEFT Touch 1/4, Column Circulate, Ladies Run, Swing Corner and Promenade
94. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Men Run Right, Ferris Wheel, Centres Dosado - go once and a 1/2, Swing Corner and Promenade
95. Heads Promenade 1/2, come down the middle and Right and Left Thru, Square Thru 4, Right and Left Thru, 3/4 Dosado to a wave boys in the Centre, Boys slide right nose to nose to the next girl, Ferris Wheel, Centres Pass Thru, Swing Corner and Promenade
96. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Pass Thru, Trade By, Star Thru, Square Thru 3, Swing Corner and Promenade
97. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Veer Left, Ferris Wheel, Centres Square Thru 3, Swing Corner and Promenade
98. Heads Reverse Promenade 1/2, LEFT Square Thru 4, LEFT Swing Thru, Ladies Run, Ferris Wheel - CENTRES WHEEL AROUND, Swing Corner and Promenade

99. Heads Square Thru 4, Dosado (look her in the eye), Star Thru, Reverse Flutterwheel, Sweep 1/4 more, make a Left Hand Star - 1 full turn, Men reach back - take your Corner and Promenade

MAINSTREAM FIGURES

100.4 Ladies Chain 3/4, Heads Square Thru 4, Swing Thru, Men Run Right, Wheel and Deal, Slide Thru, Square Thru 3, Allemande Left, come back and Promenade

101.4 Ladies Chain Across, Heads Pass the Ocean, Extend, Single Hinge, Split Circulate, Men Run Right, Pass the Ocean, Recycle, Touch 1/4, Scoot Back, Swing Corner and Promenade

102.4 Ladies Chain Across, Heads Promenade 1/2, Square Thru 4, Dosado, Swing Thru, Men Run Right, 1/2 Tag, Scoot Back, Swing Corner and Promenade

103.4 Ladies Chain Across, Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Touch 1/4, Scoot Back, Swing Corner and Promenade

104.4 Ladies Chain Across, Heads Square Thru 4, Swing Thru, Men Run Right, Couples Circulate, Chain Down the Line, Slide Thru, Swing Corner and Promenade

105.All 4 Couples Rollaway, Heads Pass Thru, Separate around 1 to a Line, Star Thru, Cloverleaf, Zoom, Centres Pass Thru, Swing Corner and Promenade

106.Heads Flutterwheel, Sweep 1/4 more, Pass Thru, Dosado, Swing Thru, Spin the Top, Right and Left Thru, Pass the Ocean, Ladies Trade, Men Cross Fold, Swing Corner and Promenade

107.Heads Lead Right and Circle Left 1/2 Way, Dosado, Make a Wave, All 8 Circulate, Swing Thru, Men Run Right, Tag the Line, Ladies go LEFT, Men go RIGHT, Swing Corner and Promenade

108.Heads Lead Right, Circle to a Line, Forward and Back, Pass the Ocean, Ladies Trade, Recycle, Right and Left Thru, Square Thru 3, Swing Corner and Promenade

109.Heads Lead Right, Circle to a Line, Forward and Back, Pass the Ocean, Scoot Back, Ladies Circulate, Single Hinge, Men Run Right, Pass the Ocean, Scoot Back, Swing Corner and Promenade

110.Heads Lead Right, Circle to a Line, Forward and Back, Pass Thru, Wheel and Deal, Double Pass Thru, First 2 Left, Next 2 Right, Right and Left Thru, Star Thru, Pass Thru, Swing Corner and Promenade

111. Heads Lead Right, Circle to a Line, Forward and Back, Touch 1/4, Column Circulate, Men Run Right, Swing Thru, Men Trade, Turn Thru, Allemande Left, come back and Promenade
112. Heads Lead Right, Right and Left Thru, Veer Left, Couples Circulate, Bend the Line, Touch 1/4, Column Circulate, Men Run Right, Right and Left Thru, Pass to the Centre (Dive Thru) Centres Square Thru 3, Swing Corner and Promenade
113. Heads Lead Right, Veer Left, Men Run Right, Men Trade, Swing Thru, Recycle, Veer Left, Bend the Line, Right and Left Thru, Touch 1/4, Circulate, Face Right, Slide Thru, Right Pull By, Allemande Left, Promenade
114. Heads Pass the Ocean, Centre Men Trade, Centre Wave Recycle, Double Pass Thru, Cloverleaf, Centres Pass Thru, Right and Left Thru, Swing Thru, Men Trade, Swing Corner and Promenade
115. Heads Pass the Ocean, Extend, Swing Thru, Men Run Right, 1/2 Tag, Scoot Back, Hinge, All 8 Circulate, Swing Thru, Men Trade, Turn Thru, Allemande Left, come back and Promenade
116. Heads Pass the Ocean, Ladies Trade, Recycle, Pass Thru, Touch 1/4, Walk and Dodge, Partner Trade, Pass the Ocean, Swing Thru, Swing Thru Again, Men Cross Fold, Swing Corner and Promenade
117. Heads Pass Thru, Partner Trade, Reverse Flutterwheel, Sweep 1/4 more, Centres Pass Thru, Square Thru 3, Trade By, Touch 1/4, Scoot Back, Swing Corner and Promenade
118. Heads Pass Thru, Promenade Home, Sides Square Thru 4, Right and Left Thru, Veer Left, Ferris Wheel, Centres Pass Thru, Touch 1/4, Scoot Back, Swing Corner and Promenade
119. Heads Pass Thru, Separate around 2 to a Line, Forward and Back, Touch 1/4, Men Run Right, Dosado, Swing Thru, Men Trade, Turn Thru, Allemande Left, come back and Promenade
120. Heads Promenade 1/2, Lead Right, Circle to a Line, Right and Left Thru, Pass Thru, Wheel and Deal, Centres Swing Thru, Turn Thru, Allemande Left (Keep Her) and Roll Promenade
121. Heads Promenade 1/2, Lead Right, Dosado, Swing Thru, Men Run Right, Bend the Line, Right and Left Thru, Slide Thru, Square Thru 3, Swing Corner and Promenade
122. Heads Promenade 1/2, Lead Right, Veer Left, Bend the Line, Pass Thru, Tag the Line Face In, Pass Thru, Tag the Line Face In, Star Thru, Square Thru 3, Swing Corner and Promenade

123. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Ladies Trade, Recycle, Veer Left, Ferris Wheel, Centres Right and Left Thru FULL TURN AROUND, Swing Corner and Promenade
124. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Ladies Trade, Recycle, Veer Left, Ferris Wheel, Centres Pass Thru, Touch 1/4, Scoot Back, Swing Corner and Promenade
125. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Ladies Trade, Swing Thru, Men Run Right, 1/2 Tag, Split Circulate, Scoot Back, Swing Corner and Promenade
126. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Ladies Trade, Swing Thru, Spin the Top, Recycle, Square Thru 3, Swing Corner and Promenade
127. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Hinge, Split Circulate, Men Run Right, Right and Left Thru, Flutterwheel, Slide Thru, Swing Corner and Promenade
128. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Single Hinge, Scoot Back, Men Run Right, Right and Left Thru, Flutterwheel, Reverse Flutterwheel, Keep Her and Promenade
129. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Spin the Top (girl walk up), Men Run Right, Couples Hinge, Tag the Line, Cloverleaf, Ladies Turn Thru, Star Thru, Promenade
130. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Men Run Right, Bend the Line, REVERSE Flutterwheel, Slide Thru, Pass Thru, Allemande Left, Swing Corner and Promenade
131. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Men Run Right, Bend the Line, Right and Left Thru, Dixie Style to a Wave, Ladies Circulate, Allemande Left, come back and Promenade
132. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Men Run Right, Bend the Line, Right and Left Thru, Flutterwheel, Slide Thru, Swing Corner and Promenade
133. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Men Run Right, Bend the Line, Right and Left Thru, Pass the Ocean, Men Cross Fold, Swing Corner and Promenade
134. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Men Run Right, Ferris Wheel, Centres Pass Thru, Touch 1/4, Scoot Back, Swing Corner and Promenade

135. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Men Run Right, 1/2 Tag, Scoot Back, Men Fold, Double Pass Thru, Ladies U-Turn Back, Swing Corner and Promenade
136. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Men Run Right, 1/2 Tag, Scoot Back, Men Run Right, Slide Thru, Box the Gnat, Swing Corner and Promenade
137. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Men Run Right, 1/2 Tag, Scoot Back, Men Run Right, Slide Thru, Swing Corner and Promenade
138. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Men Run Right, 1/2 Tag, Walk and Dodge, Partner Trade, Pass the Ocean, Recycle, Swing Corner and Promenade
139. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Men Run Right, 1/2 Tag, Walk and Dodge, Partner Trade, Reverse Flutterwheel, Keep Her and Promenade
140. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Men Run Right, Tag the Line, Face Right, Ferris Wheel, Centres Pass Thru, Touch 1/4, Scoot Back, Swing Corner and Promenade
141. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Men Run Right, Tag the Line, Ladies U-Turn Back, Touch 1/4, Ladies Trade, Swing Thru, Men Trade, Swing Corner and Promenade
142. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Men Trade, Men Run Right, Chain Down the Line, Pass the Ocean, Recycle, Swing Corner and Promenade
143. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Men Trade, Hinge, Split Circulate Twice, Men Fold, Double Pass Thru, Ladies Turn Back, Swing Corner and Promenade
144. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Men Trade, Single Hinge, Scoot Back, Scoot Back, Swing Corner and Promenade
145. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Spin the Top, Right and Left Thru, Flutterwheel, Men Walk Ladies Dodge, Swing Corner and Promenade

146. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Spin the Top, Right and Left Thru, Rollaway, Box the Gnat, Slide Thru, Swing Corner and Promenade
147. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Spin the Top, Right and Left Thru, Square Thru 3, Swing Corner and Promenade
148. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Spin the Top, Spin the Top once more, Ladies move up and Swing Thru, Swing Corner and Promenade
149. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Swing Thru AGAIN, Ladies Run Right, Tag the Line, Men U-Turn Back, Box the Gnat, same girl Swing and Promenade
150. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Swing Thru AGAIN, Recycle, Sweep 1/4 more, Square Thru 3, Swing Corner and Promenade
151. Heads Promenade 1/2, come down the middle and Pass the Ocean, Recycle, Pass Thru, Right and Left Thru, Veer Left, Couples Circulate, Bend the Line, Touch 1/4, Column Circulate, Men Run Right, Swing Corner and Promenade
152. Heads Promenade 1/2, come down the middle and Right and Left Thru, Flutterwheel, Sweep 1/4 more, Pass Thru, Right and Left Thru, Swing Thru, Men Run Right, 1/2 Tag, Swing Corner and Promenade
153. Heads Promenade 1/2, come down the middle and Right and Left Thru, Flutterwheel, Sweep 1/4 more, Pass Thru, Right and Left Thru, Touch 1/4, LADIES FOLD, Double Pass Thru, MEN Turn Back, Swing Corner and Promenade
154. Heads Promenade 1/2, come down the middle and Right and Left Thru, Flutterwheel, Sweep 1/4 more, Pass Thru, Swing Thru, Men Trade, Turn Thru, Left Allemande, Swing Corner and Promenade
155. Heads Promenade 1/2, come down the middle and Right and Left Thru, Flutterwheel, Sweep 1/4 more, Pass Thru, Swing Thru, Spin the Top, Slide Thru, Swing Corner and Promenade
156. Heads Promenade 1/2, come down the middle and Right and Left Thru, Pass the Ocean, Extend, Swing Thru, Men Run Right, Couples Circulate, 1/2 Tag, Swing Corner and Promenade
157. Heads Promenade 1/2, come down the middle and Right and Left Thru, Slide Thru, Pass Thru, Touch 1/4, Scoot Back, Men Run Right, Star Thru, Pass Thru, Trade By, Swing Corner and Promenade

158. Heads Promenade 1/2, come down the middle and Right and Left Thru, Square Thru 4, Dosado, Slide Thru, Square Thru 3, Swing Corner and Promenade
159. Heads Promenade 1/2, come down the middle and Right and Left Thru, Square Thru 4, Dosado, Swing Thru, Men Trade, Turn Thru, Allemande Left, come back and Promenade
160. Heads Promenade 1/2, come down the middle and Right and Left Thru, Square Thru 4, Right and Left Thru, Rollaway, Touch 1/4, Scoot Back, Swing Corner and Promenade
161. Heads Promenade 1/2, come down the middle and Right and Left Thru, Square Thru 4, Swing Thru, Spin the Top, Recycle, Reverse Flutterwheel, Keep Her and Promenade
162. Heads Promenade 1/2, come down the middle and Right and Left Thru, Square Thru 4, Touch 1/4, Walk and Dodge, Partner Trade, Men Walk Ladies Dodge, Swing Corner and Promenade
163. Heads Promenade 1/2, come down the middle and Right and Left Thru, Square Thru 4, Touch 1/4, Walk and Dodge, Partner Trade, Right and Left Thru, Dixie Style to a Wave, Slip the Clutch, Allemande Left, come back and Promenade
164. Heads Promenade 1/2, come down the middle and Right and Left Thru, Star Thru, Pass Thru, Dosado, Swing Thru, Men Run Right, Couples Circulate, 1/2 Tag, Swing Corner and Promenade
165. Heads Promenade 1/2, come down the middle and Right and Left Thru, Star Thru, Pass Thru, Touch 1/4, Scoot Back, Men Run Right, Star Thru, Pass Thru, Trade By, Swing Corner and Promenade
166. Heads Promenade 1/2, come down the middle and Right and Left Thru, Touch 1/4, Men Run Right, Swing Thru, Spin the Top, Recycle, Reverse Flutterwheel, Keep Her and Promenade
167. Heads Promenade 1/2, come down the middle and Right and Left Thru, Touch 1/4, Men Run Right, Swing Thru, Spin the Top, Slide Thru, Swing Corner and Promenade
168. Heads Promenade 1/2, come down the middle and Square Thru 4, Dosado, Make a Wave, Ladies Trade, Recycle, Pass Thru, Trade By, Touch 1/4, Scoot Back, Scoot Back again, Swing Corner and Promenade
169. Heads Promenade 1/2, come down the middle and Square Thru 4, Dosado, Swing Thru, Men Run Right, Couples Circulate, 1/2 Tag, Swing Corner and Promenade

170. Heads Promenade 1/2, come down the middle and Square Thru 4, Dosado, Touch 1/4, Scoot Back, Men Run Right, Square Thru 2, Trade By, Swing Corner and Promenade
171. Heads Promenade 1/2, come down the middle and Square Thru 4, Pass the Ocean, Spin the Top, Men Run Right, Couples Circulate, 1/2 Tag, Swing Corner and Promenade
172. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Pass the Ocean, Recycle, Sweep 1/4 more, Pass Thru, Trade By, Swing Corner and Promenade
173. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Pass Thru, Trade By, Right and Left Thru, Pass to the Centre, Centres Square Thru 3, Swing Corner and Promenade
174. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Pass Thru, Trade By, Swing Thru, Men Trade, Turn Thru, Allemande Left, Swing Corner and Promenade
175. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Pass Thru, Trade By, Swing Thru, Spin the Top, Slide Thru, Swing Corner and Promenade
176. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Pass Thru, Trade By, Touch 1/4, Scoot Back, Men Fold, Ladies Turn Thru, Star Thru, Promenade
177. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Pass Thru, Trade By, Touch 1/4, Scoot Back, Scoot Back again, Swing Corner and Promenade
178. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Pass Thru, Trade By, Touch 1/4, Scoot Back, Swing Corner and Promenade
179. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Veer Left, Couples Circulate, Ladies Scoot Back, Men Fold, Swing Corner and Promenade
180. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Veer Left, Couples Circulate, 1/2 Tag, Cast Off 3/4, Men Run Right, Promenade
181. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Veer Left, Couples Circulate, 1/2 Tag, Scoot Back, Men FOLD, Ladies Turn Thru, Star Thru, Promenade

182. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Veer Left, Couples Circulate, 1/2 Tag, Scoot Back, (Scoot Back again, Swing Corner and Promenade
183. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Veer Left, Ferris Wheel, Centres Touch 1/4, Box Circulate TWICE, Swing Corner and Promenade
184. Heads Promenade 1/2, come down the middle and Square Thru 4, Slide Thru, Pass Thru, Partner Trade, Square Thru 4, Trade By, Swing Corner and Promenade
185. Heads Promenade 1/2, come down the middle and Square Thru 4, Swing Thru, Men Run Right, Tag the Line Face Right, Men Trade, Ladies Run Right, All 8 Circulate, Swing Corner and Promenade
186. Heads Promenade 1/2, come down the middle and Square Thru 4, Swing Thru, Spin the Top, Right and Left Thru, Rollaway, Star Thru, Trade By, Swing Corner and Promenade
187. Heads Promenade 1/2, come down the middle and Square Thru 4, Swing Thru, Spin the Top, Right and Left Thru, Star Thru, Pass Thru, Trade By, Swing Corner and Promenade
188. Heads Promenade 1/2, come down the middle and Square Thru 4, Swing Thru, Spin the Top, Square Thru 4, Trade By, Swing Corner and Promenade
189. Heads Promenade 1/2, come down the middle and Square Thru 4, Touch 1/4, Scoot Back, Men Run Right, Pass the Ocean, All 8 Circulate, Swing Corner and Promenade
190. Heads Promenade 1/2, come down the middle and Square Thru 4, Touch 1/4, Scoot Back, Men Run Right, Star Thru, Pass Thru, Trade By, Swing Corner and Promenade
191. Heads Promenade 1/2, come down the middle and Square Thru 4, Touch 1/4, Scoot Back, Single Hinge, Ladies Trade, Recycle, Pass Thru, Trade By, Swing Corner and Promenade
192. Heads Promenade 1/2, come down the middle and Star Thru, Pass Thru, Dosado, Swing Thru, Men Run Right, 1/2 Tag, Swing Thru, Centres Trade, Men Run Right, Slide Thru, Swing Corner and Promenade
193. Heads Promenade 1/2, come down the middle and Star Thru, Pass Thru, Right and Left Thru, Veer Left, Ladies Trade, Tag the Line all the way thru, Ladies Turn Back, Touch 1/4, Scoot Back, Swing Corner and Promenade

194. Heads Promenade 1/2, come down the middle and Touch 1/4, Men Run Right, Right and Left Thru, Veer Left, Couples Circulate, Bend the Line, Pass the Ocean, Recycle, Swing Corner and Promenade
195. Heads Promenade 1/2, come down the middle and Touch 1/4, Walk and Dodge, Swing Thru, Men Run Right, Bend the Line, Right and Left Thru, Slide Thru, Square Thru 3, Swing Corner and Promenade
196. Heads Promenade 1/2, Sides Right and Left Thru, Sides Flutterwheel, Sweep 1/4 more, Pass Thru, Right and Left Thru, Touch 1/4, Walk and Dodge, Partner Trade, Reverse Flutterwheel, Keep Her and Promenade
197. Heads Promenade 1/2, Sides Right and Left Thru, Touch 1/4, Men Run Right, Swing Thru, Spin the Top, Recycle, Reverse Flutterwheel, Keep Her and Promenade
198. Heads Promenade 3/4, Sides Dosado, Spin the Top, Pass Thru, Cloverleaf, Zoom, Centres Turn Thru, Swing Corner and Promenade
199. Heads Promenade 3/4, Sides Right and Left Thru, Pass Thru, Split 2 Around 1 to a Line, Box the Gnat, Pass Thru, Bend the Line, Pass the Ocean, Recycle, Square Thru 3, Swing Corner and Promenade
200. Heads Promenade 3/4, Sides Right and Left Thru, Pass Thru, Touch 1/4, Walk and Dodge, Partner Trade, Right and Left Thru, Slide Thru, Pass Thru, Swing Corner and Promenade
201. Heads Promenade 3/4, Sides Right and Left Thru, Pass Thru, Touch 1/4, Walk and Dodge, Partner Trade, Slide Thru, Square Thru 3, Swing Corner and Promenade
202. Heads Right and Left Thru, Dixie Style to a Wave, Extend, Left Swing Thru, Ladies Run, Bend the Line, Star Thru, Pass Thru, Swing Corner and Promenade
203. Heads Right and Left Thru, Square Thru 2, Touch 1/4, Split Circulate, Scoot Back (Ladies in)
204. Walk and Dodge, Partner Trade, Square Thru 3, Swing Corner and Promenade
205. Heads Right and Left Thru, Square Thru 4, Right and Left Thru, Pass Thru, Trade By, Swing Thru, Spin the Top, Slide Thru, Swing Corner and Promenade
206. Heads Right and Left Thru, Square Thru 4, Touch 1/4, Ladies Fold, Double Pass Thru, Face Right, Ladies Trade, Ferris Wheel, Centres Square Thru 3, Swing Corner and Promenade

207. Heads Square Thru 4, Dosado, Make a Wave, Ladies Trade, Recycle, Slide Thru, Right and Left Thru, Square Thru 3, Swing Corner and Promenade
208. Heads Square Thru 4, Dosado, Make a Wave, Ladies Trade, Swing Thru, Men Run Right, Tag the Line, Zoom, Men Turn Back, Swing Corner and Promenade
209. Heads Square Thru 4, Dosado, Make a Wave, Recycle, Pass the Ocean, Spin the Top, Turn Thru, Left Allemande, Swing Corner and Promenade
210. Heads Square Thru 4, Dosado, Make a Wave, Recycle, Sweep 1/4 more, Right and Left Thru, Square Thru 3, Swing Corner and Promenade
211. Heads Square Thru 4, Dosado, Make a Wave, Recycle, Sweep 1/4 more, Slide Thru, Right and Left Thru, Pass to the Centre, Centres Square Thru 3, Swing Corner and Promenade
212. Heads Square Thru 4, Dosado, Slide Thru, Right and Left Thru, Rollaway, Box the Gnat, Square Thru 3, Swing Corner and Promenade
213. Heads Square Thru 4, Dosado, Swing Thru, All 8 Circulate, Men Run Right, Ferris Wheel, Centres Pass Thru, Touch 1/4, Scoot Back, Swing Corner and Promenade
214. Heads Square Thru 4, Dosado, Swing Thru, Men Cross Run, Chain Down the Line, Pass the Ocean, Recycle, Swing Corner and Promenade
215. Heads Square Thru 4, Dosado, Swing Thru, Men Cross Run, Ladies Trade, Ladies Run, Bend the Line, Flutterwheel, Slide Thru, Swing Corner and Promenade
216. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Bend the Line, Reverse Flutterwheel, Dixie Style to a Wave, Men Cross Fold, Swing Corner and Promenade
217. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Bend the Line, Right and Left Thru, Dixie Style to a Wave, Ladies Fold, Men Turn Back, Swing Corner and Promenade
218. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Bend the Line, Right and Left Thru, Dixie Style to a Wave, Slip the Clutch, Allemande Left, come back and Promenade
219. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Bend the Line, Right and Left Thru, Pass the Ocean, Recycle, Swing Corner and Promenade

220. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Bend the Line, Right and Left Thru, Touch 1/4, Walk and Dodge, Partner Trade, Swing Corner and Promenade
221. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Chain Down the Line, Dixie Style to a Wave, Men Trade, Men Run, 1/2 Sashay (Roll Him Away?), Promenade
222. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Ferris Wheel, Centres Pass Thru, Slide Thru, Square Thru 3, Swing Corner and Promenade
223. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Ferris Wheel, Centres Pass Thru, Touch 1/4, Scoot Back, Single Hinge, Scoot Back Again, Swing Corner and Promenade
224. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Ferris Wheel, Centres Pass Thru, Touch 1/4, Scoot Back, Swing Corner and Promenade
225. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Ferris Wheel, Centres Pass Thru, Touch 1/4, Walk and Dodge, Partner Trade, Men Walk Ladies Dodge, Swing Corner and Promenade, (cute - omit the Ladies Dodge)
226. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Ferris Wheel, Centres Slide Thru, Square Thru 4, Swing Corner and Promenade
227. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Ferris Wheel, Centres Veer Left, 1/2 Tag, Face LEFT, Swing Corner and Promenade
228. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, 1/2 Tag, Scoot Back, Men Run Right, Right and Left Thru - FULL TURN and a little more, Keep Her and Promenade
229. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, 1/2 Tag, Scoot Back, Men Run Right, Slide Thru, (clap hands)
230. Swing Corner and Promenade
231. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, 1/2 Tag, Scoot Back, Men Run Right, Slide Thru, Pass Thru, Allemande Left, come back and Promenade
232. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, 1/2 Tag, Scoot Back, Single Hinge, Ladies Trade, Recycle, Swing Corner and Promenade

233. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, 1/2 Tag, Walk and Dodge, Partner Trade, Pass the Ocean, Recycle, Swing Corner and Promenade
234. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, 1/2 Tag, Walk and Dodge, Partner Trade, Reverse Flutterwheel - go Men, Keep Her and Promenade
235. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Tag the Line, Cloverleaf, Ladies Square Thru 3, Swing Corner and Promenade
236. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Tag the Line, Face Right, Wheel and Deal, Pass Thru, U-Turn Back, Swing Corner and Promenade
237. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Tag the Line, Face Right, Wheel and Deal, Right and Left Grand, Swing Corner and Promenade
238. Heads Square Thru 4, Dosado, Swing Thru, Men Trade, Men Run Right, Bend the Line, Right and Left Thru, Dixie Style to a Wave, Men Cross Fold (or Cross Run), Swing Corner and Promenade
239. Heads Square Thru 4, Dosado, Swing Thru, Men Trade, Men Run Right, Bend the Line, Right and Left Thru, Pass the Ocean, Scoot Back, Swing Corner and Promenade
240. Heads Square Thru 4, Dosado, Swing Thru, Men Trade, Men Run Right, Bend the Line, Star Thru, Pass to the Centre (Dive Thru)
241. Centres Square Thru 3, Swing Corner and Promenade
242. Heads Square Thru 4, Dosado, Swing Thru, Men Trade, Men Run Right, 1/2 Tag, Scoot Back, Split Circulate, Swing Corner and Promenade
243. Heads Square Thru 4, Dosado, Swing Thru, Men Trade, Spin the Top, Recycle, Pass the Ocean, Men Fold, Ladies Turn Back, Swing Corner and Promenade
244. Heads Square Thru 4, Dosado, Swing Thru, Cast Off 3/4, Walk and Dodge, Men Run Right, Ladies Run, Ladies Fold, Star Thru, Promenade
245. Heads Square Thru 4, Dosado, Swing Thru, Cast Off 3/4, Walk and Dodge, Partner Trade, Square Thru 3, Swing Corner and Promenade
246. Heads Square Thru 4, Dosado, Swing Thru, Spin the Top, Pass Thru, Bend the Line, Square Thru 3, Swing Corner and Promenade

247. Heads Square Thru 4, Dosado, Swing Thru, Spin the Top, Right and Left Thru, 2 Ladies Chain Across, Send them Back - Dixie Style, Men Turn Back and Promenade
248. Heads Square Thru 4, Dosado, Swing Thru, Spin the Top, Right and Left Thru, Flutterwheel, Sweep 1/4 more, Swing Corner and Promenade
249. Heads Square Thru 4, Dosado, Swing Thru, Spin the Top, Right and Left Thru, Rollaway, Star Thru, California Twirl, Swing Corner and Promenade
250. Heads Square Thru 4, Dosado, Swing Thru, Spin the Top, Right and Left Thru, Square Thru 3, Swing Corner and Promenade
251. Heads Square Thru 4, Dosado, Swing Thru, Spin the Top, Right and Left Thru, Square Thru on 3 Slide Thru, Swing Corner and Promenade
252. Heads Square Thru 4, Dosado, Swing Thru, Spin the Top, Right and Left Thru, Touch 1/4, Ladies Run Right, Swing Corner and Promenade
253. Heads Square Thru 4, Dosado, Swing Thru, Spin the Top, Single Hinge, Column Circulate, Men Run Right, Square Thru 3, Swing Corner and Promenade
254. Heads Square Thru 4, Dosado, Swing Thru, Spin the Top, Slide Thru, Pass Thru, Allemande Left, Swing Corner and Promenade
255. Heads Square Thru 4, Dosado, Swing Thru, Spin the Top, Slide Thru, Touch 1/4, Scoot Back, Scoot Back Again, Swing Corner and Promenade
256. Heads Square Thru 4, Dosado, Swing Thru, Spin the Top, Slide Thru, Touch 1/4, Walk and Dodge, Partner Trade, Men Walk Ladies Dodge, Swing Corner and Promenade
257. Heads Square Thru 4, Dosado, Swing Thru, Spin the Top, Spin the Top Again, Men Run Right, 1/2 Tag, Swing Corner and Promenade
258. Heads Square Thru 4, Dosado, Touch 1/4, Centres Trade, Swing Thru, Centres Run Right, Tag the Line, Leaders U-Turn Back, Swing Corner and Promenade
259. Heads Square Thru 4, Dosado, Touch 1/4, Scoot Back, Men Fold, Ladies Chain Across, Flutterwheel, Slide Thru, Swing Corner and Promenade
260. Heads Square Thru 4, Dosado, Touch 1/4, Scoot Back, Men Run Right, Reverse Flutterwheel, Sweep 1/4 more, Pass Thru, Allemande Left, come back and Promenade

261. Heads Square Thru 4, Dosado, Touch 1/4, Scoot Back, Men Run Right, Right and Left Thru, Dixie Style to a Wave, Men Cross Fold, Pass Thru, Allemande Left, come back and Promenade
262. Heads Square Thru 4, Dosado, Touch 1/4, Scoot Back, Men Run Right, Right and Left Thru, Dixie Style to a Wave, Men Cross Fold, Swing Corner and Promenade
263. Heads Square Thru 4, Dosado
264. Touch 1/4, Scoot Back, Men Run Right, Slide Thru, Pass to the Centre, Centres Square Thru 3, Swing Corner and Promenade
265. Heads Square Thru 4, Dosado, Touch 1/4, Scoot Back, Men Run Right, Square Thru 3, Men Fold, (Ladies shake a little) Star Thru, Promenade
266. Heads Square Thru 4, Dosado, Touch 1/4, Scoot Back, Cast Off 3/4, Men Trade, Men Run Right, Ferris Wheel, Centres Pass Thru, Swing Corner and Promenade
267. Heads Square Thru 4, Dosado, Touch 1/4, Split Circulate, Men Run Right, Reverse Flutterwheel, Slide Thru, Swing Corner and Promenade
268. Heads Square Thru 4, Dosado, Touch 1/4, Split Circulate, Swing Thru, Centres Trade, Walk and Dodge, Men Fold, Swing Corner and Promenade
269. Heads Square Thru 4, Dosado, Touch 1/4, Walk and Dodge, Partner Trade, Right and Left Thru, Flutterwheel, Slide Thru, Swing Corner and Promenade
270. Heads Square Thru 4, Make a Wave, Ladies Trade, Single Hinge, Walk and Dodge, Partner Trade, Touch 1/4, Column Circulate, Men Run Right, Square Thru 3, Swing Corner and Promenade
271. Heads Square Thru 4, Right and Left Thru, Swing Thru, All 8 Circulate, Spin the Top, Right and Left Thru, Rollaway, Box the Gnat, Change Ladies, Swing Corner and Promenade
272. Heads Square Thru 4, Right and Left Thru, Swing Thru, All 8 Circulate, Spin the Top, Square Thru 3, Swing Corner and Promenade
273. Heads Square Thru 4, Right and Left Thru, Swing Thru, Men Run Right, Bend the Line, Slide Thru, Touch 1/4, Split Circulate, Swing Corner and Promenade
274. Heads Square Thru 4, Right and Left Thru, Swing Thru, Men Run Right, 1/2 Tag, Scoot Back, Men Run Right, Square Thru 3, Swing Corner and Promenade

275. Heads Square Thru 4, Right and Left Thru, Touch 1/4, Scoot Back, Men Run Right, Right and Left Thru, Square Thru 3, Swing Corner and Promenade
276. Heads Square Thru 4, Right and Left Thru, Veer Left, Couples Circulate, Ferris Wheel, Double Pass Thru, Leaders Trade, Slide Thru, Square Thru 3, Swing Corner and Promenade
277. Heads Square Thru 4, Slide Thru, Right and Left Thru, Dixie Style to a Wave, Men Trade, Left Swing Thru, Ladies Trade, Ladies Run Left, Promenade
278. Heads Square Thru 4, Slide Thru, Right and Left Thru, Flutterwheel, Pass the Ocean, Swing Thru, Swing Corner and Promenade
279. Heads Square Thru 4, Split 2 Around 1 to a Line, Pass the Ocean, Swing Thru, Recycle, Touch 1/4, Ladies Fold, Men Turn Thru, Swing Corner and Promenade
280. Heads Square Thru 4, Split 2 Around 1 to a Line, Touch 1/4, Men Run Right, Swing Thru, Spin the Top, Slide Thru, Swing Corner and Promenade
281. Heads Square Thru 4, Swing Thru, Men Run Right, Bend the Line, Right and Left Thru, Pass the Ocean, Recycle, Swing Corner and Promenade
282. Heads Square Thru 4, Swing Thru, Men Run Right, Couples Circulate, Ferris Wheel, Double Pass Thru, Cloverleaf, Centres Pass Thru, Swing Corner and Promenade
283. Heads Square Thru 4, Swing Thru, Men Run Right, Couples Circulate, Ladies Trade, Cast Off 3/4, Star Thru, Pass Thru, Trade By, Swing Corner and Promenade
284. Heads Square Thru 4, Swing Thru, Men Run Right, Ferris Wheel, Centres Pass Thru, Slide Thru, Square Thru 3, Swing Corner and Promenade
285. Heads Square Thru 4, Swing Thru, Men Run Right, Tag the Line, Cloverleaf, Ladies Dosado, Square Thru 3, Star Thru, Promenade
286. Heads Square Thru 4, Touch 1/4, Scoot Back, Men Fold, Double Pass Thru, Ladies U-Turn Back, Star Thru, Ladies Trade, Men Trade, Partner Trade, Promenade
287. Heads Square Thru 4, Touch 1/4, Scoot Back, Men Run Right, Right and Left Thru, Dixie Style to a wave, Men Trade, Left Swing Thru, Ladies Trade, Ladies Run Left, Promenade

288. Heads Square Thru 4, Touch 1/4, Walk and Dodge, Partner Trade, Pass the Ocean, Swing Thru, Men Run Right, Tag the Line, Ladies U-Turn Back, Swing Corner and Promenade
289. Heads Star Thru, Pass Thru, Circle to a Line, Forward and Back, Pass Thru, Wheel and Deal, Double Pass Thru, Put Centres In, Cast Off 3/4, Star Thru, Centres Pass Thru, Swing Corner and Promenade
290. Heads Star Thru, Pass Thru, Circle to a Line, Pass Thru, Wheel and Deal, Centres Star Thru, Pass Thru, Cloverleaf, Centres Square Thru 3, Swing Corner and Promenade
291. Heads Pass Thru and Cloverleaf, Centres Swing Thru Twice, Extend, Ladies Trade, Ladies Run Right, Men Cross Run, Bend the Line, Right and Left Thru, Pass Thru, Swing Corner and Promenade
292. Heads Touch 1/4, Men Run Right, Square Thru 3, Partner Trade, Dosado, Touch 1/4, Scoot Back, Men Run Right, Right and Left Thru, Pass Thru, Swing Corner and Promenade
293. Heads Touch 1/4, Walk and Dodge, Dosado, Swing Thru, Men Run Right, Ferris Wheel, Centres Slide Thru, Touch 1/4, Walk and Dodge, Swing Corner and Promenade

MAINSTREAM MORE DIFFICULT

294. 4 Ladies Chain, Heads Rollaway, Slide Thru, Swing Thru, Swing Thru Again, Slide Thru, Right and Left Thru, Dixie Style to a Wave, Men Trade, Slip the Clutch, Allemande Left, come back and Promenade
295. Heads Box the Gnat and Slide Thru, Reverse Flutterwheel, Dixie Style to a Wave, Step Thru, Courtesy Turn, Square Thru 3, Swing Corner and Promenade
296. Heads Lead Right, Dosado, Swing Thru, Men Run Right, Bend the Line, Touch 1/4, Column Circulate, Men Run Right, Swing Thru, Ladies Circulate - Men Trade, Turn Thru, Allemande Left, Keep Her and Promenade
297. Heads Promenade 1/2, Lead Right, Dosado, Swing Thru, Men Run Right, Bend the Line, Square Thru 3, Tag the Line -
298. LADIES go Left, MEN go Right, Swing Corner and Promenade
299. Heads Promenade 1/2, come down the middle and Right and Left Thru, Heads Rollaway, Back Away, Sides Square Thru 4, Swing Thru, Centres Trade, Centres Run, Wheel and Deal, Square Thru Men 3 Ladies 4, Men Cloverleaf, Swing Corner and Promenade

300. Heads Promenade 1/2, come down the middle and Right and Left Thru, Slide Thru, Square Thru 3, Left Dosado - Make a Left Hand Wave, LEFT Swing Thru, Ladies Trade, Ladies Run, Promenade
301. Heads Promenade 1/2, come down the middle and Right and Left Thru, Square Thru 4, Touch 1/4, Walk and Dodge, Partner Trade, Men Walk straight across, Swing Corner and Promenade
302. Heads Promenade 1/2, Sides Star Thru, Pass Thru, Dosado, Swing Thru, Ladies Circulate, Men Trade, Turn Thru, Allemande Left, Weave By 3, Swing Corner and Promenade
303. Heads Promenade ALL THE WAY, Sides Square Thru 4, Touch 1/4, Scoot Back, Men Fold, 2 Ladies Chain Across, Chain Her Back, Keep Her and Promenade
304. Heads Right and Left Thru, Sides Lead Right, Swing Thru, Men Run Right, Couples Circulate, Bend the Line, Pass Thru, Tag the Line, Face In, Slide Thru, Swing Corner and Promenade
305. Heads Right and Left Thru, Star Thru, Pass Thru, Dosado, Make a Wave, Ladies Trade, Recycle, Right and Left Thru, Pass to the Centre, Zoom, Square Thru 3, Swing Corner and Promenade
306. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Bend the Line, Men Walk Ladies Dodge, Scoot Back and then, Scoot Back Again, Swing Corner and Promenade
307. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Bend the Line, Men Walk Ladies Dodge, Men Fold, Ladies Turn Thru, Swing Corner and Promenade
308. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Bend the Line, Right and Left Thru, Dixie Style to a Wave, Balance, Men U-Turn Back, Promenade
309. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Couples Circulate, Wheel and Deal, Swing Thru, Men Cross Fold, Pass Thru, Trade By, Swing Corner and Promenade
310. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Ferris Wheel, Centres Pass Thru, Touch 1/4, Scoot Back, Men FOLD, Ladies Turn Thru, Star Thru, Promenade
311. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Tag the Line, Face LEFT, Ferris Wheel, Centres Veer Right, Veer Left, Swing Corner and Promenade

312. Heads Square Thru 4, Dosado, Swing Thru, Men Trade, Men Run Right, Bend the Line, Right and Left Thru, Pass Thru, Partner Trade 1 and 1/2, Swing Corner and Promenade
313. Heads Square Thru 4, Dosado, Swing Thru, Men Trade, Men Run Right, Bend the Line, Slide Thru, make a Right Hand Star - turn it 1/2, Ladies U-Turn Back, Swing Corner and Promenade
314. Heads Square Thru 4, Dosado, Swing Thru, Swing Thru again, Ladies Run Right, Tag the Line, Ladies tap his shoulder, Men Turn Back, Swing Corner and Promenade
315. Heads Square Thru 4, Dosado, Touch 1/4, Split Circulate, Swing Thru, Centres Trade, Walk and Dodge, Swing Corner and Promenade
316. Heads Square Thru 4, Pass the Ocean, Spin the Top, Men Run Right, Ferris Wheel, Centres Pass Thru, Swing Corner and Promenade
317. Heads Square Thru 4, Put Centres In, Cast Off 3/4, Ends Run, Right and Left Thru, Slide Thru, Pass Thru, Left Allemande, Swing Corner and Promenade
318. Heads Square Thru 4, Sides Face Grand Square, Heads Cloverleaf - around just one --come down the middle and Pass Thru and Cloverleaf again - come down the middle and Square Thru 3, Swing Corner and Promenade
319. Heads Square Thru 4, Slide Thru, Right and Left Thru, 1/2 Sashay, Pass the Ocean (boys in centre), Swing Thru, Recycle, Veer Left, Ferris Wheel, Centres Pass Thru, Swing Corner and Promenade
320. Heads Square Thru 4, Split 2 Around 1 to a Line, Pass Thru, Tag the Line, Cloverleaf, Double Pass Thru, Face In, Star Thru, Swing Corner and Promenade
321. Heads Square Thru 4, Swing Thru, Men Cross Run, Ladies Trade, Ladies Run, Bend the Line, Right and Left Thru, Dixie Style to a Wave, Men Cross Run, Ladies Trade, Swing Corner and Promenade
322. Heads Square Thru 4, Swing Thru, Men Run Right, Ladies Scoot Back, Couples Circulate, Tag the Line, Cloverleaf, Ladies Turn Thru, Star Thru, Promenade
323. Heads Square Thru 4, Touch 1/4, Men Scoot and the Ladies Dodge, Partner Trade, Right and Left Thru, Pass the Ocean, Swing Thru, Men Trade, Swing Corner and Promenade
324. Heads Square Thru 4, Touch 1/4, Walk and Dodge, Partner Trade, Men Walk Ladies Dodge, Men Run Right, Right and Left Thru, Slide Thru, Swing Corner and Promenade

325. Heads Touch 1/4, Ladies Pass Thru, Centres Pass the Ocean, Others Hinge, Men Trade, Single Hinge, Men Run Right, Right and Left Thru, Swing Thru, Swing Thru Again, Swing Corner and Promenade
326. 4 Ladies Chain Across, Heads Promenade 1/2, Lead Right, Circle to a Line, Forward and Back, Star Thru, 8 Chain 3, Swing Corner and Promenade
327. All 4 Couples Promenade 1/2, Heads Square Thru 4, 8 Chain 5 (be sure its 5), Allemande Left, come back 1, Swing Corner and Promenade
328. Heads Promenade 1/2, Lead Right, Circle to a Line, Slide Thru, Dosado, 8 Chain 5, Swing Corner and Promenade

PLUS FIGURES

- 329.4 Ladies Chain Across, Heads Promenade 1/2, Sides Square Thru 4, Star Thru, Load the Boat, Swing Corner and Promenade
330. Head Ladies Chain, Heads Square Thru 2, Dosado, Swing Thru, Men Run Right, Acey Deucey, 1/2 Tag, Trade and Roll, Swing Corner and Promenade
331. Heads Flutterwheel, Square Thru 4, Slide Thru, Touch 1/4, Coordinate, Wheel and Deal, Swing Corner and Promenade
332. Heads Flutterwheel, Sweep 1/4 more, Double Pass Thru, Track Two, Single Hinge, Follow Your Neighbour 1/2 Spread, 8 Chain 4, Swing Corner and Promenade
333. Heads Flutterwheel, Sweep 1/4 more, Pass Thru, Dosado, Swing Thru, Ladies Fold, Peel Off, Ferris Wheel, Centres Pass Thru, Swing Corner and Promenade
334. Heads Lead Right, Circle to a Line, Forward and Back, Pass Thru, Tag the Line, Face In, Touch 1/4, Men Run Right, 8 Chain 5, Swing Corner and Promenade
335. Heads Lead Right, Circle to a Line, Forward and Back, Pass Thru, Wheel and Deal, Centres Dosado, Make a Wave, Ping Pong Circulate, Centres Swing Thru, Turn Thru, Swing Corner and Promenade
336. Heads Lead Right, Circle to a Line, Forward and Back, Right and Left Thru, Touch 1/4, Coordinate, Bend the Line, Star Thru, Pass Thru, Trade By, Swing Corner and Promenade
337. Heads Lead Right, Circle to a Line, Pass Thru, 3/4 Tag the Line, Centres Swing Thru, Others Trade, Extend, Men Run Right, Couples Circulate, Wheel and Deal, Swing Corner and Promenade
338. Heads Lead Right, Circle to a Line, Right and Left Thru, Pass Thru, Bend the Line, Centres Load the Boat, Ends Star Thru, 8 Chain 3, Swing Corner and Promenade
339. Heads Lead Right, Circle to a Line, Star Thru, Pass Thru, Trade By, Right and Left Thru, Outsides Rollaway, 8 Chain 3, Swing Corner and Promenade
340. Heads Lead Right, Circle to a Line, Touch 1/4, Coordinate, Couples Circulate, Bend the Line, Star Thru, Pass to the Centre, Centres Square Thru 3, Swing Corner and Promenade

341. Heads Lead Right, Right and Left Thru, Star Thru, Forward and Back, Pass the Ocean, Recycle, Dosado, Spin Chain Thru, Swing Corner and Promenade
342. Heads Lead Right, Veer Left, Chain Down the Line, Touch 1/4, Coordinate, Ferris Wheel, Centres Pass Thru, Touch 1/4, Ladies Run, Ladies Fold, Swing Corner and Promenade
343. Heads Pass the Ocean, Ping Pong Circulate, Extend, Swing Thru, Ladies Fold, Peel the Top, Right and Left Thru, Pass the Ocean, Swing Thru, Men Trade, Ladies Turn Back, Promenade
344. Heads Pass the Ocean, Recycle, Pass Thru, Right and Left Thru, Swing Thru, Men Run Right, Bend the Line, Right and Left Thru, Dosado, Make a Wave, Explode the Wave, Swing Corner and Promenade
345. Heads Pass Thru, Cloverleaf, Centres Square Thru 3, Single Circle, Acey Deucey, Men Run Right, Bend the Line, Grand Swing Thru, Ladies Fold, Peel the Top, Swing Corner and Promenade
346. Heads Promenade 1/2, Lead Right, Circle to a Line, Load the Boat, Touch 1/4, Follow Your Neighbour and Spread, Extend, Swing Corner and Promenade
347. Heads Promenade 1/2, Lead Right, Circle to a Line, Touch 1/4, Coordinate, Bend the Line, Slide Thru, Pass Thru, Trade By, Swing Corner and Promenade
348. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Explode the Wave, Chase Right, Men Run Right, Right and Left Thru, Slide Thru, Swing Corner and Promenade
349. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Fan the Top, Right and Left Thru, Flutterwheel, Square Thru 3, Swing Corner and Promenade
350. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Ladies Trade, Ladies Run, Tag the Line Face Right, Chain Down the Line, Slide Thru, Single Circle to a Wave, Rear Back, Swing Corner and Promenade
351. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Linear Cycle, Load the Boat, Swing Corner and Promenade
352. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Linear Cycle, Reverse Flutterwheel, Dixie Style to a Wave, Trade the Wave, Swing Corner and Promenade

353. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Single Hinge, Scoot Back, Single Hinge, Fan the Top, Recycle, Slide Thru, Swing Corner and Promenade
354. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Acey Deucey, Men Run Right, Bend the Line, Touch 1/4, Column Circulate, Men Run Right, Swing Corner and Promenade
355. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Men Run Right, 1/2 Tag, Follow Your Neighbour and Spread, Ladies Trade, Recycle, Swing Corner and Promenade
356. Heads Promenade 1/2, come down the middle and Pass the Ocean, Extend, Swing Thru, Spin the Top, Right and Left Thru, Pass the Ocean, Explode the Wave, Swing Corner and Promenade
357. Heads Promenade 1/2, come down the middle and Pass the Ocean, Ping Pong Circulate, Extend, Linear Cycle, Load the Boat, Pass Thru, Trade By, Swing Corner and Promenade
358. Heads Promenade 1/2, come down the middle and Right and Left Thru, Flutterwheel, Sweep 1/4 more, Pass Thru, Dosado, Make a Wave, Linear Cycle, Pass Thru, Swing Corner and Promenade
359. Heads Promenade 1/2, come down the middle and Right and Left Thru, Flutterwheel, Sweep 1/4 more, Pass Thru, Square Thru 4, Partner Trade and ROLL, Swing Corner and Promenade
360. Heads Promenade 1/2, come down the middle and Right and Left Thru, Pass the Ocean, Extend, Linear Cycle, Square Thru 4, Trade By, Swing Corner and Promenade
361. Heads Promenade 1/2, come down the middle and Right and Left Thru, Pass the Ocean, Ping Pong Circulate, Extend, Swing Thru, Men Run Right, Ferris Wheel, Zoom, Centres Pass Thru, Swing Corner and Promenade
362. Heads Promenade 1/2, come down the middle and Right and Left Thru, Square Thru 4, Dosado, Make a Wave, Linear Cycle, Slide Thru, Swing Corner and Promenade
363. Heads Promenade 1/2, come down the middle and Right and Left Thru, Square Thru 4, Dosado, Spin Chain Thru, Ladies Circulate Once, Swing Corner and Promenade
364. Heads Promenade 1/2, come down the middle and Right and Left Thru, Square Thru 4, Right and Left Thru, Slide Thru, Load the Boat, Swing Corner and Promenade

365. Heads Promenade 1/2, come down the middle and Right and Left Thru, Square Thru 4, Star Thru and Roll, Star Thru and Roll, Single Circle to a Wave, Swing Corner and Promenade
366. Heads Promenade 1/2, come down the middle and Right and Left Thru, Touch 1/4, Men Run Right, Right and Left Thru, Star Thru, Load the Boat, Swing Corner and Promenade
367. Heads Promenade 1/2, Sides Pass the Ocean, Extend, Relay the Deucey, Swing Corner and Promenade
368. Heads Promenade 1/2, Sides Pass the Ocean, Extend, Swing Thru, Men Run Right, Ferris Wheel, Double Pass Thru, Track Two, Swing Corner and Promenade
369. Heads Promenade 1/2, Sides Right and Left Thru, Flutterwheel, Sweep 1/4 more, Double Pass Thru, Track Two, Swing Thru, Men Trade, Swing Corner and Promenade
370. Heads Promenade 1/2, Sides Right and Left Thru, Touch 1/4, Men Run Right, Slide Thru, Right and Left Thru, Load the Boat, Swing Corner and Promenade
371. Heads Promenade 1/2, Sides Square Thru 2, Dosado, Spin Chain the Gears, Swing Corner and Promenade
372. Heads Promenade 1/2, Sides Square Thru 4, Pass Thru, Partner Trade, 8 Chain 6, Swing Corner and Promenade
373. Heads Promenade 1/2, Sides Square Thru 4, Right and Left Thru, Dosado, 8 Chain 6, Swing Corner and Promenade
374. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, 8 Chain 2, Touch 1/4, Scoot Back, Swing Corner and Promenade
375. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Pass Thru, Trade By, Single Circle to a Wave, Men Trade, Spin the Top, Slide Thru, Swing Corner and Promenade
376. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Pass Thru, Trade By, Star Thru, Pass Thru, Chase Right, Swing the one you're chasing, Promenade
377. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Pass Thru, Trade By, Swing Thru, Ladies Fold, Peel the Top, Slide Thru, Swing Corner and Promenade

378. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Touch 1/4, Follow Your Neighbour and Spread, All 8 Circulate, Swing Corner and Promenade
379. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Veer Left, Couples Circulate, Crossfire, Walk and Dodge, Partner Trade, Swing Corner and Promenade
380. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Veer Left, Couples Circulate, 1/2 Tag, Follow Your Neighbour and Spread, Swing Corner and Promenade
381. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Veer Left, Couples Circulate, 1/2 Tag, Trade and ROLL, Right Hand Pull By (*8 Chain 1*), Allemande Left, come back and Promenade
382. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Veer Left, Couples Circulate, 1/2 Tag, Trade and ROLL, Swing Corner and Promenade
383. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Veer Left, Ferris Wheel, Centres Veer Left, Crossfire, Walk and Dodge, Swing Corner and Promenade
384. Heads Promenade 1/2, come down the middle and Square Thru 4, Swing Thru, Men Run Right, Couples Circulate, Chain Down the Line, Pass Thru, Chase Right, Swing the one you're chasing, Promenade
385. Heads Promenade 1/2, come down the middle and Square Thru 4, Swing Thru, Men Run Right, 1/2 Tag, Trade and ROLL, Pass Thru, Trade By, Swing Corner and Promenade
386. Heads Promenade 1/2, come down the middle and Square Thru 4, Swing Thru, Ladies Fold, Peel the Top, Square Thru 4, Trade By, Swing Corner and Promenade
387. Heads Promenade 1/2, come down the middle and Square Thru 4, Touch 1/4, Follow Your Neighbour and Spread, Ladies Trade, Recycle, Pass Thru, Trade By, Swing Corner and Promenade
388. Heads Promenade 1/2, come down the middle and Square Thru 4, Touch 1/4, Scoot Back, Men Run Right, Slide Thru, 8 Chain 3, Allemande Left, Swing Corner and Promenade
389. Heads Promenade 1/2, come down the middle and Star Thru, Double Pass Thru, Track Two, All 8 Circulate - TWICE, Swing Corner and Promenade

390. Heads Promenade 1/2, come down the middle and Star Thru, Pass Thru, Square Thru on 3 Swing Thru, Men Trade, Men Run Right, Bend the Line, Slide Thru, Swing Corner and Promenade
391. Heads Promenade 1/2, come down the middle and Star Thru, Pass Thru, Star Thru, Pass Thru, Bend the Line, Load the Boat, Swing Corner and Promenade
392. Heads Promenade 1/2, come down the middle and Touch 1/4, Men Run Right, Pass the Ocean, Explode the Wave, Trade By, Dosado, Touch 1/4, Follow Your Neighbour and Spread, Men Run Right, Promenade.
393. Heads Right and Left Thru and 1/2 Sashay, Box the Gnat, look her in the eye, Fan the Top, Extend, Ladies Trade, Swing Thru, Men Trade, same Men Run Right, Tag the Line, go all the way thru, Ladies go Left, Men go Right, Swing Corner and Promenade
394. Heads Slide Thru, Right and Left Thru, Pass Thru, Left Touch 1/4, Men Run Left, Forward and Back, Box the Gnat, Square Thru 3, Chase Right, Swing the one you're chasing, Promenade
395. Heads Square Thru 4, Dosado, Box the Gnat, Fan the Top, Men Run Right, Wheel and Deal, Slide Thru, Pass Thru, Left Allemande, Swing Corner and Promenade
396. Heads Square Thru 4, Dosado, Make a Wave, Explode the Wave, Chase Right, Men Run Right, Square Thru 3, Swing Corner and Promenade
397. Heads Square Thru 4, Dosado, Make a Wave, Fan the Top, Recycle, Right and Left Thru, Square Thru 3, Swing Corner and Promenade
398. Heads Square Thru 4, Dosado, Make a Wave, Ladies Trade, Linear Cycle, Men Walk Ladies Dodge, Scoot Back, Swing Corner and Promenade
399. Heads Square Thru 4, Dosado, Make a Wave, Ladies Trade, Recycle, Veer Left, Ferris Wheel, Centres Touch 1/4, Follow Your Neighbour and Spread, Extend, Swing Corner and Promenade
400. Heads Square Thru 4, Dosado, Make a Wave, Ladies Trade, Recycle, Veer Left, Ferris Wheel, Double Pass Thru, Track Two, Swing Corner and Promenade
401. Heads Square Thru 4, Dosado, Spin Chain Thru, Ladies Circulate Twice, Box the Gnat, Pull By, Swing Corner and Promenade
402. Heads Square Thru 4, Dosado, Swing Thru, Acey Deucey, Men Run Right, Crossfire, Column Circulate, Men Run Right, Swing Corner and Promenade

403. Heads Square Thru 4, Dosado, Swing Thru, Acey Deucey, Men Run Right, Bend the Line, Slide Thru, Square Thru 3, Swing Corner and Promenade
404. Heads Square Thru 4, Dosado, Swing Thru, Men CROSS Fold, Touch 1/4, Men Run Right, Pass Thru, Chase Right, Swing the one you're chasing, Promenade
405. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Bend the Line, Right and Left Thru, Rollaway, Box the Gnat, Fan the Top, Swing Corner and Promenade
406. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Chain Down the Line, Pass Thru, Partner Trade and ROLL, Swing Corner and Promenade
407. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Couples Circulate, Wheel and Deal, Pass Thru, Trade By, Slide Thru and ROLL, Swing Corner and Promenade
408. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Ferris Wheel, Centres Pass Thru, Touch 1/4, Follow Your Neighbour and (1/2) Spread, Swing Corner and Promenade
409. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Ferris Wheel, Centres Right and Left Thru, Veer Left, Crossfire, Walk and Dodge, Swing Corner and Promenade
410. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Ferris Wheel, Centres Touch 1/4, Follow Your Neighbour and Spread, Extend, Swing Corner and Promenade
411. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Ferris Wheel, Double Pass Thru, Track Two, Swing Corner and Promenade
412. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Ferris Wheel and Spread, Star Thru, Centres Square Thru 3, Swing Corner and Promenade
413. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Ladies Trade, 1/2 Tag, Walk and Dodge, Partner Trade and Roll, Pass Thru, U-Turn Back, Swing Corner and Promenade
414. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, 1/2 Tag, Follow Your Neighbour and Spread, Ladies Trade, Swing Thru, Swing Corner and Promenade
415. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, 1/2 Tag, Scoot Back, Men Run Right, Slide Thru, Single Circle - Rear Back Swing Corner and Promenade

416. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, 1/2 Tag, Trade and Roll, Square Thru 3, Allemande Left, come back and Promenade
417. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, Tag the Line, Face Right, Men Hinge, Flip the Diamond, Ladies Trade, Swing Thru, Swing Corner and Promenade
418. Heads Square Thru 4, Dosado, Swing Thru, Men Trade, Men Run Right, Bend the Line, Pass Thru, Chase Right, Swing the one you're chasing, Promenade
419. Heads Square Thru 4, Dosado, Swing Thru, Men Trade, Men Run Right, 1/2 Tag, Walk and Dodge, Chase Right, Swing the one you're chasing, Promenade
420. Heads Square Thru 4, Dosado, Swing Thru, Men Trade, Spin the Top, Right and Left Thru, Dixie Style to a Wave, Trade the Wave, Swing Corner and Promenade
421. Heads Square Thru 4, Dosado, Swing Thru, Ladies Fold, Peel the Top, Right and Left Thru, Flutterwheel, Sweep 1/4 more, Swing Corner and Promenade
422. Heads Square Thru 4, Dosado, Swing Thru, Ladies Fold, Peel the Top, Right and Left Thru, Pass Thru, Chase Right, Swing the one you're chasing, Promenade
423. Heads Square Thru 4, Dosado, Swing Thru, Ladies Fold, Peel the Top, Right and Left Thru, Rollaway, Touch 1/4, Men Run Right, Swing Corner and Promenade
424. Heads Square Thru 4, Dosado, Swing Thru, Ladies Fold, Peel the Top, Right and Left Thru, Square Thru 3, Swing Corner and Promenade
425. Heads Square Thru 4, Dosado, Swing Thru, Ladies Fold, Peel the Top, Slide Thru, Touch 1/4, Follow Your Neighbour and Spread, Swing Corner and Promenade
426. Heads Square Thru 4, Dosado, Swing Thru, Ladies Fold, Peel the Top, Slide Thru, Touch 1/4, Scoot Back, Scoot Back, Swing Corner and Promenade
427. Heads Square Thru 4, Dosado, Swing Thru, Ladies Fold, Peel the Top, Square Thru 3, Chase Right, Swing the one you're chasing, Promenade
428. Heads Square Thru 4, Dosado, Swing Thru, Spin the Top, Right and Left Thru, Pass Thru, Chase Right, Swing the one you're chasing, Promenade

429. Heads Square Thru 4, Dosado, Swing Thru, Spin the Top, Right and Left Thru, Rollaway, straight in front - Single Circle, Rear Back and Slide Thru, Swing Corner and Promenade
430. Heads Square Thru 4, Dosado, Touch 1/4, Centres Trade, Swing Thru, Explode and Load the Boat, Swing Corner and Promenade
431. Heads Square Thru 4, Dosado, Touch 1/4, Follow Your Neighbour, Explode the Wave, Partner Trade, Slide Thru, Swing Corner and Promenade
432. Heads Square Thru 4, Dosado, Touch 1/4, Follow Your Neighbour and Spread, Ladies Trade, Recycle, Pass to the Centre, Centres Square Thru 3, Swing Corner and Promenade
433. Heads Square Thru 4, Dosado, Touch 1/4, Follow Your Neighbour and Spread, Ladies Trade, Swing Thru, Men Run Right, Bend the Line, Slide Thru, Swing Corner and Promenade
434. Heads Square Thru 4, Dosado, Touch 1/4, Follow Your Neighbour and Spread, Relay the Deucey, Swing Corner and Promenade
435. Heads Square Thru 4, Dosado, Touch 1/4, Split Circulate, Single Hinge, Fan the Top, Right and Left Thru, Square Thru 3, Swing Corner and Promenade
436. Heads Square Thru 4, Right and Left Thru, Swing Thru, Men Run Right, Ladies Trade, Wheel and Deal, Dosado, Fan the Top, Slide Thru, Swing Corner and Promenade
437. Heads Square Thru 4, Right and Left Thru, Swing Thru, Men Run Right, 1/2 Tag, Follow Your Neighbour and Spread, Explode and Square Thru 3, Swing Corner and Promenade
438. Heads Square Thru 4, Right and Left Thru, Swing Thru, Men Run Right, 1/2 Tag, Follow Your Neighbour and Spread, Explode the Wave, Chase Right, Swing the one you're chasing, Promenade
439. Heads Square Thru 4, Right and Left Thru, Swing Thru, Men Run Right, 1/2 Tag, Trade and Roll, Star Thru, Square Thru 3, Swing Corner and Promenade
440. Heads Square Thru 4, Right and Left Thru, Swing Thru, Spin the Top, Right and Left Thru, Pass Thru, Partner Trade and Roll, Swing Corner and Promenade
441. Heads Square Thru 4, Right and Left Thru, Touch 1/4, Scoot Back, Single Hinge, Fan the Top, Right and Left Thru, Flutterwheel, Slide Thru, Swing Corner and Promenade

442. Heads Square Thru 4, Right and Left Thru, Touch 1/4, Split Circulate, Men Run Right, Right and Left Thru, Dixie Style to a Wave, Trade the Wave, Swing Corner and Promenade
443. Heads Square Thru 4, Right and Left Thru, Veer Left, Couples Circulate, Chain Down the Line, Star Thru, Pass Thru, Trade By, Slide Thru and Roll, Swing Corner and Promenade
444. Heads Square Thru 4, Right and Left Thru, Veer Left, Ladies Hinge, Diamond Circulate, Flip the Diamond, Fan the Top, Right and Left Thru, Star Thru, Pass Thru, Left Allemande, Swing Corner and Promenade
445. Heads Square Thru 4, Right and Left Thru, Veer Left, Ladies Hinge, Diamond Circulate, Flip the Diamond, Ladies Trade, Explode and Square Thru 3, Swing Corner and Promenade
446. Heads Square Thru 4, Right and Left Thru, Veer Left, Ladies Hinge, Diamond Circulate, Flip the Diamond, Ladies Trade, Linear Cycle, Slide Thru, Swing Corner and Promenade
447. Heads Square Thru 4, Right and Left Thru, Veer Left, Ladies Hinge, Diamond Circulate, Flip the Diamond, Ladies Trade, Linear Cycle, Star Thru, Pass Thru, U-Turn Back, Swing Corner and Promenade
448. Heads Square Thru 4, Right and Left Thru, Veer Left, Ladies Hinge, Diamond Circulate, Flip the Diamond, Swing Thru, Men Run Right, 1/2 Tag, Walk and Dodge, Men Fold, Star Thru, Promenade
449. Heads Square Thru 4, Single Circle to a wave, Men Trade, Men Run Right, Ladies Hinge, Diamond Circulate, Cut the Diamond, Bend the Line, Pass Thru, Chase Right, Swing the one you're chasing, Promenade
450. Heads Square Thru 4, Single Circle to a wave, Fan the Top - Ladies move up, Turn Thru and Courtesy Turn, send her back with a Dixie Style, Men start - Swing Thru, then Chain Down the Line, Keep Her and Promenade
451. Heads Square Thru 4, Single Circle to a Wave, Men Trade, Spin the Top, Right and Left Thru, Rollaway, Touch 1/4, Men Run Right, Swing Corner and Promenade
452. Heads Square Thru 4, Slide Thru, Pass Thru, Chase Right, Men Run Right, Slide Thru, Pass to the Centre, Centres Square Thru 3, Swing Corner and Promenade
453. Heads Square Thru 4, Slide Thru, Right and Left Thru, Rollaway, Box the Gnat, Fan the Top, Recycle, Swing Corner and Promenade

454. Heads Square Thru 4, Swing Thru, Men Run Right, Ferris Wheel, Centres Pass Thru, Right and Left Thru, Star Thru, Pass Thru, Partner Trade and ROLL, Swing Corner and Promenade
455. Heads Square Thru 4, Swing Thru, Men Run Right, Ladies Hinge, Diamond Circulate, Cut the Diamond, Bend the Line, Square Thru 3, Swing Corner and Promenade
456. Heads Square Thru 4, Swing Thru, Men Run Right, 1/2 Tag, Ladies Run Right, Box the Gnat, Fan the Top, Swing Thru, Scoot Back, Swing Corner and Promenade
457. Heads Square Thru 4, Swing Thru, Spin the Top, Right and Left Thru, Dixie Style to a Wave, Ladies Cross Fold, Single Circle, Rear Back, Swing Corner and Promenade
458. Heads Square Thru 4, Touch 1/4, Follow Your Neighbour, Left Swing Thru, Trade the Wave, Men Run Right, Ferris Wheel, Centres Pass Thru, Swing Corner and Promenade
459. Heads Square Thru 4, Touch 1/4, Follow Your Neighbour, Left Swing Thru, Trade the Wave, Men Run Right, 1/2 Tag, Split Circulate Twice, Swing Corner and Promenade
460. Heads Square Thru 4, Touch 1/4, Follow Your Neighbour and Spread, Explode and Right and Left Thru, send her back Dixie Style, Men Trade, Men Run, Ladies Roll Him Away and Promenade.
461. Heads Square Thru On 3 Touch 1/4, Men Run Right, Circle to a Line, Forward and Back, Square Thru On 3 Spin the Top, Swing Corner and Promenade
462. Heads Touch 1/4, Men Run Right, Dosado, Make a Wave, Ladies Trade, Swing Thru, Men Run Right, Bend the Line, Pass the Ocean, Linear Cycle, Star Thru, Swing Corner and Promenade
463. Heads Touch 1/4, Men Run Right, Right and Left Thru, Veer Left, Ladies Hinge, Diamond Circulate, Flip the Diamond, Ladies Trade, Explode and Square Thru 3, Swing Corner and Promenade
464. Heads Touch 1/4, Men Run Right, Swing Thru, Men Run Right, Couples Circulate, Wheel and Deal, Pass Thru, Trade By, 8 Chain 5, Allemande Left, Swing Corner and Promenade
465. Heads Touch 1/4, Walk and Dodge, Touch 1/4, Split Circulate 1 and 1/2, Ladies Swing Thru, Ladies Cast Off 3/4, Men reach in and Courtesy Turn her, Slide Thru, Square Thru On 3 - Swing Corner and Promenade

PLUS CALLS DIFFERENT AND MORE DIFFICULT

466. Heads Box the Gnat and Slide Thru, Spin the Top, Box the Gnat, Fan the Top, Trade the Wave, Left Swing Thru, Ladies Trade, Ladies Run, Promenade
467. Heads Box the Gnat, Slide Thru, Swing Thru, Spin the Top, Right and Left Thru, Flutterwheel, Sweep 1/4 more, Single Circle - Rear Back, Star Thru and ROLL, Swing Corner and Promenade
468. (walk thru) Heads Lead Right, Circle to a Line, Forward and Back, Touch 1/4, Coordinate, Bend the Line, Right and Left Thru, put the lady in the lead but follow her for a Double Pass Thru, Face Left and Promenade
469. Heads Lead Right, Circle to a Line, Touch 1/4, Coordinate, Couples Circulate, Chain Down the Line, Pass Thru, Partner Trade, Men Walk straight across, Swing Corner and Promenade
470. Heads Lead Right, Veer Left, Fan the Top (2 faced), Wheel and Deal, Reverse Flutterwheel, Dixie Style to a Wave, Men Circulate, Left Swing Thru, Ladies Run Left, Promenade
471. (walk thru) Heads Pass the Ocean, Extend, Spin Chain Thru, Ladies Circulate Twice, Men Run Right, Bend the Line, Right and Left Thru, Slide Thru, Square Thru 3, Swing Corner and Promenade
472. Heads Pass the Ocean and Fan the Top, Single Hinge, Walk and Dodge, Swing Thru, Ladies Circulate Once, Spin Chain Thru, Men Circulate Twice, Recycle, Swing Corner and Promenade
473. Heads Pass Thru, Separate around 1 to a Line, Pass Thru, Tag the Line Face In, Centres Right and Left Thru, Ladies Chain, Centres Dixie Style to a Wave, Points Pass Thru, Others Step Thru, (**ALL PASS THRU**), Swing Corner and Promenade,
474. Heads Promenade 1/2, come down the middle and Right and Left Thru, Square Thru 4, Dosado, Touch 1/4, Scoot Back and the Ladies Roll, Men Run go 1&1/2, Promenade
475. Heads Promenade 1/2, come down the middle and Square Thru 4, Right and Left Thru, Touch 1/4, Follow Your Neighbour - NO Spread, All 8 Circulate, now Spread, Swing Corner and Promenade
476. Heads Promenade 1/2, come down the middle and Square Thru 4, Spin Chain Thru, Ladies Circulate Twice, Men Run Right, Tag the Line, Ladies go Left, Men go Right, Swing Corner and Promenade
477. Heads REVERSE Promenade 1/2, Lead LEFT, Veer RIGHT, Bend the Line, Forward and Back, Touch 1/4, Coordinate, Bend the Line, Square Thru 3, Swing Corner and Promenade

478. Heads Square Thru 4, Dosado, Make a Wave, Ladies Trade, Spin the Top, Box the Gnat, Fan the Top, Recycle, Star Thru and ROLL, Swing Corner and Promenade
479. Heads Square Thru 4, Dosado, Swing Thru, Men Run Right, 1/2 Tag, Follow Your Neighbour and Spread, Swing Thru, Recycle, Swing Corner and Promenade
480. Heads Square Thru 4, Dosado, Swing Thru, Men Trade, Men Run Right, Bend the Line, MEN Walk LADIES Dodge, Single Hinge, Fan the Top, Slide Thru, Swing Corner and Promenade
481. Heads Square Thru 4, Dosado, Swing Thru, Ladies Fold, Peel Off, Ladies Trade, Cast Off $\frac{3}{4}$ (Centres push), Load the Boat, Swing Corner and Promenade
482. Heads Square Thru 4, with the Sides make a Right Hand Star, Heads Star Left in the middle, Dosado, (back up and wink) Pass the Ocean, Linear Cycle, Swing Corner and Promenade
483. Heads Square Thru 4, with the Sides make a Right Hand Star, Heads Star Left in the middle - back to the Corner - Make a Wave, Ladies Trade, Linear Cycle, Men Walk Ladies Dodge, Ladies U-Turn Back, Promenade
484. Heads Square Thru 4, Swing Thru, Men Trade, Ladies Fold, Peel the Top, Right and Left Thru, Pass Thru, Chase Right, when the Men meet Follow Your Neighbour 1/2 Spread, Swing Corner and Promenade
485. Heads Square Thru 4, Touch 1/4, Scoot Back, Men Run Right, Right and Left Thru, Dixie Style to a Wave, Fan the Top, Left Square Thru 3, Swing Corner and Promenade
486. Heads Square Thru 4, Touch 1/4, Scoot Back, Fan the Top, Spin the Top, Swing Thru, Swing Thru, Swing Corner and Promenade
487. Heads Square Thru 4, Touch 1/4, Scoot Back, Split Circulate, Ladies Turn Back, Right and Left Thru, Dixie Style to a Wave, Take a Peek and Trade the Wave, Relay the Deucey, Swing Corner and Promenade
488. (walk thru) Heads Touch 1/4, Men Run Right, Single Circle to a Wave, Fan the Top, Turn Thru and Courtesy Turn, Dixie Style to a Wave, Men CROSS Run, Ladies Trade, Single Hinge, Scoot Back, Swing Corner and Promenade

A1 – These are older figures for A-1 and are meant to be progressive for an 8 week introduction session of workshops

Week 1

1. Heads Square Thru, Pass Thru, Right Roll To A Wave, Men Trade, Men Run, Ferris Wheel, Veer Left, Pass Thru, Right Roll To A Wave, Swing Corner...Promenade,
2. Heads Square Thru 2, Swing Thru, Scoot Back, Ladies Run, Couples Circulate, Wheel And Deal, Pass Thru, Right Roll To A Wave, Swing Thru, Men Trade, Swing...Promenade
3. Heads Pass Thru, Partner Trade, Star Thru, Double Pass Thru, Leaders Right Roll, Swing Thru, Men Run, Pass Thru, Wheel And Deal, Centres Pass Thru, Swing ...Promenade
4. Four Ladies Chain, Heads Touch 1/4, Ladies Run, Double Pass Thru, Leaders Right Roll, Acey Deucey, Swing Thru, Men Circulate, Scoot Back, Swing ...Promenade,
5. Heads Slide Thru, Right And Left Thru, Veer Left, Veer Right, All Veer Right, All Veer Left, Left Roll To A Wave, Left Swing Thru, Acey Deucey, Allemande Left, Promenade
6. Heads Touch 1/4, Men Run, Touch 1/4, Follow Your Neighbour, Men 1/4 Thru, Facing Diamond Circ, Flip The Diamond, Men Circulate, Wheel And Deal, Corner
7. Heads Pass The Ocean, Ladies Trade, Ladies Run, Turn And Deal, Pass Thru, Pass The Ocean, Fan The Top, Ladies Run, Turn And Deal, Pass Thru, Right Roll To A Wave, Swing...Promenade
8. Heads Square Thru, Swing Thru, Acey Deucey, Men Run, Ladies Trade, Turn And Deal, Pass Thru, Right Roll To A Wave, Ladies Circulate, Swing....Promenade, ,
9. (Open - Break - Close), Heads Wheel Thru, Circle To A Line, Pass Thru, Tag The Line, Quarter In, Pass Thru, Turn And Deal, Centres Swing Thru, Turn Thru, Allemande Left ...Prom
10. Heads Pass The Ocean, Ladies Trade, Ladies Run, Turn And Deal, Pass Thru, Swing Thru, Men Run, Bend The Line, Pass Thru, Turn And Deal, Square Thru 3 ...Corner
11. Heads Wheel Thru, Right And Left Thru, Swing Thru, Acey Deucey, 1/4 Thru, Swing Thru, Acey Deucey, 1/4 Thru, Acey Deucey, Swing Corner ...Promenade

12. (Open - Break - Close), Heads Touch 1/4, Men Run, Pass Thru, Right Roll To A Wave, 1/4 Thru, Swing Thru, Men Run, Load The Boat, Allemande LeftProm
13. (Open - Break - Close), Heads Promenade 1/2, Sides Square Thru, Touch 1/4, Centres Trade, 1/4 Thru, Men Run, Pass Thru , Wheel And Deal, Dixie Grand, Allemande Left....Prom
14. (Open - Break - Close), Heads Wheel Thru, Circle To A Line, Touch 1/4, Triple Scoot, In Your Four 1/4 Thru, Recycle, Cross Trail Thru, Allemande Left ., Promenade,
15. Heads Touch 1/4, Walk And Dodge, Touch 1/4, Split Circulate, Men Fold, Dixie Style To A Wave, Men 1/4 Thru, Ladies Quarter In, Extend, 1/4 Thru, Swing ...Promenade
16. , Heads Square Thru, Swing Thru, 3/4 Thru, Split Circulate , 3/4 Thru, Swing Thru, Swing Corner and Promenade, , ,
17. Heads Pass The Ocean, Swing Thru, Men Run, Veer Right, Touch 1/4, Split Circulate, 3/4 Thru, Men Circulate, Turn Thru, Swing Corner, Promenade,
18. Heads Ladies Chain, Heads Star Thru, Pass Thru, Touch 1/4, Ends Circulate, 3/4 Thru, Ladies Run, Pass Thru, Tag The Line, Leads Right Roll (Ow), Men Trade, Swing (Right Hand Lady)...Promenade
19. Heads Star Thru, Pass Thru, Pass Thru, Swing Thru, Men Run, Tag The Line - Right, Men 3/4 Thru, Diamond Circulate, Flip The Diamond, Ladies Cross Fold, Turn Thru.....Corner
20. Heads Wheel Thru, Touch 1/4, Scoot Back, Men Fold, Dixie Style (Ow), Men 3/4 Thru, Facing Diamond Circ, Flip The Diamond, Promenade, ,
21. (Open - Break - Close) T, Heads Wheel Thru, Pass The Ocean, Men Fold, Peel The Top, Men Run, Couples Circulate, Bend The Line, Wheel Thru, Trade By , Swing Thru - Turn Thru, Allemande Left ...Prom
22. Heads Wheel Thru, Circle To A Line, Touch 1/4, Coordinate, Turn And Deal, Wheel Thru, Partner Trade and Roll, SwingPromenade, , , ,
23. Heads Wheel Thru, Pass To The Centre, Star Thru, Wheel Thru, Touch 1/4, Follow Your Neighbour, Trade The Wave (Balance), Ladies Trade, Swing Thru - Turn Thru, Allemande Left ...Prom
24. Heads Pass Thru, Separate Around One - Lines, Wheel Thru, Men Pass Thru, Ladies Right Roll To A Wave, Centres Trade, Swing Thru, Scoot Back, Follow Your Neighbour and Spread, SwingPromenade

25. Heads Wheel Thru, Circle To A Line, Forward And Back, Wheel Thru, Centres Wheel Thru and Cloverleaf, All Pass Thru, Trade By , Touch 1/4, Follow Your Neighbour and Spread, SwingPromenade
26. (Open - Break - Close) T, Heads Wheel Thru, Chase Right, Men Run, Pass Thru, All Wheel Thru, Chase Right, Men Run, Touch 1/4, Triple Scoot, Men Run, Pass ThruCorner
27. Heads Wheel Thru, Veer Left, Ladies 1/4 Thru, Diamond Circulate, Cut The Diamond, Turn And Deal, Swing Thru, Scoot Back, Single Hinge and Roll, Swing Corner....Promenade
28. Heads Wheel Thru, Touch 1/4, Follow Your Neighbour, Left Swing Thru, Ladies 1/4 Thru, Facing Diamond Circulate, Cut The Diamond, Left Swing Thru, Men Cross Fold, SwingPromenade
29. Heads Ladies Chain, Heads Left Wheel Thru, Swing Thru, Men Trade, Swing Thru, Men Run, Couples Circulate, Bend The Line, Left Wheel Thru, Trade By, Allemande Left ...Promenade
30. Heads Wheel Thru, Veer Left, Ladies Hinge, Diamond Circulate, Cut The Diamond, Turn And Deal, Swing Thru, Acey Deucey, Explode And Roll, Turn Thru, Allemande Left ...Promenade

Week 2

31. Heads Pass The Ocean, Chain Reaction, 1/4 Thru, Swing Thru, 1/4 Thru, Ladies Run, Turn And Deal, Swing Thru, Swing Corner....Promenade,
32. Heads Left Wheel Thru, Touch 1/4 And Cross, Turn And Deal, Pass The Ocean, Lock It, Chain Reaction (RLG), Turn Thru, Allemande Left, Promenade,
33. (Open - Break - Close), Heads Pass The Ocean, Chain Reaction, Acey Deucey, Men Run, Couples Circulate, Bend The Line, Slide Thru, Square Thru 3, Allemande Left, Promenade
34. Heads Pass The Ocean, Ping Pong Circulate, Chain Reaction, Men Run, Wheel And Deal, Touch 1/4, Scoot Back, Swing, Promenade, ,
35. Heads Pass The Ocean, Chain Reaction, Men Run, Ferris Wheel, Double Pass Thru, Track Two, Scoot Back, Swing, Promenade,
36. Heads Promenade 1?2, Sides Pass The Ocean, Swing Thru, Heads 1/2 Sashay, Chain Reaction, Men (Ladies) Circ, Scoot Back, Swing, Promenade,

37. Heads Star Thru, Right Roll To A Wave, Centres Run, Couples Circulate, Bend The Line, Pass Thru, Wheel And Deal, Ladies Make A Wave, Chain Reaction, Split Circulate, Swing (Right Hand Lady), Promenade,
38. (Open - Break - Close), Heads Wheel Thru, Circle To A Line, Right And Left Thru, Pass In , Centres Swing Thru, Ladies Trade, Extend, Scoot Back, SwingPromenade, , ,
39. Heads Pass In , Square Thru 3, Pass In - Square Thru 3, Bend The Line, Pass The Ocean, Quarter Thru, Centres Trade, Quarter Thru, Centres Trade, Swing ...Promenade, ,
40. Heads Pass In , Double Pass Thru, Cloverleaf, Centres Pass Thru, Touch 1/4, Ladies Run, Pass In , Centres Swing Thru, Men Trade, Extend - Swing Thru, Ladies Trade, Men Run ...Promenade
41. 4 Ladies Chain, Heads Pass In , Double Pass Thru, Track Two, 3/4 Thru, Swing Thru, Scoot Back, Swing Corner ...Promenade, ,
42. (Open) Heads Wheel Thru, Circle To A Line, Forward And Back, Pass Out, Centres In, Cast Off 3/4, Pass Out, (Outside) Right Roll to a Wave Turn Thru, Allemande Left ...Promenade
43. Heads Touch 1/4 And Cross, Pass Out, Bend The Line, Pass In, Centres Pass Thru, Swing Thru, Acey Deucey, Turn Thru And Courtesy Turn, Pass Out and Roll, Swing Corner ...Promenade, ,
44. Heads Pass Out, Dosado (Same Sex), Lock It, Single Hinge , Men Run, Zoom, Centres Pass The Ocean, Lock It, Extend, Quarter Thru, Centres Trade, Swing Corner ...Promenade
45. Heads Ladies Chain, Dixie Style To A Wave, Extend To A Left Hand Wave, Lock It, Trade The Wave, Lock It, Single Hinge, Follow Your Neighbour, Extend To An Allemande Left, Promenade
46. Heads Pass The Ocean, Chain Reaction, 1/4 Thru, Swing Thru, 1/4 Thru, Ladies Run, Turn And Deal, Swing Thru, Swing Corner....Promenade,

Week 3

47. (Open / Break/Close), Heads Pass The Ocean, Ladies Trade, Recycle, Pass Thru, Touch 1/4, Follow Your Neighbour, Cast A Shadow, Turn And Deal, Pass Thru, Allemande Left...Promenade
48. (Open / Break/Close), Heads Star Thru, California Twirl, Square Thru Three, Trade By, Swing Thru, Ladies Run, Cast A Shadow, All 8 Circulate, SwingPromenade ,

49. (Open / Break/Close), Sides Pass Thru, Partner Trade, Square Thru, Swing Thru, Men Trade, Swing Thru, Men Run, Cast A Shadow, SwingPromenade,
50. Four Ladies Chain, Heads 1/2 Square Thru, Touch 1/4, Follow Your Neighbour And Spread, Ladies Trade, Men Run, Cast A Shadow, Men Circulate, Swing Corner Promenade,
51. Heads Promenade 1/2, Sides 1/2 Square Thru, Do-Sa-Do (Ow), Men Run, Cast A Shadow, Acey Deucey, Turn Thru, Allemande Left, Promenade Corner, ,
52. Heads Pass The Ocean, Ladies Trade , Ladies Run, Turn And Deal, Pass Thru, Swing Thru, Cast A Shadow, Men Circulate, Men Fold, Swing Corner...Promenade,
53. Heads Ladies Chain, Heads Left Wheel Thru, Swing Thru, Ladies U Turn Back, Cast A Shadow, Men Circulate, Quarter Thru, Centres Trade, Swing Corner...Promenade,
54. Heads Wheel Thru, Veer Left, Ladies Quarter Thru, Cut The Diamond, Cast A Shadow, Acey Deucey, All 8 Circulate, Left Swing Thru, Ladies Run.....Promenade,
55. Heads Left Wheel Thru, Swing Thru, Acey Deucey, Ladies Run , Cast A Shadow, Ladies Circulate, Quarter Thru, Centres Trade, Swing Corner....Promenade, , ,
56. Heads Left Wheel Thru, Veer Right, Cast A Shadow, Men Run, Bend The Line, Right And Left Thru, Left Wheel Thru, Trade By, Swing Thru, Ladies Cross Fold, Swing Corner.....Promenade,
57. H) Promenade 1/2, Sides Square Thru 2, Dosado (Ow), Men Run, Cast A Shadow, Acey Deucey, Turn Thru, Allemande Left Promenade, ,
58. Heads Square Thru, Swing Thru, Men Run, Ladies Cast Off 3/4, Six-Two Acey Deucey, Diamond Centres Hinge, Tag The Line, Leads Right Roll, Swing ... Promenade,
59. Four Ladies Chain, Heads Slide Thru, Pass Thru, Swing Thru, Men Run, Ladies Hinge, Diamond Circulate, Six-Two Acey Deucey, Flip The Diamond, Swing and Promenade,
60. Heads Square Thru, Touch 1/4, Centres Run, New Centres Hinge, Six-Two Acey Deucey, Flip The Diamond, Relay The Deucey, Men Run, Promenade, ,
61. Heads Wheel Thru, Touch 1/4, Split Circulate, Centres Run, Centres Hinge, Six-Two Acey Deucey, Flip The Diamond, All Eight Circulate, Ladies Circulate, Turn Thru, Allemande Left , Promenade

62. Heads Pass The Ocean, Ladies Trade, Ladies Run, Turn And Deal, Pass Thru, Swing Thru, Men Run, Bend The Line, Pass Thru, Turn And Deal, Square Thru 3 ...Corner,
63. Heads Wheel Thru, Pass The Ocean, Lock It, Men Circulate, Lock It, Recycle, Pass Thru, Bend The Line, Pass The Ocean, Lock It, Slide Thru, Swing Corner ...Promenade
64. Heads Slide Thru, Pass Thru, Swing Thru, Men Run, Ladies 1/4 Thru, Ladies Swing Thru, Six - Two Acey Deucey, Flip The Diamond - and Roll, Swing Corner, Promenade, ,
65. Heads Pass Out, Touch 1/4, Split Circulate, 1/4 Thru, Swing Thru, Men Run, Wheel Thru, Trade By, Right And Left Thru, Corner Swing....Promenade
66. Heads Ladies Chain, Heads Left Wheel Thru, Swing Thru, Ladies U Turn Back, Cast A Shadow, Men Circulate, 1/4 Thru, Centres Trade, Corner Swing.....Promenade,
67. Heads Right And Left Thru, Sides Wheel Thru, Swing Thru, Centres Hinge, Facing Diamond Circulate, Cut The Diamond, Cast A Shadow, Promenade, ,
68. Heads Wheel Thru, Veer Left, Ladies Hinge, Diamond Circulate, Cut The Diamond, Turn And Deal, Swing Thru, Acey Deucey, Explode And Roll, Turn Thru, Allemande Left ...Promenade

Week 4

69. (Open/Break/Close), Heads Left Wheel Thru, Touch 1/4 And Men Cross, Turn And Deal, Pass The Ocean, Lock It, Chain Reaction, Turn Thru, Allemande Left.....Promenade, ,
70. Heads Pass Thru, Cross Cloverleaf, Sides Star Thru, Pass Thru, Cross Cloverleaf, Centres Pass Thru, Swing Thru, Recycle, Pass Thru, Right Roll To A Wave, Swing...Promenade
71. Heads Ladies Chain, Heads Star Thru, Double Pass Thru, Cross Cloverleaf, Double Pass Thru, Cross Cloverleaf, Centres Pass Thru, Swing Thru, Turn Thru, Swing....Promenade,
72. (Open - Break - Close), Heads Wheel Thru, Circle To A Line, Pass Thru, Tag The Line, Quarter In, Pass Thru, Turn And Deal, Centres Swing Thru, Turn Thru, Allemande Left ...Prom
73. Heads Swing Thru, Turn Thru, Separate Around One, Forward And Back, Pass Thru, Wheel And Deal, Ladies Zoom, Double Pass Thru, Cross Cloverleaf, Men Swing Thru, Extend - Swing ...Promenade,

74. Heads Swing Thru, Men Trade, Turn Thru, Separate Around One, Pass Thru, Wheel And Deal, Double Pass Thru, Cross Cloverleaf, Ladies Only Pass Thru, Right Roll To A Wave, Extend -Swing ..Promenade
75. (Open - Break - Close), Heads 1/2 Sashay, Touch 1/4, Ladies Cross, Swing Thru, Men Run, Turn And Deal, Touch 1/4 And Cross, Partner Trade and Roll, Turn Thru, Allemande Left...Prom
76. (Open - Break - Close), Heads Right And Left Thru, Sides 1/2 Sashay, Sides Touch 1/4 And Cross, All Touch 1/4 And Cross, Turn And Deal, Pass Thru, Swing Thru, Turn Thru, Allemande Left, Promenade
77. Heads Touch 1/4 - Men Cross, Touch 1/4, Ends Circulate, Follow Your Neighbour, And Spread, Recycle, Touch 1/4 And Cross, Bend The Line, Pass The Ocean, Explode And Slide Thru, Allemande Left ...Prom
78. Heads 1/2 Sashay, Touch 1/4 And Cross, Swing Thru, Single Hinge, Men Run, Touch 1/4, Coordinate, Couples Circulate, Turn And Deal, Touch 1/4 And Cross, Promenade
79. Heads Star Thru, Double Pass Thru, Clover and Partner Trade, Traders Star Thru, Double Pass Thru, Clover and Right Roll , Fan The Top, Swing Thru, Extend, Swing ...Promenade,
80. Heads Pass Thru, Clover and Square Thru 3, Slide Thru, Pass Thru, Bend The Line, Pass The Ocean, Ladies Run, Men Hinge, Diamond Circulate, Flip The Diamond, Turn Thru....Allemande...Promenade
81. Heads Pass Thru, Clover and Pass The Ocean, Fan The Top, Extend, Swing Thru, Men Run, Ladies Circulate , Turn And Deal, Touch 1/4 And Cross, Men FoldSwing Prom,
82. Heads Pass Thru, Cross Clover and Star Thru, Pass Thru, Cross Clover and Pass Thru, Swing Thru, Ladies Run, Turn And Deal, Star Thru, Pass Thru, Chase Right, Swing ...Promenade
83. Heads Touch 1/4, Ladies Run, Double Pass Thru, Cross Clover And, Partner Trade, Slide Thru, Double Pass Thru, Track Two, Square Thru Three, Trade By, Swing ...Promenade
84. 4 Ladies Chain, Heads Star Thru, Double Pass Thru, Cross Clover And , Partner Trade, Star Thru, Pass Thru, Swing Thru, Acey Deucey, Single Hinge And Roll, Swing ...Promenade
85. Heads Touch 1/4, Walk And Dodge, Touch 1/4, Split Circulate, Men Fold, Dixie Style To A Wave, Men 1/4 Thru, Ladies Quarter In, Extend, 1/4 Thru, Swing ...Promenade

86. Heads Star Thru, Double Pass Thru, Quarter In, Pass Thru, Wheel And Deal, Ladies Swing Thru, Chain Reaction, Centres Circulate, Swing Corner, Promenade,
87. Sides Ladies Chain, Heads Pass In, Pass Thru, Swing Thru, Ladies U Turn Back, Wheel And Deal, Pass Thru, Clover and Pass In, Swing Thru, Turn Thru, Swing ... Promenade
88. Heads Ladies Chain, Heads Left Wheel Thru, Pass The Ocean, Lock It, Ladies Run, Tag The Line, Quarter In, 1/2 Breed Thru, Slide Thru, Swing Corner.....Promenade,
89. Heads Left Wheel Thru, Veer Right, Cast A Shadow, Men Run, Bend The Line, Right And Left Thru, Left Wheel Thru, Trade By, Swing Thru, Ladies Cross Fold, Swing Corner ...Promenade
90. (Open) Heads Wheel Thru, Circle To A Line, Right And Left Thru, Pass Thru, Tag The Line, Quarter In, Pass Thru, Quarter In, Right And Left Grand ..Promenade,
91. Heads Pass Thru Quarter In, Wheel Thru, Cloverleaf, Centres Wheel Thru and Cloverleaf, Double Pass Thru, Track Two, Single Hinge, Split Circulate, Quarter Thru, Swing ...Promenade
92. H) Pass Thru Quarter In, Square Thru 3, Pass Thru, Quarter In, Square Thru 3, Bend The Line, Right And Left Thru, Pass Thru, Quarter In, Touch 1/4, Swing ...Promenade
93. Heads Star Thru - California Twirl, All Quarter In, Turn Thru and Courtesy Turn, Square Thru 3, Bend The Line, Right And Left Thru, Star Thru, Quarter In, Turn Thru And Courtesy Turn...Promenade
94. (Open) Heads Wheel Thru, Circle To A Line, Forward And Back, Pass The Ocean, Ladies Run, Tag The Line, Quarter In, 1/2 Breed Thru, Cross Trail Thru, Allemande Left....Promenade
95. Heads Touch 1/4 - Men Cross, 1/2 Breed Thru, Veer Left, Tag The Line, Quarter In, Pass Thru, Tag The Line, Quarter In, 1/2 Breed Thru, Slide Thru, Square Thru 3 ...Corner
96. Heads Touch 1/4 And Cross, Pass Out, Bend The Line, Pass In, Centres Pass Thru, Swing Thru, Acey Deucey, Turn Thru And Courtesy Turn, Pass Out and Roll, Swing Corner ...Promenade,
97. (Open) Heads Wheel Thru, Circle To A Line, Forward And Back, Pass Out, Centres In, Cast Off 3/4, Pass Out, (Outside) Right Roll to a Wave Turn Thru, Allemande Left ...Promenade,

98. Heads Pass Thru, Quarter Out, Touch 1/4, Split Circulate, 1/4 Thru, Swing Thru, Men Run, Wheel Thru, Trade By, Right And Left Thru, Corner Swing....Promenade
99. Heads Ladies Chain, Sides Left Wheel Thru, Swing Thru, Single Hinge, Men Run, Right And Left Thru, Touch 1/4 And Cross, Quarter Out and Roll, Corner Swing.....Promenade, ,
- 100.Heads Pass Thru, Quarter Out, Touch 1/4, Split Circulate, 1/4 Thru, Swing Thru, Men Run, Wheel Thru, Trade By, Right And Left Thru, Corner Swing....Promenade
- 101.Heads Pass Thru, Cross Clover and Pass The Ocean, Lock It, Swing Thru, Chain Reaction, Swing Thru, Acey Deucey, Scoot Back, Swing Corner....Promenade
- 102.Heads Left Wheel Thru, Touch 1/4 And Cross, Turn And Deal, Pass The Ocean, Lock It, Chain Reaction (RLG), Turn Thru, Allemande Left, Promenade,
- 103.(Open - Break - Close), Heads Promenad2 1/2, Sides Slide Thru, Pass Thru, Swing Thru, Men Run, Cross Over Circulate, Cross Over Circulate, Wheel And Deal, Allemande Left.....Promenade
- 104.Heads Right And Left Thru, Sides Slide Thru, Pass Thru, Swing Thru, Scoot Back, Ladies Run, Cross Over Circulate, Cross Over Circulate, Turn And Deal, SwingPromenade
- 105.Heads Square Thru (Tuff), Slide Thru, Right And Left Thru, Dixie Style To A Wave, Men Only Walk And Dodge, ***Cross Over Circulate, Swing Nearest Girl, Promenade,
- 106.Heads Pass Thru (Tuff), Partner Trade, Star Thru, Double Pass Thru, Track Two, Cross Over Circulate, Cross Over Circulate, Scoot Back, SwingPromenade
- 107.(Open - Break - Close), Heads Promenade 1/2, Sides Slide Thru, Pass Thru, Touch 1/4, Scoot Back, Single Hinge, Cross Over Circulate, Trade The Wave, Square Thru 3, Trade By , Allemande LeftPromenade
- 108.(Open - Break - Close), Heads Wheel Thru, Swing Thru, Men Run, Cross Over Circulate, Turn And Deal, Pass Thru, Trade By, Swing Thru, Turn Thru, Allemande Left, SwingPromenade

Week 5

- 109.Heads Split Square Thru 3, Bend The Line, Pass Thru, Wheel And Deal, Double Pass Thru, Cross Cloverleaf, Men Swing Thru, Centres Trade, Extend, Swing....Promenade

110. (Open - Break - Close), Heads Split Square Thru, Trade By, Touch 1/4, Centres Trade, Men Run, Load The Boat, Swing Thru, Acey Deucey, Swing...Promenade
111. Heads Promenade 1/2, Sides Right And Left Thru, Split Square Thru 5, Tag The Line, Cross Cloverleaf, Centres Pass Thru, Swing ...Promenade,
112. Heads Split Square Thru 2, Trade By, Swing Thru, Men Run, Pass Thru, Chase Right, Split Circulate, Follow Your Neighbour, Trade The Wave, Swing ...Promenade
113. Sides Split Square Thru, Trade By, Swing Thru, Centres Run, New Centres Hinge, Six-Two Acey Deucey, Flip The Diamond, Ladies Trade, Scoot Back, Swing...Promenade
114. Heads Star Thru, Pass Thru, Circle To A Line, Pass Thru, Tag The Line, Quarter In, Touch 1/4, Transfer The Column, Quarter Thru, Swing...Promenade (Right Hand Lady)
115. Heads Right And Left Thru, Sides Pass Thru, Separate Around One, Lines Touch 1/4, Transfer The Column, Men Run (Forward and Back), Square Thru 3, Swing Corner., Promenade
116. Heads Wheel Thru, Circle To A Line, Touch 1/4, Transfer The Column, Centres Trade, Single Hinge, Ladies Circulate, Scoot Back, Swing Corner ...Promenade
117. Heads 1/2 Sashay, Sides Turn Thru, Separate Around One, Lines Pass Thru, Wheel and Deal and Spread, Touch 1/4, Transfer The Column, All 8 Circulate, Swing Thru, Swing ...Promenade,
118. Heads Touch 1/4, Men Run, Pass The Ocean, Single Hinge, Transfer The Column, Swing Thru, Men Run, Cross Trail Thru, Allemande LeftProm., ,
119. Heads Right And Left Thru, Sides Slide Thru, Pass Thru, Swing Thru, Scoot Back, Ladies Run, Cross Over Circulate, Cross Over Circulate, Turn And Deal, Swing and promenade
120. (Open) Heads 1/2 Sashay, Sides Turn Thru, Separate Around One, Lines Touch 1/4, Transfer The Column, All 8 Circulate, Men Run, Cross Trail Thru, Allemande Left, Swing ...Promenade,
121. Heads Right And Left Thru, Sides Square Thru, Swing Thru, Men Run, Tag The Line, Quarter In, Touch 1/4, Transfer The Column, Swing Corner,
122. Heads Right And Left Thru, Sides Slide Thru, Pass Thru, Swing Thru, Scoot Back, Ladies Run, Cross Over Circulate, Cross Over Circulate, Turn And Deal, Swing and promenade

- 123.(Open) Heads Square Thru, Swing Thru, Single Hinge, Men Run, Pass Thru, Bend The Line, Pass Thru, Wheel And Deal, Double Pass Thru, Horse Shoe Turn, Allemande Left....Promenade
- 124.H) Pass Thru, Partner Trade, Star Thru, Double Pass Thru, Horse Shoe Turn, Right And Left Thru, Veer Left, Couples Circulate, Turn And Deal, Turn Thru, Allemande Left, Promenade
- 125.Heads Slide Thru, Zoom, Double Pass Thru, Quarter In, Pass Thru, Tag The Line, Horse Shoe Turn, Swing Thru, Ladies Fold, Peel The Top, Slide Thru, Swing Corner...Promenade
- 126.Heads Slide Thru, Zoom, Double Pass Thru, Centres In, Step And Slide, Horse Shoe Turn, Relay The Deucey, Swing Corner...Promenade, , , ,
- 127.Heads Slide Thru, Zoom, Double Pass Thru, Centres In, Step And Slide, Horse Shoe Turn, Relay The Deucey, Swing Corner...Promenade, ,
- 128.Heads Square Thru, Centres In , Step And Slide, Quarter Out, Bend The Line, Pass Thru, Quarter Out, Partner Trade and Roll, Turn Thru And Courtesy Turn, Promenade
- 129.4 Ladies Chain, Heads Pass The Ocean, Men Run, Veer Left, Pass Thru, Horse Shoe Turn, Touch 1/4, Centres Circulate, Men Run, Square Thru 3 , Swing Corner ...Promenade

Week 6

- 130.Heads Star Thru, Double Pass Thru - Centres In , Explode The Line, Tag The Line, Quarter In, Pass Thru, Chase Right, Ladies Only Trade, Split Circulate, Swing...Promenade
- 131.Heads Touch 1/4, Men Run, Centres In, Explode The Line, Bend The Line, Pass The Ocean, Relay The Deucey, Men Run, Promenade ,
- 132.(Heads Square Thru, Touch 1/4, Split Circulate, Men Fold, Dixie Style To A Wave, Men Walk And Dodge, Ladies Circulate, Explode The Line, Swing Nearest...Prom, , ,
- 133.Heads Wheel Thru, Touch 1/4, Split Circulate, Men Run, Pass Thru, Tag The Line, Quarter In, Pass Thru, Explode The Line, Partner Trade and Roll, Turn Thru, Allemande Left.....Promenade
- 134.Heads Pass Out, All Pass Out, Explode And Pass In, Centres Pass Thru, Swing Thru, Men Run, Turn And Deal, Pass Out And Roll, Pass Thru, Allemande LeftPromenade
- 135.Heads Star Thru, California Twirl, Centres Out, "Explode" and Touch 1/4, Coordinate, Ladies Circulate, Turn And Deal, Swing Thru, Swing ... Promenade,

136. Heads Touch 1/4, Men Run, Slide Thru, Pass Thru, Bend The Line, Pass Thru, Tag The Line, Centres In , "Explode" and Pass The Ocean, "Explode" and Square Thru 3, Swing Corner ..Promenade,
137. Heads Pass Thru, Separate Around One, Lines Star Thru, Centres Pass Thru, Swing Thru, Ladies U Turn Back, Wheel And Deal, Centres Out, "Explode" and Roll, Turn Thru, Allemande Left, Promenade
138. Heads Star Thru, Zoom, Double Pass Thru, Centres In , "Explode" and Touch 1/4, Transfer The Column, Swing Thru, Centres Trade, Swing ...Promenade,
139. Heads Touch 1/4, Men Run, Centres In , "Explode" and (RandL Thru), Pass Thru, Bend The Line, Pass The Ocean, Recycle, Centres In , "Explode" and (Rev Flutter), Promenade
140. Heads Star Thru, Double Pass Thru, Centres In , Cast Off 3/4, Pass Thru, Ends Bend, Split Square Thru, Trade By, Pass Thru, Right Roll To A Wave, Swing ...Promenade
141. Heads Touch 1/4, Men Run, Centres In - Cast Off 3/4, Pass Thru, Ends Bend and Star Thru, Centres Square Thru 3, Swing Thru, Men Run, Turn And Deal, Swing ...Promenade,
142. Heads Star Thru and Spread, Pass Thru, Ends Bend, Split Square Thru, Right Roll To A Wave, Ladies Trade, Men Run , Ferris Wheel, Zoom, Pass Thru...Corner
143. Heads Turn Thru, Separate Around One, Lines Pass Thru, Ends Bend and Roll, Swing Thru, All 8 Circulate, All 8 Circulate, Swing Thru, Swing, Promenade
144. Heads Star Thru and Spread, Pass Thru, Ends Bend, Split Square Thru, Right Roll To A Wave, Ladies Trade, Men Run , Ferris Wheel, Zoom, Pass Thru, Swing ...Promenade,
145. Heads Pass Thru, Quarter In , Wheel Thru, Cloverleaf, Centres Pass Thru, Swing Thru, Single Hinge, Men Run, Pass Thru, Wheel And Deal, Swap Around, Swing Corner ...Promenade
146. Heads Star Thru, Swap Around, Swing Thru, Men Run, Couples Circulate, Bend The Line, Pass Thru, Wheel And Deal, Swap Around, Square Thru 3, Trade By.....Corner
147. Heads Promenade 1/2, Wheel Thru, Circle To A Line, Pass Thru, Bend The Line, Pass Thru, Wheel And Deal, Swap Around, Touch 1/4 , Scoot Back, Swing Corner...Promenade

148. Heads Promenade 1/2, Wheel Thru, Circle To A Line, Pass Thru, Bend The Line, Pass Thru, Wheel And Deal, Swap Around, Touch 1/4 - Scoot Back, Swing Corner...Promenade, ,
149. (Open - Break - Close), Heads Swap Around, Cloverleaf, Zoom, Double Pass Thru, Track Two, Swing Thru, Single Hinge -, Men Run, Square Thru 3, Wheel And Deal, Swap Around...Corner
150. Heads Swap Around, Separate Around One - Lines, Pass Thru, Wheel And Deal, Ladies Swap Around, Star Thru, Cross Over Circulate, Wheel And Deal, Single Circle To A Wave, Swing.....Promenade,
151. Heads Swap Around, Separate Around One - Lines, Pass Thru, Wheel And Deal, Ladies Swap Around, Star Thru, Cross Over Circulate, Wheel And Deal, Single Circle To A Wave, Swing.....Promenade,
152. (Open - Break - Close), 4 Ladies Chain, Heads Swap Around, Separate Around One, Lines Star Thru, Double Pass Thru, Leads Right Roll (Ow), Swing Thru, Men Run, X- Trail ThruCorner,
153. Heads Touch 1/4, Men Cross, Pass Thru, Horse Shoe Turn, Single Circle To A Wave, Men Run, Cast A Shadow, Swing Thru, Recycle, Swing Corner ...Promenade,
154. Heads Wheel Thru, Veer Left, As Couples - 1/4 Thru, As Couples Hinge, Couples Circulate, As Couples - 1/4 Thru, As Couples - Hinge, Tag The Line, Face LeftPromenade, ,
155. (Open - Break - Close), Heads Wheel Thru, Veer Left, As Couples - Hinge, As Couples - Lock It, As Couples - Hinge, Tag The Line, Ladies U Turn Back, Swing, Allemande LeftPromenade,
156. (Open - Break - Close), Heads Wheel Thru, Veer Left, As Couples - Hinge, As Couples - Centres Run, As Couples - Centres Hinge, As Couples - Flip The Diamond, As Couples Hinge, Tag The Line, Face Left.....Promenade

Week 7

157. Heads Square Chain Thru, Swing Thru, Acey Deucey, Cast A Shadow, Cross Over Circulate, Ladies Circulate, Cross Over Circulate, Promenade ,
158. Heads Square Chain Thru, Circle To A Line, Pass Thru, Explode The Line, Explode The Line , Bend The Line, Cross Trail Thru - Corner, Swing ...Promenade,
159. (Open - Break - Close), Heads Wheel Thru, Square Chain Thru, Wheel And Deal , Swap Around, Swing Thru, Ladies Circulate, Men Run, Turn And Deal, SwingPromenade, ,

- 160.(Open - Break - Close), Heads Square Chain Thru, Left Wheel Thru, Bend The Line, Forward And Back, Left Wheel Thru, Trade By, Swing Thru, Turn Thru, Allemande Left , SwingPromenade,
- 161.Heads Wheel Thru, Square Chain Thru, Partner Trade, Touch 1/4, Coordinate, Turn And Deal, Swing Thru, Men Run, Promenade
- 162.H) Square Chain Thru, Swing Thru, Men Trade, Men Run, Bend The Line, Square Chain Thru, Swing CornerPromenade, ,
- 163.Heads Ladies Chain, Sides Square Chain Thru, Swing Thru, Men Run, Couples Circulate, Turn And Deal, Turn Thru, Allemande Left , Promenade,
- 164.Heads Swap Around, Separate Around One - Lines, Pass Thru, Bend The Line, Ends Load The Boat, Centres Square Chain Thru, Square Thru 3, Trade By, Pass In And Roll, Swing CornerPromenade,
- 165.Open) Heads Swap Around, Separate Around One - Lines, Pass Thru, Wheel And Deal, Ladies Square Chain Thru, and Partner Trade, Men Square Chain Thru, Swing PartnerPromenade, , ,
- 166.Heads Square Chain Thru, Pass The Ocean, Lock It, Men Circulate, Lock It, Recycle, Pass Thru, Bend The Line, Pass The Ocean, Lock It, Slide Thru....CORNER
- 167.Heads Slide Thru, Zoom, Double Pass Thru, Centres In, Step And Slide, Horse Shoe Turn, Relay The Deucey, Swing Corner...Promenade, ,
- 168.Heads Double Star Thru, Separate Around One - Lines, Double Star Thru, Tag The Line, Quarter In, Pass The Ocean, All 8 Circulate, Slide Thru and Roll, Swing CornerPromenade,
- 169.Heads Right And Left Thru, Sides Pass Thru, Partner Trade, Double Star Thru, Cloverleaf, (New Centres) Double Star Thru, Pass Thru, Right Roll To A Wave, Swing CornerPromenade,
- 170.H) Double Star Thru, Cloverleaf, Sides Triple Star Thru, All California Twirl, Touch 1/4, Transfer The Column, Centres Trade, Swing CornerPromenade, , ,
- 171.(Open) Heads Wheel Thru, Veer Left, Couples Circulate, Tag The Line , Quarter In, Pass Thru, Wheel And Deal, Triple Star Thru, California Twirl, Reverse Flutterwheel, Keep Her Promenade
- 172.Heads Double Star Thru, Clover And Swing Thru, Chain Reaction, Men Circulate, Ladies Run, Tag The Line, Men Right Roll To A Wave, Corner Swing....Promenade

Week 8,

173. Heads Slide Thru, Pass Thru, Swing Thru, Men Walk And Dodge, Cast A Shadow, Ladies Circulate, Cycle And Wheel, Pass Thru, Trade By, Swing Corner.....Promenade,
174. Four Ladies Chain, Heads Pass The Ocean, Ladies Trade, Extend, Ladies Only Walk And Dodge, Cycle And Wheel, Veer Left, Couples Circulate, Turn And Deal, Corner,
175. Heads Left Wheel Thru, Pass The Ocean, Lock It, Ladies Run, Tag The Line, Quarter In, Touch 1/4, Ladies Walk And Dodge, Centres (Ladies) In, Cycle And Wheel, Corner.
176. (Open - Break - Close), Heads Wheel Thru, Swing Thru, Single Hinge, Split Circulate, Follow Your Neighbour, Men Only Walk And Dodge, Cycle And Wheel, Allemande Left, Swing PartnerPromenade,
177. Heads Touch 1/4 and Cross, Split Two Around One - Lines, Touch 1/4, Centres Walk And Dodge, Centres In, Cycle And Wheel, 1/2 Breed Thru, Swing Thru, Turn Thru, Allemande Left, Promenade Corner,
178. Heads Pass Thru, Quarter Out, Pass Thru, Quarter Out, Bend The Line, Star Thru, Zoom, Centres Double Star Thru, 1/2 Breed Thru, Pass Thru, Quarter Out and Roll.....Corner,
Heads Split Square Thru, Trade By, 1/2 Breed Thru, Pass The Ocean, Lock It, Single Hinge, All 8 Circulate, 3/4 Thru, Men Cross Fold, Swing Corner ...Promenade
179. (Open) Heads Square Chain Thru, Sides 1/2 Sashay, 1/2 Breed Thru, Veer Left, Crossover Circulate, Turn And Deal, Swing Thru, Turn Thru, Allemande Left.....Promenade
180. Heads Star Thru, California Twirl, Centres In - Cast Off 3/4, Step And Slide, Horse Shoe Turn, 1/2 Breed Thru, Pass Thru, Trade By, Touch 1/4, Follow Your Neighbour and Spread, Men Run.....Promenade
181. (Open) Heads Split Square Thru, Trade By, 1/2 Breed Thru, Centres In, Step And Slide, Trade By, Swing Thru, Ladies Fold, Peel The Top, Slide Thru.....Corner
182. Heads Split Square Thru, Trade By, 1/2 Breed Thru, Veer Left, Crossover Circulate, Turn And Deal, Touch 1/4, Follow Your Neighbour, Trade The Wave, Swing Corner....Promenade
183. Heads Square Thru, Sides 1/2 Sashay, 1/2 Breed Thru, Veer Left, Ladies Trade, Cross Over Circulate, Tag The Line, Quarter In, 1/2 Breed Thru, Cross Trail Thru, Allemande Left ...Promenade

184. Heads Pair Off, Pass Thru, Horse Shoe Turn, Dosado (Same Sex) (OW), 1/4 Thru, Centres Run, Bend The Line, 1/2 Breed Thru, Square Thru 3, Swing Corner ...Promenade
185. Heads Ladies Chain, Heads Left Wheel Thru, Pass The Ocean, Lock It, Ladies Run, Tag The Line, Quarter In , 1/2 Breed Thru, Slide Thru, Swing Corner.....Promenade
186. Heads Swap Around, Separate Around One - Lines, Pass Thru, Step And Slide, Right Roll To A Wave, Swing Thru, Men Run, Pass Thru, Step And Slide, Right Roll To A Wave, Extend Swing Corner....Promenade
187. (Open - Middle - Break), Heads Ladies chain, Heads Pass the Sea, Mix, Chain Reaction, Men Run, Ladies trade, Turn and Deal, Right and Left Grand

More General A1 Singing Call and opener figures

188. (Open / Break/Close), Heads Star Thru, California Twirl, Square Thru Three, Trade By, Swing Thru, Girls Run, Cast A Shadow, All 8 Circulate, SwingPromenade
189. (Open / Break/Close), Sides Pass Thru, Partner Trade, Square Thru, Swing Thru, Boys Trade, Swing Thru, Boys Run, Cast A Shadow, SwingPromenade
190. (Open / Break/Close), Heads Pass The Ocean, Girls Trade, Recycle, Pass Thru, Touch 1/4, Follow Your Neighbour, Cast A Shadow, Turn And Deal, Pass Thru, Allemande Left...Promenade Corner
191. (Open/Break/Close), Heads Left Wheel Thru, Touch 1/4 And Boys Cross, Turn And Deal, Pass The Ocean, Lock It, Chain Reaction, Turn Thru, Allemande Left.....Promenade
192. Four Ladies Chain, Heads 1/2 Square Thru, Touch 1/4, Follow Your Neighbour And Spread, Girls Trade, Boys Run, Cast A Shadow, Boys Circulate, Swing Corner Promenade,
193. Heads Promenade 1/2, Sides 1/2 Square Thru, Do-Sa-Do (Ow), Boys Run, Cast A Shadow, Acey Deucey, Turn Thru, Allemande Left, Promenade Corner
194. Heads Pass The Ocean, Girls Trade , Girls Run, Turn And Deal, Pass Thru, Swing Thru, Cast A Shadow, Boys Circulate, Boys Fold, Swing Corner...Promenade,
195. Heads Ladies Chain, Heads Left Wheel Thru, Swing Thru, Girls U Turn Back, Cast A Shadow, Boys Circulate, Quarter Thru, Centres Trade, Swing Corner...Promenade

196. Heads Wheel Thru, Veer Left, Girls Quarter Thru, Cut The Diamond, Cast A Shadow, Acey Deucey, All 8 Circulate, Left Swing Thru, Girls Run.....Promenade
197. Heads Left Wheel Thru, Swing Thru, Acey Deucey, Girls Run , Cast A Shadow, Girls Circulate, Quarter Thru, Centres Trade, Swing Corner....Promenade
198. Heads Slide Thru, Pass Thru, Swing Thru, Boys Walk And Dodge, Cast A Shadow, Girls Circulate, Cycle And Wheel, Pass Thru, Trade By, Swing Corner.....Promenade
199. Heads Left Wheel Thru, Veer Right, Cast A Shadow, Boys Run, Bend The Line, Right And Left Thru, Left Wheel Thru, Trade By, Swing Thru, Girls Cross Fold, Swing Corner.....Promenade,
200. Heads Square Chain Thru, Swing Thru, Acey Deucey, Cast A Shadow, Cross Over Circulate, Girls Circulate, Cross Over Circulate, Promenade
201. Heads Promenade 1/2, Sides Square Thru 2, Dosado (Ow), Boys Run, Cast A Shadow, Acey Deucey, Turn Thru, Allemande Left Promenade,
202. Heads Square Thru, Pass Thru, Right Roll To A Wave, Boys Trade, Boys Run, Ferris Wheel, Veer Left, Pass Thru , Right Roll To A Wave, Swing Corner...Promenade, Heads Square Thru 2, Swing Thru, Scoot Back, Girls Run, Couples Circulate, Wheel And Deal, Pass Thru, Right Roll To A Wave, Swing Thru, Boys Trade, Swing...Promenade
203. Heads Pass Thru, Partner Trade, Star Thru, Double Pass Thru, Leaders Right Roll , Swing Thru, Boys Run, Pass Thru, Wheel And Deal, Centres Pass Thru, Swing ...Promenade Four Ladies Chain, Heads Touch 1/4, Girls Run, Double Pass Thru, Leaders Right Roll , Acey Deucey, Swing Thru, Boys Circulate, Scoot Back, Swing ...Promenade,
204. Heads Slide Thru, Right And Left Thru, Veer Left, Veer Right, All Veer Right, All Veer Left, Left Roll To A Wave, Left Swing Thru, Acey Deucey, Allemande Left , Promenade
205. Heads Square Thru, Swing Thru, Boys Run, Girls Cast Off 3/4, Six-Two Acey Deucey, Diamond Centres Hinge, Tag The Line, Leads Right Roll, Swing ... Promenade,
206. Four Ladies Chain, Heads Slide Thru, Pass Thru, Swing Thru, Boys Run, Ladies Hinge, Diamond Circulate, Six-Two Acey Deucey, Flip The Diamond, Swing and Promenade
207. Heads Square Thru, Touch 1/4, Centres Run, New Centres Hinge, Six-Two Acey Deucey, Flip The Diamond, Relay The Deucey, Boys Run, Promenade

208. Heads Wheel Thru, Touch 1/4, Split Circulate, Centres Run, Centres Hinge, Six-Two Acey Deucey, Flip The Diamond, All Eight Circulate, Girls Circulate, Turn Thru, Allemande Left, Promenade
209. Heads Ladies Chain, Heads Star Thru, Double Pass Thru, Cross Cloverleaf, Double Pass Thru, Cross Cloverleaf, Centres Pass Thru, Swing Thru, Turn Thru, Swing....Promenade,
210. Heads Pass Thru, Cross Cloverleaf, Sides Star Thru, Pass Thru, Cross Cloverleaf, Centres Pass Thru, Swing Thru, Recycle, Pass Thru, Right Roll To A Wave, Swing...Promenade
211. Heads Swing Thru, Boys Trade, Turn Thru, Separate Around One, Pass Thru, Wheel And Deal, Double Pass Thru, Cross Cloverleaf, Girls Only Pass Thru, Right Roll To A Wave, Extend, Swing ..Promenade Heads Swing Thru, Turn Thru, Separate Around One, Forward And Back, Pass Thru, Wheel And Deal, Girls Zoom, Double Pass Thru, Cross Cloverleaf, Boys Swing Thru, Extend, Swing ...Promenade
212. (Open - Break - Close), Heads Split Square Thru, Trade By, Touch 1/4, Centres Trade, Boys Run, Load The Boat, Swing Thru, Acey Deucey, Swing...Promenade
213. Heads Split Square Thru 3, Bend The Line, Pass Thru, Wheel And Deal, Double Pass Thru, Cross Cloverleaf, Boys Swing Thru, Centres Trade, Extend, Swing.....Promenade
214. Heads Split Square Thru 2, Trade By, Swing Thru, Boys Run, Pass Thru, Chase Right, Split Circulate, Follow Your Neighbour, Trade The Wave, Swing ...Promenade
215. Heads Promenade 1/2, Sides Right And Left Thru, Split Square Thru 5, Tag The Line, Cross Cloverleaf, Centres Pass Thru, Swing ...Promenade
216. Sides Split Square Thru, Trade By, Swing Thru, Centres Run, New Centres Hinge, Six-Two Acey Deucey, Flip The Diamond, Girls Trade, Scoot Back, Swing...Promenade
217. Heads Touch 1/4, Boys Run, Centres In, Explode The Line, Bend The Line, Pass The Ocean, Relay The Deucey, Boys Run, Promenade
218. (Open - Break - Close), Heads Star Thru, California Twirl, Centres "Out", Explode The Line, Partner Trade, Pass Thru, Bend The Line, Pass The Ocean, Explode And Slide Thru, Allemande Left, Swing...Promenade
219. Heads Star Thru, Double Pass Thru, Centres In, Explode The Line, Tag The Line, Quarter In, Pass Thru, Chase Right, Girls Only Trade, Split Circulate, Swing...Promenade

220. Heads Wheel Thru, Touch 1/4, Split Circulate, Boys Run, Pass Thru, Tag The Line, Quarter In, Pass Thru, Explode The Line, Partner Trade and Roll, Turn Thru, Allemande Left, Promenade
221. Heads Square Chain Thru, Circle To A Line, Pass Thru, Explode The Line, Explode The Line, Bend The Line, Cross Trail Thru - Corner, Swing ...Promenade,
222. Heads Square Thru, Touch 1/4, Split Circulate, Boys Fold, Dixie Style To A Wave, Boys Walk And Dodge, Girls Circulate, Explode The Line, Swing Nearest...Prom
223. Heads Pass The Ocean, Girls Trade, Girls Run, Turn And Deal, Pass Thru, Pass The Ocean, Fan The Top, Girls Run, Turn And Deal, Pass Thru, Right Roll To A Wave, Swing...Promenade
224. Heads Square Thru, Swing Thru, Acey Deucey, Boys Run, Girls Trade, Turn And Deal, Pass Thru, Right Roll To A Wave, Girls Circulate, Swing....Promenade
225. (Open - Break - Close), Heads Wheel Thru, Circle To A Line, Pass Thru, Tag The Line, Quarter In, Pass Thru, Turn And Deal, Centres Swing Thru, Turn Thru, Allemande Left ...Prom
226. Heads Pass The Ocean, Girls Trade, Girls Run, Turn And Deal, Pass Thru, Swing Thru, Boys Run, Bend The Line, Pass Thru, Turn And Deal, Square Thru 3 ...Corner
227. (Open - Break - Close), Heads 1/2 Sashay, Touch 1/4, Girls Cross, Swing Thru, Boys Run, Turn And Deal, Touch 1/4 And Cross, Partner Trade and Roll, Turn Thru, Allemande Left...Prom
228. (Open - Break - Close), Heads Right And Left Thru, Sides 1/2 Sashay, Sides Touch 1/4 And Cross, All Touch 1/4 And Cross, Turn And Deal, Pass Thru, Swing Thru, Turn Thru, Allemande Left, Promenade
229. Heads Touch 1/4 - Boys Cross, Touch 1/4, Ends Circulate, Follow Your Neighbour, And Spread, Recycle, Touch 1/4 And Cross, Bend The Line, Pass The Ocean, Explode And Slide Thru, Allemande Left ...Prom
230. Heads 1/2 Sashay, Touch 1/4 And Cross, Swing Thru, Single Hinge, Boys Run, Touch 1/4, Coordinate, Couples Circulate, Turn And Deal, Touch 1/4 And Cross, Promenade
231. Heads Star Thru, Double Pass Thru, Clover and Partner Trade, Traders Star Thru, Double Pass Thru, Clover and Right Roll, Fan The Top, Swing Thru, Extend, Swing ...Promenade

232. Heads Pass Thru, Clover and Square Thru 3, Slide Thru, Pass Thru, Bend The Line, Pass The Ocean, Girls Run, Boys Hinge, Diamond Circulate, Flip The Diamond, Turn Thru, Allemande Left ...Prom
233. Heads Pass Thru, Clover and Pass The Ocean, Fan The Top, Extend, Swing Thru, Boys Run, Girls Circulate, Turn And Deal, Touch 1/4 And Cross, Boys FoldSwing Prom
234. Heads Pass Thru, Cross Clover And, Star Thru, Pass Thru, Cross Clover And, Pass Thru, Swing Thru, Girls Run, Turn And Deal, Star Thru, Pass Thru, Chase Right, Swing ...Promenade
235. Heads Touch 1/4, Girls Run, Double Pass Thru, Cross Clover And, Partner Trade, Slide Thru, Double Pass Thru, Track Two, Square Thru Three, Trade By, Swing ...Promenade
236. 4 Ladies Chain, Heads Star Thru, Double Pass Thru, Cross Clover And, Partner Trade, Star Thru, Pass Thru, Swing Thru, Acey Deucey, Single Hinge And Roll, Swing ...Promenade
237. Heads Wheel Thru, Right And Left Thru, Swing Thru, Acey Deucey, 1/4 Thru, Swing Thru, Acey Deucey, 1/4 Thru, Acey Deucey, Swing Corner ...Promenade
238. (Open - Break - Close), Heads Touch 1/4, Boys Run, Pass Thru, Right Roll To A Wave, 1/4 Thru, Swing Thru, Boys Run, Load The Boat, Allemande LeftProm
239. (Open - Break - Close), Heads Promenade 1/2, Sides Square Thru, Touch 1/4, Centres Trade, 1/4 Thru, Boys Run, Pass Thru, Wheel And Deal, Dixie Grand, Allemande Left....Prom
240. (Open - Break - Close), Heads Wheel Thru, Circle To A Line, Touch 1/4, Triple Scoot, In Your Four 1/4 Thru, Recycle, Cross Trail Thru, Allemande Left ..., Promenade,
241. Heads Pass Thru, Separate Around One, Star Thru, Centres Pass Thru, Touch 1/4, Scoot Back, 1/4 Thru, Swing Thru, 1/4 Thru, Centres Trade, Swing Corner ...Promenade
242. Heads Slide Thru, Pass Thru, Swing Thru, Boys Run, Girls 1/4 Thru, Girls Swing Thru, Six - Two Acey Deucey, Flip The Diamond - and Roll, Swing Corner, Promenade
243. Heads Touch 1/4, Boys Run, Touch 1/4, Follow Your Neighbour, Boys 1/4 Thru, Facing Diamond Circ, Flip The Diamond, Boys Circulate, Wheel And Deal, Corner.

244. Heads Touch 1/4, Walk And Dodge, Touch 1/4, Split Circulate, Boys Fold, Dixie Style To A Wave, Boys 1/4 Thru, Girls Quarter In, Extend, 1/4 Thru, Swing ...Promenade
245. (Open - Break - Close), Heads Pass The Ocean, Chain Reaction, Acey Deucey, Boys Run, Couples Circulate, Bend The Line, Slide Thru, Square Thru 3, Allemande Left, Promenade
246. Heads Pass The Ocean, Ping Pong Circulate, Chain Reaction, Boys Run, Wheel And Deal, Touch 1/4, Scoot Back, Swing, Promenade
247. Heads Pass The Ocean, Chain Reaction, Boys Run, Ferris Wheel, Double Pass Thru, Track Two, Scoot Back, Swing, Promenade
248. Heads Promenade 1/2, Sides Pass The Ocean, Swing Thru, Heads 1/2 Sashay, Chain Reaction, Boys (Girls) Circ, Scoot Back, Swing, Promenade
249. Heads Star Thru, Double Pass Thru, Quarter In, Pass Thru, Wheel And Deal, Girls Swing Thru, Chain Reaction, Centres Circulate, Swing Corner, Promenade
250. Heads Star Thru, Right Roll To A Wave, Centres Run, Couples Circulate, Bend The Line, Pass Thru, Wheel And Deal, Girls Make A Wave, Chain Reaction, Split Circulate, Swing (Right Hand Lady), Promenade
251. Heads Turn Thru, Separate Around One, Lines Pass Thru, Ends Bend and Roll, Swing Thru, All 8 Circulate, All 8 Circulate, Swing Thru, Swing, Promenade,
252. Heads Star Thru, Double Pass Thru, Centres In, Cast Off 3/4, Pass Thru, Ends Bend, Split Square Thru, Trade By, Pass Thru, Right Roll To A Wave, Swing ...Promenade
253. Heads Touch 1/4, Boys Run, Centres In - Cast Off 3/4, Pass Thru, Ends Bend and Star Thru, Centres Square Thru 3, Swing Thru, Boys Run, Turn And Deal, Swing ...Promenade,
254. Heads Star Thru and Spread, Pass Thru, Ends Bend, Split Square Thru, Right Roll To A Wave, Girls Trade, Boys Run, Ferris Wheel, Zoom, Pass Thru, Swing ...Promenade
255. (Open - Break - Close), Heads Wheel Thru, Circle To A Line, Right And Left Thru, Pass In, Centres Swing Thru, Girls Trade, Extend, Scoot Back, SwingPromenade
256. Heads Pass In, Square Thru 3, Pass In - Square Thru 3, Bend The Line, Pass The Ocean, Quarter Thru, Centres Trade, Quarter Thru, Centres Trade, Swing ...Promenade

257. Heads Pass In , Double Pass Thru, Cloverleaf, Centres Pass Thru, Touch 1/4, Girls Run, Pass In , Centres Swing Thru, Boys Trade, Extend - Swing Thru, Girls Trade, Boys Run ...Promenade
258. Sides Ladies Chain, Heads Pass In , Pass Thru, Swing Thru, Girls U Turn Back, Wheel And Deal, Pass Thru, Clover and Pass In, Swing Thru, Turn Thru, Swing ... Promenade,
259. 4 Ladies Chain, Heads Pass In , Double Pass Thru, Track Two, 3/4 Thru, Swing Thru, Scoot Back, Swing Corner ...Promenade Heads Square Thru, Swing Thru, 3/4 Thru, Split Circulate , 3/4 Thru, Swing Thru, Swing Corner and Promenade,
260. Heads Pass The Ocean, Swing Thru, Boys Run, Veer Right, Touch 1/4, Split Circulate, 3/4 Thru, Boys Circulate, Turn Thru, Swing Corner...Promenade,
261. Heads Ladies Chain, Heads Star Thru, Pass Thru, Touch 1/4, Ends Circulate, 3/4 Thru, Girls Run, Pass Thru, Tag The Line, Leads Right Roll (Ow), Boys Trade, Swing (Right Hand Lady), Promenade
262. (Open - Break - Close), Heads Star Thru, Pass Thru, Pass Thru, Swing Thru, Boys Run, Tag The Line - Right, Boys 3/4 Thru, Diamond Circulate, Flip The Diamond, Girls Cross Fold, Turn Thru, Allemande Left ...Prom
263. Heads Wheel Thru, Touch 1/4, Scoot Back, Boys Fold, Dixie Style (Ow), Boys 3/4 Thru, Facing Diamond Circ, Flip The Diamond, Promenade
264. (Open - Break - Close), 4 Ladies Chain, Heads Swap Around, Separate Around One, Lines Star Thru, Double Pass Thru, Leads Right Roll (Ow), Swing Thru, Boys Run, X- Trail ThruCorner
265. Heads Promenade 1/2, Wheel Thru, Circle To A Line, Pass Thru, Bend The Line, Pass Thru, Wheel And Deal, Swap Around, Touch 1/4 - Scoot Back, Swing Corner...Promenade
266. Heads Pass Thru, Quarter In , Wheel Thru, Cloverleaf, Centres Pass Thru, Swing Thru, Single Hinge, Boys Run, Pass Thru, Wheel And Deal, Swap Around, Swing Corner ...Promenade
267. Heads Star Thru, Swap Around, Swing Thru, Boys Run, Couples Circulate, Bend The Line, Pass Thru, Wheel And Deal, Swap Around, Square Thru 3, Trade By, Swing Corner...Promenade
268. (Open - Break - Close), Heads Wheel Thru, Square Chain Thru, Wheel And Deal , Swap Around, Swing Thru, Girls Circulate, Boys Run, Turn And Deal, SwingPromenade (Open - Break - Close), Heads Swap Around, Cloverleaf, Zoom, Double Pass Thru, Track Two, Swing Thru,

Single Hinge -, Boys Run, Square Thru 3, Wheel And Deal, Swap Around...Corner

269. Heads Swap Around, Separate Around One - Lines, Pass Thru, Wheel And Deal, Girls Swap Around, Star Thru, Cross Over Circulate, Wheel And Deal, Single Circle To A Wave, Swing.....Promenade
270. Heads Touch 1/4, Boys Run, Pass The Ocean, Single Hinge, Transfer The Column, Swing Thru, Boys Run, Cross Trail Thru, Allemande LeftPromenade
271. Heads Wheel Thru, Circle To A Line, Touch 1/4, Transfer The Column, Centres Trade, Single Hinge, Girls Circulate, Scoot Back, Swing Corner ...Promenade
272. Heads Star Thru, Pass Thru, Circle To A Line, Pass Thru, Tag The Line , Quarter In , Touch 1/4, Transfer The Column, Quarter Thru, Swing...Promenade (Right Hand Lady)
273. Heads Right And Left Thru, Sides Pass Thru, Separate Around One, Lines Touch 1/4, Transfer The Column, Boys Run (Forward and Back), Square Thru 3, Swing Corner ..., Promenade,
274. Heads 1/2 Sashay, Sides Turn Thru, Separate Around One, Lines Pass Thru, Wheel and Deal and Spread, Touch 1/4, Transfer The Column, All 8 Circulate, Swing Thru, Swing ...Promenade
275. Heads 1/2 Sashay, Sides Turn Thru, Separate Around One, Lines Touch 1/4, Transfer The Column, All 8 Circulate, Boys Run, Cross Trail Thru, Allemande Left, Swing ...Promenade
276. Heads Right And Left Thru, Sides Square Thru , Swing Thru, Boys Run, Tag The Line , Quarter In , Touch 1/4, Transfer The Column, Swing Corner and Promenade
277. Heads Touch 1/4, Boys Run, Centres In , "Explode" and Right and Left Thru Pass Thru, Bend The Line, Pass The Ocean, Recycle, Centres In , "Explode" and Reverse Flutterwheel, Keep her and Promenade
278. Heads Star Thru, California Twirl, Centres Out, "Explode" and Touch 1/4, Coordinate, Girls Circulate, Turn And Deal, Swing Thru, Swing ... Promenade
279. Heads ½ sasahay and Pass Thru, Heads Cross Clover, everyone Double Pass Thru, Centres In , "Explode" and Touch 1/4, Transfer The Column, Swing Thru, Centres Trade, Swing ...Promenade
280. Heads Touch 1/4, Boys Run, Slide Thru, Pass Thru, Bend The Line, Pass Thru, Tag The Line, Centres In , "Explode" and Pass The Ocean, "Explode" and Square Thru 3, Swing Corner ..Promenade

281. Heads Pass Thru, Separate Around One, Lines Star Thru, Centres Pass Thru, Swing Thru, Girls U Turn Back, Wheel And Deal, Centres Out, "Explode" and Roll, Turn Thru, Allemande Left, Promenade
282. (Open - Break - Close) T, Heads Wheel Thru, Pass The Ocean, Boys Fold, Peel The Top, Boys Run, Couples Circulate, Bend The Line, Wheel Thru, Trade By , Swing Thru - Turn Thru, Allemande Left ...Prom
283. Heads Wheel Thru, Circle To A Line, Touch 1/4, Coordinate, Turn And Deal, Wheel Thru, Partner Trade and Roll, SwingPromenade,
284. Heads Wheel Thru, Pass To The Centre, Star Thru, Wheel Thru, Touch 1/4, Follow Your Neighbour, Trade The Wave (Balance), Girls Trade, Swing Thru - Turn Thru, Allemande Left ...Prom
285. Heads Pass Thru, Separate Around One - Lines, Wheel Thru, Boys Pass Thru, Girls Right Roll To A Wave, Centres Trade, Swing Thru, Scoot Back, Follow Your Neighbour and Spread, SwingPromenade
286. Heads Wheel Thru T, Circle To A Line, Forward And Back, Wheel Thru, Centres Wheel Thru and Cloverleaf, All Pass Thru, Trade By , Touch 1/4, Follow Your Neighbour and Spread, SwingPromenade
287. (Open - Break - Close) T, Heads Wheel Thru, Chase Right, Boys Run, Pass Thru, All Wheel Thru, Chase Right, Boys Run, Touch 1/4, Triple Scoot, Boys Run, Pass ThruCorner
288. Heads Wheel Thru, Veer Left, Girls 1/4 Thru, Diamond Circulate, Cut The Diamond, Turn And Deal, Swing Thru, Scoot Back, Single Hinge and Roll, Swing Corner....Promenade
289. Heads Wheel Thru, Touch 1/4, Follow Your Neighbour, Left Swing Thru, Girls 1/4 Thru, Facing Diamond Circulate, Cut The Diamond, Left Swing Thru, Boys Cross Fold, SwingPromenade
290. Heads Ladies Chain, Heads Left Wheel Thru, Swing Thru, Boys Trade, Swing Thru, Boys Run, Couples Circulate, Bend The Line, Left Wheel Thru, Trade By, Allemande Left ...Promenade
291. (Open - Break - Close), Heads Square Chain Thru, Left Wheel Thru, Bend The Line, Forward And Back, Left Wheel Thru, Trade By, Swing Thru, Turn Thru, Allemande Left , SwingPromenade
292. Heads Left Wheel Thru, Veer Right, Cast A Shadow, Boys Run, Bend The Line, Right And Left Thru, Left Wheel Thru, Trade By, Swing Thru, Girls Cross Fold, Swing Corner ...Promenade
293. Heads Ladies Chain, Heads Left Wheel Thru, Pass The Ocean, Lock It, Girls Run, Tag The Line, Quarter In , 1/2 Breed Thru, Slide Thru, Swing Corner.....Promenade,

294. (Open - Break - Close), Heads Promenade 2 1/2, Sides Slide Thru, Pass Thru, Swing Thru, Boys Run, Cross Over Circulate, Cross Over Circulate, Wheel And Deal, Allemande Left.....Promenade Heads Swap Around, Separate Around One - Lines, Pass Thru, Wheel And Deal, Girls Swap Around, Star Thru, Cross Over Circulate, Wheel And Deal, Single Circle To A Wave, Swing.....Promenade
295. Heads Right And Left Thru, Sides Slide Thru, Pass Thru, Swing Thru, Scoot Back, Girls Run, Cross Over Circulate, Cross Over Circulate, Turn And Deal, SwingPromenade
296. (Open - Break - Close), Heads Wheel Thru, Swing Thru, Boys Run, Cross Over Circulate, Turn And Deal, Pass Thru, Trade By, Swing Thru, Turn Thru, Allemande Left, SwingPromenade
297. Heads Pass Thru (Tuff), Partner Trade, Star Thru, Double Pass Thru, Track Two, Cross Over Circulate, Cross Over Circulate, Scoot Back, SwingPromenade, (Open - Break - Close), Heads Promenade 1/2, Sides Slide Thru, Pass Thru, Touch 1/4, Scoot Back, Single Hinge, Cross Over Circulate, Trade The Wave, Square Thru 3, Trade By, Allemande LeftPromenade
298. Heads Square Thru (Tuff), Slide Thru, Right And Left Thru, Dixie Style To A Wave, Boys Only Walk And Dodge, ***Cross Over Circulate, Swing Nearest Girl, Promenade,
299. Heads Pass Thru, Quarter In, Square Thru 3, Pass Thru, Quarter In, Square Thru 3, Bend The Line, Right And Left Thru, Pass Thru, Quarter In, Touch 1/4, Swing ...Promenade
300. Heads Pass Thru, Quarter In, Wheel Thru, Cloverleaf, Centres Wheel Thru and Cloverleaf, Double Pass Thru, Track Two, Single Hinge, Split Circulate, Quarter Thru, Swing ...Promenade
301. (Open) Heads Wheel Thru, Circle To A Line, Right And Left Thru, Pass Thru, Tag The Line, Quarter In, Pass Thru, Quarter In, Right And Left Grand ..Promenade
302. Heads Star Thru - California Twirl, All Quarter In, Turn Thru and Courtesy Turn, Square Thru 3, Bend The Line, Right And Left Thru, Star Thru, Quarter In, Turn Thru And Courtesy Turn...Promenade
303. 4 Ladies Chain, Heads Pass The Ocean, Boys Run, Veer Left, Pass Thru, Horse Shoe Turn, Touch 1/4, Centres Circulate, Boys Run, Square Thru 3, Swing Corner ...Promenade
304. (Open) Heads Square Thru, Swing Thru, Single Hinge, Boys Run, Pass Thru, Bend The Line, Pass Thru, Wheel And Deal, Double Pass Thru, Horse Shoe Turn, Allemande Left....Promenade

305. Heads Slide Thru, Zoom, Double Pass Thru, Quarter In, Pass Thru, Tag The Line, Horse Shoe Turn, Swing Thru, Girls Fold, Peel The Top, Slide Thru, Swing Corner...Promenade
306. Heads Pass Thru, Partner Trade, Star Thru, Double Pass Thru, Horse Shoe Turn, Right And Left Thru, Veer Left, Couples Circulate, Turn And Deal, Turn Thru, Allemande Left, Promenade
307. Heads Touch 1/4, Boys Cross, Pass Thru, Horse Shoe Turn, Single Circle To A Wave, Boys Run, Cast A Shadow, Swing Thru, Recycle, Swing Corner ...Promenade
308. Heads Slide Thru, Zoom, Double Pass Thru, Centres In, Step And Slide, Horse Shoe Turn, Relay The Deucey, Swing Corner...Promenade
309. Heads Pair Off, Pass Thru, Horse Shoe Turn, Dosado (Same Sex) (OW), 1/4 Thru, Centres Run, Bend The Line, 1/2 Breed Thru, Square Thru 3, Swing Corner ...Promenade
310. (Open) Heads Wheel Thru, Circle To A Line, Forward And Back, Pass The Ocean, Girls Run, Tag The Line, Quarter In, 1/2 Breed Thru, Cross Trail Thru, Allemande Left, Promenade
311. Heads Touch 1/4 - Boys Cross, 1/2 Breed Thru, Veer Left, Tag The Line, Quarter In, Pass Thru, Tag The Line, Quarter In, 1/2 Breed Thru, Slide Thru, Square Thru 3 ...Corner
312. Heads Split Square Thru, Trade By, 1/2 Breed Thru, Veer Left, Crossover Circulate, Turn And Deal, Touch 1/4, Follow Your Neighbour, Trade The Wave, Swing Corner....Promenade,
313. Heads Square Thru, Sides 1/2 Sashay, 1/2 Breed Thru, Veer Left, Girls Trade, Cross Over Circulate, Tag The Line, Quarter In, 1/2 Breed Thru, Cross Trail Thru, Allemande Left ...Promenade
314. (Open) Heads Split Square Thru, Trade By, 1/2 Breed Thru, Centres In, Step And Slide, Trade By, Swing Thru, Girls Fold, Peel The Top, Slide Thru, Allemande Left.....Promenade
315. Heads Slide Thru, Zoom, Double Pass Thru, Centres In, Step And Slide, Horse Shoe Turn, Relay The Deucey, Swing Corner...Promenade,
316. Heads Swap Around, Separate Around One - Lines, Pass Thru, Step And Slide, Right Roll To A Wave, Swing Thru, Boys Run, Pass Thru, Step And Slide, Right Roll To A Wave, Extend Swing Corner....Promenade
317. Heads Star Thru, California Twirl, Centres In - Cast Off 3/4, Step And Slide, Horse Shoe Turn, 1/2 Breed Thru, Pass Thru, Trade By, Touch 1/4, Follow Your Neighbour and Spread, Boys Run.....Promenade

318. Heads Double Star Thru, Separate Around One - Lines, Double Star Thru, Tag The Line, Quarter In, Pass The Ocean, All 8 Circulate, Slide Thru and Roll, Swing CornerPromenade,
319. Heads Right And Left Thru, Sides Pass Thru, Partner Trade, Double Star Thru, Cloverleaf, (New Centres) Double Star Thru, Pass Thru, Right Roll To A Wave, Swing CornerPromenade,
320. Heads Double Star Thru, Cloverleaf, Sides Triple Star Thru, All California Twirl, Touch 1/4, Transfer The Column, Centres Trade, Swing CornerPromenade,
321. (Open) Heads Wheel Thru, Veer Left, Couples Circulate, Tag The Line, Quarter In, Pass Thru, Wheel And Deal, Triple Star Thru, California Twirl, Reverse Flutterwheel, Keep Her Promenade
322. (Open) Heads Square Chain Thru, Sides 1/2 Sashay, 1/2 Breed Thru, Veer Left, Crossover Circulate, Turn And Deal, Swing Thru, Turn Thru, Allemande Left.....Promenade Heads Wheel Thru, Square Chain Thru, Partner Trade, Touch 1/4, Coordinate, Turn And Deal, Swing Thru, Boys Run, Promenade
323. Heads Square Chain Thru, Swing Thru, Boys Trade, Boys Run, Bend The Line, Square Chain Thru, Swing CornerPromenade, Heads Ladies Chain, Sides Square Chain Thru, Swing Thru, Boys Run, Couples Circulate, Turn And Deal, Turn Thru, Allemande Left ...Promenade
324. Heads Swap Around, Separate Around One - Lines, Pass Thru, Bend The Line, Ends Load The Boat, Centres Square Chain Thru, Square Thru 3, Trade By, Pass In And Roll, Swing CornerPromenade
325. (Open) Heads Swap Around, Separate Around One - Lines, Pass Thru, Wheel And Deal, Girls Square Chain Thru, and Partner Trade, Boys Square Chain Thru, Swing PartnerPromenade,
326. (Open) Heads Wheel Thru, Circle To A Line, Forward And Back, Pass Out, Centres In, Cast Off 3/4, Pass Out, (Outside) Right Roll to a Wave Turn Thru, Allemande Left ...Promenade
327. Heads Touch 1/4 And Cross, Pass Out, Bend The Line, Pass In, Centres Pass Thru, Swing Thru, Acey Deucey, Turn Thru And Courtesy Turn, Pass Out and Roll, Swing Corner ...Promenade
328. Heads Pass Out, All Pass Out, Explode And Pass In, Centres Pass Thru, Swing Thru, Boys Run, Turn And Deal, Pass Out And Roll, Pass Thru, Allemande LeftPromenade

329. Heads Pass Out, Dosado (Same Sex), Lock It, Single Hinge, Boys Run, Zoom, Centres Pass The Ocean, Lock It, Extend, Quarter Thru, Centres Trade, Swing Corner ...Promenade
330. Heads Square Chain Thru, Pass The Ocean, Lock It, Boys Circulate, Lock It, Recycle, Pass Thru, Bend The Line, Pass The Ocean, Lock It, Slide Thru, Swing Corner ...Promenade
331. Heads Ladies Chain, Dixie Style To A Wave, Extend To A Left Hand Wave, Lock It, Trade The Wave, Lock It, Single Hinge, Follow Your Neighbour, Extend To An Allemande Left, Promenade
332. Heads Split Square Thru, Trade By, 1/2 Breed Thru, Pass The Ocean, Lock It, Single Hinge, All 8 Circulate, 3/4 Thru, Boys Cross Fold, Swing Corner ...Promenade
333. Heads Pass Thru, Quarter Out, Touch 1/4, Split Circulate, 1/4 Thru, Swing Thru, Boys Run, Wheel Thru, Trade By, Right And Left Thru, Corner Swing....Promenade
334. Heads Ladies Chain, Sides Left Wheel Thru, Swing Thru, Single Hinge, Boys Run, Right And Left Thru, Touch 1/4 And Cross, Quarter Out and Roll, Corner Swing.....Promenade,
335. Heads Pass Thru, Quarter Out, Pass Thru, Quarter Out, Bend The Line, Star Thru, Zoom, Centres Double Star Thru, 1/2 Breed Thru, Pass Thru, Quarter Out and Roll.....Corner
336. Heads Square Thru, Centres In, Step And Slide, Quarter Out, Bend The Line, Pass Thru, Quarter Out, Partner Trade and Roll, Turn Thru And Courtesy Turn, Promenade,
337. (Open - Break - Close), Heads Wheel Thru, Veer Left, As Couples - Hinge, As Couples - Lock It, As Couples - Hinge, Tag The Line, Girls U Turn Back, Swing, Allemande LeftPromenade,
338. (Open - Break - Close), Heads Wheel Thru, Veer Left, As Couples - Hinge, As Couples - Centres Run, As Couples - Centres Hinge, As Couples - Flip The Diamond, As Couples Hinge, Tag The Line, Face Left.....Promenade
339. Heads Wheel Thru, Veer Left, As Couples - 1/4 Thru, As Couples Hinge, Couples Circulate, As Couples - 1/4 Thru, As Couples - Hinge, Tag The Line, Face LeftPromenade
340. Heads Left Wheel Thru, Pass The Ocean, Lock It, Girls Run, Tag The Line, Quarter In, Touch 1/4, Girls Walk And Dodge, Centres (Girls) In, Cycle And Wheel, Corner..... Four Ladies Chain,

341. Heads Pass The Ocean, Girls Trade, Extend, Girls Only Walk And Dodge, Cycle And Wheel, Veer Left, Couples Circulate, Turn And Deal, Corner.....,
342. (Open - Break - Close), Heads Wheel Thru, Swing Thru, Single Hinge, Split Circulate, Follow Your Neighbour, Boys Only Walk And Dodge, Cycle And Wheel, Allemande Left, Swing PartnerPromenade,
343. Heads Touch 1/4 and Cross, Split Two Around One - Lines, Touch 1/4, Centres Walk And Dodge, Centres In , Cycle And Wheel, 1/2 Breed Thru, Swing Thru, Turn Thru, Allemande Left, Promenade Corner
344. Heads Double Star Thru, Clover And Swing Thru, Chain Reaction, Boys Circulate, Girls Run, Tag The Line, Boys Right Sroll To A Wave, Corner Swing....Promenade,
345. Heads Pass The Ocean, Chain Reaction, 1/4 Thru, Swing Thru, 1/4 Thru, Girls Run, Turn And Deal, Swing Thru, Swing Corner....Promenade
346. Heads Ladies Chain, Heads Left Wheel Thru, Swing Thru, Girls U Turn Back, Cast A Shadow, Boys Circulate, 1/4 Thru, Centres Trade, Corner Swing.....Promenade
347. Heads Wheel Thru, Veer Lefr, Girls Hinge, Diamond Circulate, Cut The Diamond, Turn And Deal, Swing Thru, Acey Deucey, Explode And Roll, Turn Thru, Allemande Left ...Promenade
348. Heads Pass Thru, Cross Clover and Pass The Ocean, Lock It, Swing Thru, Chain Reaction, Swing Thru, Acey Deucey, Scoot Back, Swing Corner....Promenade
349. Heads Right And Left Thru, Sides Wheel Thru, Swing Thru, Centres Hinge, Facing Diamond Circulate, Cut The Diamond, Cast A Shadow, Promenade,
350. Heads Left Wheel Thru, Touch 1/4 And Cross, Turn And Deal, Pass The Ocean, Lock It, Chain Reaction (RLG), Turn Thru, Allemande Left, Promenade,

Singing call figure resources

A table list of singing calls with opening movements and various modifications that can be added can be found at Rich Reel's website all8.com

- [Square Dance Singing Call Figures - Intro / One Night Stand \(all8.com\)](http://all8.com)
- [Square Dance Singing Call Figures - EASY Basic/Mainstream \(all8.com\)](http://all8.com)
- [Square Dance Singing Call Figures - Mainstream \(all8.com\)](http://all8.com)
- [Square Dance Singing Call Figures - Plus \(all8.com\)](http://all8.com)
- [Make Up Your Own Singing Call Figures \(all8.com\)](http://all8.com)

Another great resource for singing call figures, and choreography in general is VIC Ceder's website www.ceder.net

On his site, he lists multiple programs of choreography by level and by movement all collated appropriately. He has also recently updated his lists to include Social Square Dance square dance choreography by teaching weeks 1-12.

Vic Ceder's Choreographic Database can be found at:

- [Choreography -- View \(ceder.net\)](http://www.ceder.net)